

The Lessons

First Reading: *Isaiah 40:21-31*

Reader: A Reading from the Book of Isaiah

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, “My way is hidden from the Lord, and my right is disregarded by my God”? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 147:1-12, 21c Laudate Dominum All chant in unison. BCP 804

¹ *Hallelujah!*

*How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!*

² *The Lord rebuilds Je-rusalem; *
he gathers the exiles of Israel.*

³ *He heals the broken-hearted *
and binds up their wounds.*

⁴ *He counts the number of the stars *
and calls them all by their names.*

⁵ *Great is our Lord and mighty in power; *
there is no limit to his wisdom.*

⁶ *The Lord lifts up the lowly, *
but casts the wicked to the ground.*

⁷ *Sing to the Lord with thanks-giving; *
make music to our God upon the harp.*

⁸ *He covers the heavens with clouds *
and prepares rain for the earth;*

⁹ *He makes grass to grow upon the mountains *
and green plants to serve man-kind.*

¹⁰ *He provides food for flocks and herds *
and for the young ravens when they cry.*

¹¹ *He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;*

¹² *But the Lord has pleasure in those who fear him, *
in those who await his gracious favor.*

^{21c} *Halle-lujah!*

Second Reading: *1 Corinthians 9:16-23*

Reader: A Reading from the First Letter of Paul to the Corinthians

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then

is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God’s law but am under Christ’s law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Sequence Hymn

St. Thomas (Williams)

O bless the Lord, my soul! vs. 1-3 Hymnal 411

The Holy Gospel: *Mark 1:29-39*

Reader: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: **Glory to you Lord Christ.**

When Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon’s mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, “Everyone is searching for you.” He answered, “Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do.” And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Reader: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

Sequence Hymn

St. Thomas (Williams)

O bless the Lord, my soul! vs. 4-6 Hymnal 411

The Sermon

The Nicene Creed

BCP 358

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father.**

Through him all things were made.

For us and for our salvation he came down from heaven:

**by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

For our sake he was crucified under Pontius Pilate;

**he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;**

**he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People - Form III

BCP 387

Father, we pray for your holy Catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for Katharine, our Presiding Bishop; Philip, our Bishop; Beverly and Dan, our priests; and for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for Barack, our President; Robert, our Governor; Sandy, our Mayor; and all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

The Celebrant adds a concluding Collect.

Confession of Sins

BCP 360

Let us confess our sins against God and our neighbor.

Celebrant and People:

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Welcome and Announcements

The Holy Communion

Baptized Christians are invited to receive Holy Communion

The Offertory

Anthem

The First Song of Isaiah
The Cathedral Choir

J. N. White
(b. 1938)

At the Presentation

The Doxology
America vs. 4

Old 100th
Hymnal 717

