



Family Fun Day & Israel Celebration

Benefitting the Early Learning Department

Sunday, May 1, 2016

11:00am-3:00pm

Don't miss out on...

★ Young's Funny Farm

★ Basket Raffle

★ Scholastic Book Fair

★ Kids Safety ID Kits by

New York Met Life

★ Face Painting



★ Arts and Crafts

★ Kosher Hot Dogs

★ Ice Cream

★ Bounce House

★ Carnival Games

★ And much more!!



FOOD, COSTUME & FUN AT THE JCC'S ANNUAL PURIM CARNIVAL

The JCC held its annual Purim Carnival on Sunday March 20th. Shushan came alive as over 150 people attended the festivities which included a variety of Purim themed carnival games, prizes, hats, masks and more! Many participants came in costume and participated in our costume contest. Newly added to this year's carnival was a kosher vegetarian buffet that was prepared by Motty & Patty Chen. The buffet was comprised of many different kinds of Israeli foods from falafel, hummus to Israeli salads. The JCC would like to thank Motty & Patty Chen for donating their time to prepare a delicious buffet, and JCC Program Director Vince Kalinoski who coordinated the event. Fun was had by all who attended!



JCC NEWS BRIEFS

HOW TO CONTACT THE JCC STAFF

Now it's easier than ever to contact the JCC staff to share your suggestions, have questions answered or get the information you're looking for. We're waiting to hear from you! Email: info@scrantonjcc.org or call (570)346-6595

Name	Title/Position	E-Mail	Extension
Dan Cardonick	Executive Director	danc@scrantonjcc.org	119
Linda Hemmler	Business Manager	linda@scrantonjcc.org	110
Mindy Van Fleet	Bookkeeper/Business Asst.	mindy@scrantonjcc.org	111
Hannah Martin	Membership Coordinator	info@scrantonjcc.org	101
Ashley Woodruff	Early Learning Center Director	ashley@scrantonjcc.org	120
Vince Kalinoski	Program Director	vkal3@scrantonjcc.org	115
Louise McNabb	Dir. of Adult Services/Comm. Outreach	louise@scrantonjcc.org	135
Joseph Granza	Health & Wellness Coordinator	joseph@scrantonjcc.org	118
Paula Herman	Aquatics Director	paula@scrantonjcc.org	129
Timothy Frank	Director of Youth Services & Recreation	timothy@scrantonjcc.org	116
Elaine Kingsley	Client Service Associate -Nights	elainek@scrantonjcc.org	100
Kathy Pinto	Client Service Associate -Nights/Sun	kathyp@scrantonjcc.org	100
Pat Hanis	Daytime client Service Associate	pat@scrantonjcc.org	102
Allison Abdullah	Daytime Client Service Associate	allie@scrantonjcc.org	100
	Donations/Contributions	contributions@scrantonjcc.org	100

JCC HOLIDAY HOURS

April 22nd	Erev Passover	JCC closes at 3pm
April 23rd-24th	Passover (first two days)	JCC closed
April 28th	Erev Passover	JCC closes at 5pm
April 29th-30th	Passover (last two days)	JCC closed

JCC HOURS OF OPERATION

	<u>Sunday</u>	<u>Monday–Thursday</u>	<u>Friday</u>	
OFFICE	9:00 am – 5:00pm	7:30 am – 9:00 pm	8:30 am–4:30 pm	CLOSED
HEALTH CLUBS	5:30 am – 5:00 pm	5:30 am – 9:00 pm	5:30 am–6:00 pm	CLOSED
MARGOLIES FITNESS CENTER	5:30 am – 5:00 pm	5:30 am – 9:00 pm	5:30 am – 6:00 pm	CLOSED
POOL	8:00 am – 5:00 pm	6:30 am – 8:30 pm	6:30 am – 5:00pm	CLOSED
GYM & COURTS	5:30 am – 5:00pm	5:30 am – 9:00 pm	5:30 am – 6:00 pm	CLOSED
			<u>Saturday</u>	

MEMBERSHIP

Membership in the JCC gives you 12 months of exciting and varied activities: heated indoor pool, gymnasium, Margolies fitness & wellness center, handball & racquetball courts and exercise classes - all included at no extra fee.

