Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 - Winter Sports Awards	3 - Army National Guard visit in Café - SAT Late Registration Deadline for 3/14 Test	4 -Winter Carnival —	5 - SAT Prep Course 6:00 p.m 7:30 p.m. Pre-registration required	6 - Local Scholarship packets available by March 6th - SST Applications due in Guidance Department	7
8	9 - Junior College Night	10 - Voting Day	11	12 - SAT Prep Course 6:00 p.m 7:30 p.m. Pre-registration required	13 - No School/Professional Staff Workshops - Musical "Anything Goes" - ACT Registration Deadline for 4/18 Test	14 - SAT Test Date - Musical "Anything Goes"
15 - Musical "Anything Goes"	16 - Student/Staff BB Game	17 - SST NHTS Inductions	18	19 - SRSD Chorus Concert - SAT Prep Course 6:00 p.m 7:30 p.m. Pre-registration required	20 - Talent/Band Battle - Time frame for SST decision letters to be mailed	21
22/29	23/30	24/31	25	26 - SAT Prep Course 6:00 p.m 7:30 p.m. Pre-registration required	27 - End of Quarter 3 - NHETG Drama Festival - ACT Late Registration Deadline for 4/18 Test	28 - NHETG Drama Festiva

Please Note: This calendar does not include all happenings at the high school and dates are subject to change.

### IMPORTANT INFORMATION

(See Important Information and Resources Attached)

#### PARENTS/GUARDIANS AND STUDENTS:

<u>Course Registration</u>: Freshmen, sophomores, and juniors will be working with the Guidance Department to choose their classes for next year. Also, see the high school and Guidance website for more information including online course selection forms by grade level.

NHHEAF: The New Hampshire Higher Education Assistance Foundation provides information and links to get you thinking about your post-secondary plans. Log on at www.nhheaf.org to explore your future.

Big/Brother/Big Sister: Applications are available in Guidance. Get involved!!

SENIORS

Local Scholarship Packets will be available in the Guidance Department by March 6th. There are many great opportunities for you to find "free money" for college and other post-secondary programs.

<u>Graduation Status</u>: Please see your guidance counselor as soon as possible to ensure you are on track for graduation (NH Scholars, Diploma with Distinction, Online Classes, etc.)

<u>Post-Secondary Plan:</u> Meet with your guidance counselor to finalize your path beyond high school.

<u>Deadlines:</u> Pay close attention to the various deadlines of each application.

<u>Financial Aid</u>: Be sure you have filled out your financial aid paperwork. See your guidance counselor with any questions.

<u>Acceptances:</u> Please update your acceptances in Naviance and let Guidance know about any post-secondary acceptances!

#### JUNIORS:

NHHEAF is presenting a college overview for Juniors on March 9 at 6:00 p.m. at the high school. Destination College - See attached flyer for details.

<u>SAT/ACT</u>: Plan to take an SAT or ACT in the spring of your junior year. See your counselor for more information.

<u>SAT Subject Test:</u> Some post-secondary institutions require SAT subject tests. Please see your guidance counselor if you have any questions.

<u>Options for SAT Prep Course:</u> Information is available at the following sites: <u>www.top-tier.info;</u> <u>www.kaptest.com;</u> and <u>www.revolutionprep.com.</u>

<u>Varsity E-Newsletter:</u> See NHHEAF's Varsity Monthly Newsletter for Juniors. This contains important post-secondary info: <a href="http://www.nhheaf.org/index.asp?page=events\_enewsletters">http://www.nhheaf.org/index.asp?page=events\_enewsletters</a>.

<u>Naviance</u>: Get a head start on post-high school planning. Sign onto Naviance to review results of interest inventory and start your post-secondary search. See your counselor for login information.

#### SOPHOMORES AND FRESHMEN:

Track your grades and assignments in Pinnacle. If you feel you could benefit from Peer Tutoring, make an appointment to talk to your guidance counselor and get matched up.

<u>Get Involved</u>: High school can go by fast. You want to make sure you are creating positive memories while building your character and resume' for the future. See your guidance counselor, advisor, teacher, or mentor if you are stuck on what would be the best way for you to show Sanborn Pride!!!!