MEMBERSHIP CATEGORIES (all categories include the Margolies fitness & wellness center, pool, courts & gym)	*Annual Dues	Monthly Dues
SUSTAINING (Family Membership plus \$50 donation)	\$672	N/A
FAMILY (Includes all children who are full time students up to age 23)	\$620	\$55
HUSBAND & WIFE	\$572	\$51
SINGLE ADULT	\$425	\$38.75
FAMILY WITH HEALTH CLUB (children up to age 23)	\$920	\$80
HUSBAND & WIFE WITH HEALTH CLUB	\$860	\$75
MEN WITH HEALTH CLUB	\$668	\$59
WOMEN WITH HEALTH CLUB	\$572	\$51
SENIOR ADULT (60 & over with limited facility use)	\$100	N/A
COLLEGE STUDENT (full-time – up to age 23 – college ID required)	\$150	N/A
YOUTH (up to age 18)	\$140	N/A
ALL FEES SUBJECT TO CHANGE *reflects a \$40 discount for payment in full		

BENEFACTORS

Annual Family Health Club membership and a partial tax deductible contribution (includes children that are full-time students up to the age of 23)

\$1,800 CHAI Benefactor
\$1,300 PLATINUM Benefactor
\$1,200 GOLD Benefactor
\$1,100 SILVER Benefactor
\$1,000 BRONZE Benefactor

MEMBERSHIP IN PERPETUITY

Lifetime Family Health Club membership and a tax deductible contribution (includes children that are full-time students up to the age of 23)

\$10,000

MEMBERSHIP FEE ADJUSTMENTS

If you are unable to pay the full membership fee, you may make arrangements for an equitable reduced rate by calling for a confidential interview. The JCC is committed to maintaining the health and stability of the community, and we deny no one use of our agency because of inability to pay.

FOR YOUR CONVENIENCE

Master Card, Visa and Discover as well as cash or check are accepted forms of payment of membership and class activity fees. Please note: There is a \$20 charge for returned checks.

MEMBERSHIP TAGS

Membership tags are issued to new members upon joining. Members can pick up their tags at the front service desk. It must be scanned when you enter the JCC. There is a service charge of \$5 to replace a lost tag. Your membership is NOT TRANSFERABLE. The JCC reserves the right to revoke or suspend a membership for misuse of tag.

GUEST PASS POLICY

All guests must be accompanied by a member in good standing. A guest residing in the area may use the JCC no more than two times each year. Use of the facilities by guests will be determined by the JCC on the basis of availability. Fees for guest passes are \$8 per visit per youth under 18 and \$15 per visit per adult.

OUT OF TOWN GUESTS

When sponsored by a member in good standing, out-of-town guests may receive guest privileges for a period not to exceed 15 days. Call the membership office for fee information. Members of JCC's outside the Scranton area will be extended privileges of the use of the JCC for up to two weeks when visiting our area. They must present a current membership card.

GOING OUT OF TOWN?

As a courtesy, your JCC membership is honored at most Jewish Community Centers across the country. Policies vary at each JCC. It is recommended you call ahead of time to verify.

PERSONAL RESPONSIBILITIES

The JCC expects its members and guests to behave and use our facilities in an appropriate manner. Inappropriate behaviors such as foul language, dangerous play, and fighting or property damage may result in suspension or loss of membership.

PERSONAL ASSUMPTION OF RISK

The nature of activities participated in at the JCC involves inherent risks such as bruises, scrapes and muscle pulls, along with the risk of more serious occurrences such as heart attacks. Each participant assumes personal responsibility in the event of an injury sustained in the normal course of events or in the use of the JCC parking lot.

Children less than 13 years of age should not be left unattended. Youth under age 13 cannot use weight training facilities, unless under the direct supervision of their parents and behaving in an appropriate manner.

MEMBERSHIP FEES ARE NOT REFUNDABLE OR TRANSFERABLE

ALBERT AND ANN MARGOLIES FITNESS CENTER

FITNESS CLASS SCHEDULE MARCH 2016

Monday	7:15am – 8:00am	Zumba w/ Jessica (Multipurpose Room)
	8:15am – 9:00am	Spinning w/ Jo (Multipurpose Room)
	9:00am – 9:45am	Cardio Mix w/ Jo (Multipurpose Room)
	10:00am – 10:45am	Movement Monday's w/ Mindy V. (Koppelman)
	11:00am – 11:45am	Cancer Wellness Program (Pre-Registration Required)
	12:00pm – 1:00pm	Women's Yoga w/ Mindy H. (Multipurpose Room)
	4:15pm – 5:00pm	Beginner's/Gentle Yoga w/ Mindy H. (Multipurpose Room)
	5:00pm – 6:00pm	Tai Chi w/ Rick (Koppelman)
	5:00pm – 5:45pm	Kid's Yoga w/ Mindy H. (Goodman Lounge)
	6:00pm – 7:00pm	H.I.I.T. (High Intensity Interval Training) w/ Joe G. (Multipurpose)
	6:00pm – 7:00pm	PiYo w/ Jessica (Linder Room)
	6:30pm – 7:30pm	Dance Expressions w/ Shavy (Activity Room)
Tuesday	7:30am – 8:30am	20-20-20 w/ Jo (Multipurpose Room)
	8:30am – 9:00am	Yoga w/ Jo (Multipurpose Room)
	12:00pm – 12:45pm	Women's Cardio – 45 Minutes Total Mix (Multipurpose Room)
	5:15pm – 6:00pm	Kid's Yoga w/ Mindy H. (Goodman Lounge)
	5:00pm – 5:45pm	Spin w/ Jo (Multipurpose Room)
	6:00pm – 6:45pm	Aqua Zumba w/ Jessica (JCC Pool)
	6:00pm – 7:00pm	Yoga w/ Mindy H. (Multipurpose Room)
	7:00pm – 8:00pm	Punk Rope w/ Jessica (Koppelman)
Wednesday	7:30am – 8:15am	Fusion w/ Jessica (Multipurpose Room)
	8:30am – 9:30am	Low Impact w/ Jo or Mindy (Multipurpose Room)
	9:30am – 10:15am	Senior Yoga w/ Mindy V. (Koppelman)
	10:15am – 11:15am	Cancer Wellness Program (Pre-Registration Required)
	11:15am – 12:00pm	Beginner's/Gentle Yoga w/ Mindy H. (Activity Room)
	11:15am – 12:00pm	Healthy Steps for Seniors w/ Rick (Goodman Lounge)
	12:00pm – 1:00pm	Women's Yoga w/ Mindy H. (Multipurpose Room)
	4:00pm - 5:00pm	Cardio Body Sculpt w/Jo (Multipurpose Room)
	4:15pm – 5:15pm	Dance Expressions w/Shavy (ages 4-9) (Activity Room)
	5:00pm – 6:00pm	Yoga with Weights w/ Mindy H. (Multipurpose Room)
	5:15pm – 6:15pm	Dance Expressions w/ Shavy Age 10+ (Activity Room)
	6:00pm – 6:45pm	Kid's Yoga w/ Mindy H. (Goodman Lounge)
	6:30pm – 7:30pm	Dance Expressions w/ Shavy (Activity Room)
	7:00pm – 8:00pm	Yoga for Grief w/ Mindy H. (Multipurpose Room)
Thursday	7:30am – 8:30am	Cardio Choice w/ Jo (Multipurpose Room)
	8:30am – 9:00am	Spinning w/ Jo (Multipurpose Room)
	12:00pm – 12:45pm	Women's Cardio – 45 Minutes Total Mix (Multipurpose Room)
	4:00pm – 5:00pm	Restorative Yoga w/ Mindy H. (Multipurpose Room)
	5:00pm – 6:00pm	Yoga with Weights w/ Mindy H. (Multipurpose Room)
	6:00pm – 6:45pm	Aqua Zumba w/ Jessica (JCC Pool)
	6:00pm – 7:00pm	Yoga w/ Mindy H. (Multipurpose Room)
	7:00pm – 8:00pm	Fusion w/ Jessica (Multipurpose Room)
Friday	7:15am – 8:30am	PiYo w/ Jessica (Multipurpose Room)
	8:30am – 9:30am	Yoga w/ Mindy H. (Multipurpose Room)
	8:45am – 9:30am	Senior Yoga w/ Mindy V. (Koppelman)
	9:30am – 10:15am	Silver & Fit Cardio w/ Mindy V. (Koppelman)
	11:00am – 11:45am	Cancer Wellness Program (Pre-Registration Required)
	10:30am – 11:15am	Zumba Gold (Koppelman)
	12:00pm – 1:00pm	Weights w/ Joe G. (Multipurpose Room)
Saturday	7:00am – 7:00pm	CLOSED
Sunday	8:30am – 9:00am	Pilates w/ Jo (Multipurpose Room)
	9:00am – 10:00am	Boot Camp w/ Jo (Multipurpose Room)
	10:00am – 11:00am	Yoga w/ Mindy or Mindy (Multipurpose Room)