## **Upcoming College Events:**

Destination College
Annual Convention for Juniors and Parents

Saturday, March 14, 2015
Plymouth State University
Registration is required: Pre-registration opens February 5, 2015
www.DestinationCollege.org

Husson University
Open House for the College of Health & Education
Open House for the School of Science & Humanities
Saturday, March 21, 2015

Open House for the College of Business
Open House for the School of Legal Studies
Open House for the New England School of communications
Saturday, April 11, 2015
1 College Circle
Bangor, ME 04401
For more information call 800-448-7766

Roanoke College Visit Days

Saturday March 21 Sunday, March 28 (Accepted Students Only) Monday, April 6 221 College Lane Salem, VA 24153 540-375-2270/800-388-2276

Email: admissions@roanoke.edu

## New Hampshire Technical Institute Open House

Wednesday, April 8 5:00 – 7:00 p.m. 603-230-4011

Student Athlete Nights For Future College Athletes

Kennet High School
Thursday, April 16, 2014
6:00 p.m.
Keene High School
Thursday, May 7, 2014
6:00 p.m.
See Attached Flyer



16th Annual College Convention for HS Juniors and Parents

Saturday, March 14

Snow Date: Sunday, March 15

FREE!

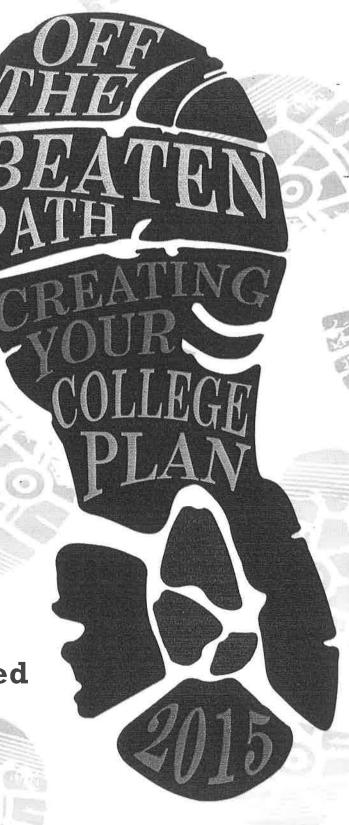
Pre-Registration Required Opens February 5



Hosted by

Plymouth State

Sponsored by The NHHEAF Network Organizations in partnership with NH Colleges & Universities





www.DestinationCollege.org



he source of knowledge for everything college

Print-friendly version

## **Upcoming Center for College Planning Events...**

Also, be sure to check out our <u>Calendar of Events</u> for a full listing of college planning related events and programming offered by NHHEAF's Center for College Planning!







event February Events event

**26** 

**Understanding the Award Letter** Webinar event

This session will help families understand the offer of financial aid (Award Letter) and evaluate financing options.

Thursday, February 26, 2015 at 4:30 p.m. to 6 p.m.

#### **March Events**

MAR 23

**College Overview for Juniors** Webinar event

Applying for college admission and financial aid can be overwhelming. There are applications to be completed, deadlines to meet,...

Monday, March 23, 2015 at 6:15 p.m. to 7:30 p.m.

MAR 30

Understanding the Award Letter Webinar event

This session will help families understand the offer of financial aid (Award Letter) and evaluate financing options. Monday, March 30, 2015 at 6:15 p.m. to 7:30 p.m.

**Attention School Counselors:** To schedule a program for your students, please visit our <u>registration page</u> to see the complete listing of available presentations.



## We Can Help!

"Family-to-Family" is an educational program that is <u>FREE</u> for family members, partners and friends of individuals over the age of 17, who have a mental illness such as: Anxiety, Schizophrenia, Bipolar Disorder, Depression, Borderline Personality Disorder, Panic Disorder and Obsessive Compulsive Disorder (OCD), or Post-Traumatic Stress Disorder (PTSD).

- ? Is there someone in your life that has one of these illnesses?
- ? Have you been struggling to understand their illness and how to help them and your family to cope?

The "Family-to-Family" course is taught by local trained volunteers who have family members with a mental illness. In this course you will learn about these illnesses and their treatments; how to improve communication with your loved one; solve problems; find the help you need; and take care of yourself.

Family-to-Family is a FREE, 12-session educational program.