JCC AQUATICS—APRIL 2016 POOL SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30AM	LAP SWIM*	LAP SWIM*	LAP SWIM*	LAP SWIM*	LAP SWIM*	CLOSED	CLOSED
7:00AM						CLOSED	CLOSED
7:30AM	6:30 to 9:00	6:30 to 9:30	6:30 to 9:00	6:30 to 9:30	6:30 to 9:00	CLOSED	CLOSED
8:00AM						CLOSED	LAP SWIM*
8:30AM		9:30		9:30		CLOSED	
9:00AM	LAP SWIM*		LAP SWIM*		LAP SWIM*	CLOSED	8:00-10:30
9:30AM	FEMALE SWIM 9:30-10:30	Preschool Swim* 9:30-10:30	LAP SWIM* 9:30-10:30	FEMALE SWIM 9:30-10:30	Daycare Swim* 9:30-10:30	CLOSED	
10:00AM						CLOSED	
10:30AM	Open Swim*	Zumba H2O* 10:45-11:15	Arthritis* 10:30 to 11:15	Zumba H2O* 10:45-11:15	Open Swim*	CLOSED	Parent & Child Class
11:00AM	Arthritis* 11:00-11:45	Workout*		Workout*	Arthritis* 11:00-11:45	CLOSED	
11:30AM		Walk About	LAP SWIM*	Walk About		CLOSED	Family Fun
12:00PM	Hydro-Wellness* 12:00-1:00	Easy Swim 11:15 to 2:00	Hydro-Wellness* 12:00-1:00	Easy Swim 11:15 to 2:00	Hydro-Wellness* 12:00-1:00	CLOSED	Open Swim **
12:30PM						CLOSED	
1:00PM	Women's Only Watercise 1:00-2:00		Women's Only Watercise 1:00-2:00		Open Swim*	CLOSED	
1:30PM					1:00-3:00	CLOSED	11:00 - 3:00
2:00PM						CLOSED	
2:30PM	Open swim* 2:00 to 5:00	Open swim* 2:00 to 6:00	Open swim* 2:00 to 5:00	Open swim* 2:00 to 5:00	MALE SWIM 3:00-4:00	CLOSED	MALE SWIM 3:00-4:00
3:00PM					Open Swim	CLOSED	
3:30PM					4:00-5:00	CLOSED	FEMALE SWIM 4:00-5:00
4:00PM						CLOSED	
4:30PM						CLOSED	
5:00PM	Open Swim*	Open Swim*	Open Swim*	Open Swim*	CLOSING TIME	CLOSED	CLOSING TIME
5:30PM						CLOSED	
6:00PM	Open Swim*	Aqua Zumba*	Open Swim*	Aqua Zumba*	CLOSED	CLOSED	CLOSED
6:30PM	6:00-7:00	6:00-6:45	FEMALE SWIM 6:30-7:30	6:00-6:45	CLOSED	CLOSED	CLOSED
7:00PM	MALE SWIM 7:00 to 8:30	FEMALE SWIM 7:00 to 8:30	MALE SWIM 7:30-8:30	Open Swim* 7:00 to 8:30	CLOSED	Adult swim 7:00 to 8:45	CLOSED
7:30PM					CLOSED		
8:00PM					CLOSED		
8:30PM	CLOSING TIME	CLOSING TIME	CLOSING TIME	CLOSING TIME	CLOSED	8:45	CLOSED

* During indicated times, at least one lap lane will be open for lap or open swim

** Pool may be closed on occasion for birthday parties on Sundays from 1-2pm. Members are urged to call ahead to check.

Swim lessons will be held periodically throughout the day.

Schedule subject to change.

LEARN TO SWIM AT THE JCC



Few life skills are as necessary as knowing how to swim.

No other exercise is as enjoyable and beneficial as swimming.

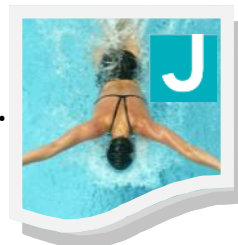
Students are taught water safety, stroke development and aquatic independence.

Lessons are available For AGES 3 years and OLDER AND FOR all abilities.

Our certified lifeguards give 1/2 hour private lessons.

Cost: 4 lessons \$65.00

Member Discount Fee: 4 lessons \$55.00



Contact Paula HERMAN, AQUATICS DIRECTOR at paula@scrantonjcc.org or 570-346-6595 ext. 129 TO SCHEDULE YOUR LESSONS TODAY!

*Classes must be paid for prior to the first lesson at the JCC SERVICE desk.



HIGH NOON PLUS!

April, May, and June: \$60.00

(FREE for members *not included in senior membership)

*The High Noon Plus Program will run every 3 months for \$60.00 per session.

Classes Included in Package for April:

Hydro –Wellness:

A high intensity workout, using buoyancy and resistance equipment.

Shallow and deep water exercises are used. You do not have to know to swim, but you will get wet!

MONDAY, WEDNESDAY, AND FRIDAY 12:00PM-1:00PM

Zumba H2O:

A fun Zumba workout in the water.

TUESDAY AND THURSDAY 10:45AM-11:15AM

Aqua Zumba:

Zumba in the pool with Jessica.

TUESDAY AND THURSDAY 6:00PM-6:45PM



Arthritis Water Exercise

Work through a wide range of exercises designed to increase flexibility, range of motion, and strength.

Led by a Certified Arthritis Instructor.



You **must pre-register** with the Aquatics Director, Paula at 570-346-6595, ext. 129, or Paula@scrantonjcc.org

When: Monday & Friday from 11:00am-11:45am
Wednesdays from 10:30am-11:15am

Fee: \$2.00 donation per class.

****Must be 60+***

Hydro-Wellness

A high intensity workout, using buoyancy and resistance equipment. Shallow and deep water exercises are used. You do not have to know to swim, but you will get wet!

When: Monday, Wednesday & Friday

Time: Noon-1:00 pm

**Cost: \$60.00 for 3 months or
\$8.00 drop in per class, FREE for JCC Members**

JCC AQUATICS



**Tuesday and Thursday nights
6pm-6:45pm**

**w/Jessica
at the JCC pool**

Parent and Child Swim Class

**Sundays from 9:45am-10:15am
and 10:30am-11:00am**

April 3rd, 10th, 17th & May 1st

Cost: \$50.00 per session



Womens Only Water Exercise

A high intensity workout, using buoyancy and resistance equipment. Shallow and deep water exercises are used.
You do not have to know to swim, but you will get wet!

When: Monday & Wednesday

Time: 1:15pm to 2:00pm

Cost: for March

\$8.00 drop in per class

***after March the class will run in
3 month sessions for \$60 per session, FREE for JCC members**

JCC's Sixth
Annual



Theresa Borgia Memorial 5K Run/Walk

When:

May 22, 2016

Race Start:

9:30 AM

Kid's Fun Run:

8:45 AM

Same Day Registration:

8:15 AM

Where: McDade Park

1 Bald Mountain Rd

Scranton, PA 18504

Pricing: \$25 if registered

before April 30th

\$30 if registered

after April 30th\

Kids Fun Run – FREE

For more information, including pre-

registration, contact Joe Granza at

(570) 346-6595, ext 118 or

joseph@scrantonjcc.org.

Theresa Borgia was a long-time member of the Jewish Community Center of Scranton. She was a tireless advocate for breast cancer awareness and a well-known volunteer for the annual Susan G. Komen Race for the Cure. Her initial breast cancer diagnosis was in 1997, and after years in remission she was back in treatment in 2006. On December 1, 2010, Theresa lost her thirteen year fight with breast cancer.