Classes Start: Wednesday March 4, 2015 at 6:30pm Location: Manchester, New Hampshire

Contact the Teacher: Michelle at <a href="mstev3ns@gmail.com">mstev3ns@gmail.com</a> Cell phone: (603) 361-2853

## Registration is Required

To register, please contact Michelle or register online at http://www.naminh.org/education/family-education/f2f

If you have any questions regarding the Family-to-Family educational program, please contact Liz Hodgkins, Education and Support Program Coordinator, via email: lhodgkins@naminh.org or (603) 225-5359, x322





#### Career Information

www.bls.gov/oco - The Bureau of Labor Statistics Occupational Outlook Handbook provides information such as outlooks, working conditions, and training and education needed for particular careers.

www.onetcenter.org – Resource Center created by the U.S. Department of Labor, Employment and Training Administration. The site is the nation's primary source of occupational information such as career exploration tools, job analysis questionnaires, employer guides, and technical reports.

#### Financial Aid Forms & Information

www.fafsa.ed.gov (FAFSA) – File the FAFSA (Free Application for Federal Student Aid) which is required by all colleges and universities which offer federal financial aid.

www.collegeboard.org (CSS Profile) – File the CSS Profile financial aid form which is required by certain private postsecondary schools and scholarship programs.

www.studentloans.gov – Information about the Federal Direct Loan programs available to both students and parents, and also where master promissory notes and entrance counseling for federal loans is completed.

#### Scholarships & Grants

www.nh93.com – Searchable NH scholarship database maintained by the Center for College Planning.

www.nhcf.org – New Hampshire Charitable Foundation annually provides \$3 million in private scholarship funds to New Hampshire students.

www.federalstudentaid.ed.gov/scholarship - Access a database with thousands of national scholarships.

www.fastweb.com – Fastweb offers a free national scholarship database which contains information about 1.3 million scholarships worth over \$3 billion.



1.888.7.GRADUATE x119 • www.nhheaf.org collegeplanning @ nhheaf.org





## Your Next Steps

- Continue to apply to additional schools if needed. Remember make sure your list is balanced based on your eligibility for admission. For example, you could use the 2-2-2 approach and have two "reach" schools, two "target" schools, two "probable" schools. Just make sure that at least one is a "financial safety" school!
- Make sure to send any missing application components, including essays, SAT/ACT scores, letters of recommendations, transcripts, payment or fee waiver information to each school to which you have applied. Ask your school counselor for help!
- This fall, attend your school's Financial Aid Night presentation with your parent(s) or guardian(s). This helpful workshop will help you understand the financial aid process.
- As soon after January 1 as possible, file the 2015-2016 Free Application for Federal Student Aid (FAFSA) at www.fafsa.ed.gov to be eligible for federal and institutional federal student aid. Your school may even hold a FAFSA filing day. If not, call the Center for College Planning at 888.7.GRADUATE, x119 for free help filing the application. Also check to see if any of the schools you've applied to require the CSS/PROFILE® form. Remember to meet all deadlines for financial aid to maximize any possible aid.
- Start looking for scholarships! Check with your school's guidance office for a list of local scholarships. Visit www.nh93.com for more local and regional scholarships. The NH Charitable Foundation's (www.nhcf.org) Statewide Student Aid Program is due mid-April. Most scholarships will have deadlines prior to May 1, 2015.
- In March and April, review the financial aid award letters you receive from the schools to which you've been accepted. If necessary, update your FAFSA as requested by the school or Federal Student Aid.
- In April, attend an "Understanding The Award Letter" presentation at your school. Meet with your school counselor or the Center for College Planning to review your financial aid award letters and to help make your decision on where you will go to school by May 1, the National Candidate Reply Date.

# STUDENT ATHLETE NIGHTS FOR FUTURE COLLEGE ATHLETES

## **SCHOOL**

Concord Sports Center Derryfield School Kennett High School Keene High School

## DATE

Thursday, September 25 Thursday, October 23 Thursday, April 16 Thursday, May 7

## TIME

6:00PM 6:00PM 6:00PM 6:00PM

QUESTIONS? CALL JAY HAUSER AT 1.888.7.GRADUATE X441
OR EMAIL JHAUSER@NHHEAF.ORG

**NO REGISTRATION REQUIRED** 