REGISTER OR DONATE ONLINE!! www.theresaborgia5k.myevent.com

FITNESS AND WELLNESS

NUTRITION SEMINAR

WHEN:
1st Wednesday of every month from 6pm-7pm
Our next Seminar will be MARCH 2nd, 2016

WHERE:
JCC Linder Room

SPECIFICS:
Come listen to certified Wellness and Nutrition expert, Jessica Johnson, educate about the basics of nutrition wellness balance

****MEAL PLANNING**

****NUTRITION**

Cost: \$5 per session

FREE for members



**WHEN: WEDNESDAYS from
7:30-8:15AM**

**AND THURSDAYS from
7-8PM**

**LOCATION: Multipurpose
Room**

**COST: \$8 drop in fee per class
JCC Members: FREE**



**WHEN: Tuesdays
7:00PM-8:00PM**
**LOCATION: Koppelman
Auditorium**
**COST: \$8 Drop-In fee per class
JCC Members: FREE**

**ENDORSED BY
WNEP 16's Sharla
McBride**



CARDIO CLASSES



Monday Cardio Mix 9:00am-9:45am

Tuesday Women's Cardio 12:00pm-12:45pm

Wednesday Cardio Body Sculpt 4:00pm-5:00pm

Wednesday Low Impact Cardio 8:30am-9:30am

Thursday Women's Cardio 12:00pm-12:45pm

Where: Multi-Purpose Room

JCC Members: FREE

Fee: \$8 drop in



Spinning Classes

Monday 8:15am - 9:00am

Tuesday 5:00 pm-5:45 pm

Thursday 8:30am - 9:15am

Multi-Purpose Room, FREE for JCC members

HARD CORE EXERCISE

Punk Rope Tuesday 7:00pm

High Intensity Interval Training - Monday's 6:00pm

Boot Camp w/Jo—Sunday 9:00am

Where: Multi-Purpose Room

JCC Members: FREE

Fee: \$8.drop in

FITNESS AND WELLNESS

Tai Chi w/Rick

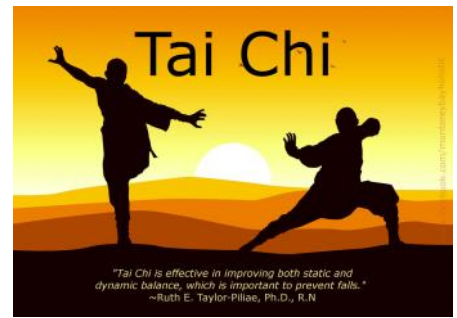
When: Monday's

Time: 5:00pm-6:00pm

Location: Koppelman Auditorium

Instructor: Rick Schmoyer, Free for members

Fee: \$40 for 8 Consecutive Sessions or \$8 drop in fee



Yoga Mixes

Yoga w/weights Wednesday 5:00pm-6:00pm

Yoga w/weights Thursday 5:00pm-6:00p

Where: Multi-Purpose Room

JCC Members: FREE \$8 Drop in

Yoga

Sundays 10:00am-11:00am

Tuesdays 8:30-9:00am

6:00pm-7:00pm

7:15pm-8:15pm

Women's Only Yoga Monday 12:00pm-1:00pm

Women's Only Yoga Wednesday

12:00pm-1:00pm

Thursdays 6:00pm-7:00pm

Fridays 8:30am-9:30am

JCC Members: FREE \$8 Drop in



Spin w/Jo

TUESDAYS @ 5PM

Multipurpose Room

\$8 drop-in fee

Free for Members

FITNESS AND WELLNESS



GROUP EXERCISE

Free to JCC Members
Or \$8.00 drop in fee for
non-members

20-20-20 w/Jo:
Tuesday's 8:30am
Low Impact w/Jo or
Mindy:
Wednesday 8:30am
Aerobics wJo:
Sunday 8:30am

Where: Multipurpose
room

Dance Expressions

With Shavy

Bring on your dance moves with Shavy at the JCC!

Children's Classes

Wednesdays

Ages 4-9
(4:15PM—5:15PM)

Ages 10+
(5:15PM—6:15PM)

Members: Free
Non-Members: Free

Adult Classes

Monday
(6:30PM—7:30PM)

Wednesday
(6:30PM-7:30PM)

Members: Free
Non-Members: \$8

For more information, and to book private parties and events,
contact:

Shavy Schwartz
(570) 677-8006



FITNESS AND WELLNESS 60+

Movement Mondays

When: Mondays **Time:** 10:00am—10:45am **Location:** Koppelman
Instructor: Mindy V. **JCC Members:** *Free* ~ \$8.00 Drop in Fee

When: Friday's Time: 10:30am –11:15am

Location: Koppelman Auditorium

Instructor: Mindy Van Fleet

JCC Members: *Free* ~ \$8.00 Drop in Fee



Healthy Steps

When: Wednesday's

Time: 11:15am Goodman Lounge

Instructor: Rick Schmoyer

JCC Members: *Free* ~ \$8.00 Drop in Fee

Senior Yoga

When: Wednesday's 9:30am & Friday's 8:45am-9:15am

Location: Koppelman Auditorium **Instructor:** Mindy V.

JCC Members: *Free*

\$8.00 Drop in Fee



SILVER & FIT CARDIO

When: Friday's Time: 9:30am (45 min.)

Location: Koppelman Auditorium

Instructor: Mindy Van Fleet

JCC Members: *Free* ~ \$8.00 Drop in Fee

Children's Wellness & Enrichment Classes

Ages 3-5

Semester 1: September- Mid-January

Semester 2: Mid-January-Early June

Daily 12:00pm-1:00pm (until 1:30pm on Thursdays)

In each class, children will enjoy a packed lunch from home followed by the special activity of the day.



Mondays: Fun Fitness

Children will engage in a fun gym class, led by our Youth Director, Tim Frank. These classes are held in our gymnasium and will help each child foster their large motor skills while learning about teamwork.

Rate: \$135.00 per semester

JCC Member Discount: \$125.00 per semester

Tuesdays: Mix-It

This is a hands-on cooking class that will introduce children to the pleasures of preparing and enjoying food that is both nutritious and delicious. Children will learn basic cooking skills, like pouring, mixing, measuring, and following a recipe.

Rate: \$135.00 per semester

JCC Member Discount: \$125.00 per semester

Wednesdays: Creative Arts

Drawn to Art Studios, Linda Vachino DuBorgel will offer hands-on instruction to the children in different forms of art. Her classes are fun, and designed to teach basic art skills while building self-esteem, courage, and creativity!

Rate: \$135.00 per semester

JCC Member Discount: \$125.00 per semester

Thursdays: Basketball with Coach Herm Little

Coach Herman Little will lead the class in a fun and exciting basketball class! They will learn the importance of sportsmanship, and teamwork while learning basic basketball skills.

Rate: \$135.00 per semester

JCC Member Discount: \$125.00 per semester

Fridays: Kiddy Kinetics

Children will enjoy time in our little gym, promoting growth of large motor skills.

Rate: \$135.00 per semester

JCC Member Discount: \$125.00 per semester

Drop-ins are available, space permitting. You must reserve a spot 24 hours in advance.

Fee: \$12.00 per class



Child Care at the JCC Early Learning Center

Hours of Operation
Monday through Friday
6:30am-5:30pm
52 weeks a year

Every Child Welcome!
Safety Is our Priority



- ~ Welcome CCIS participating families
- ~ Separate, bright & sunny classrooms for each age group
- ~ Our tenured and educated staff holds a commitment to education and helping to develop young children
- ~ Outdoor Playground time, Swimming, and Gym
- ~ Reasonable rates and flexible schedules with full and part-time availability
- ~ Curriculum crosswalked with the PA Learning Standards

<u>INFANT PROGRAM</u>		Age: 6 weeks-13 months
Fees:	Weekly Fees	*Daily Fees
	\$185	\$40/day
	Member Discount Fees: \$170	\$37/day
<u>TODDLER I PROGRAM</u>		Age: 13 months-25 months
Fees:	Weekly Fees	*Daily Fees
	\$185	\$40/day
	Member Discount Fees: \$170	\$37/day
<u>TODDLER II PROGRAM</u>		Age: 25 months-3 years
Fees:	Weekly Fees	*Daily Fees
	\$175	\$39/day
	Member Discount Fees: \$160	\$36/day
<u>PRE-K PROGRAM</u>		Age: 3-5 years
Fees:	Weekly Fees	*Daily Fees
	\$165	\$38/day
	Member Discount Fees: \$150	\$35/day

***Daily Fee's / 3 day minimum for enrollment**

~Drop-in rate: \$9 per hour (requires 24 hour notice)

~There is no charge for child care on dates it is closed, i.e., national and Jewish holidays

For more information contact our Early Learning Center Director, Ashley Woodruff at (570) 346-6595 ext. 120

JCC Pre-school 2016

RATES & OPTIONS

Pre-school

Class time: 9:00am-11:45am

Semester rates:

# days	rate	member discount rate
3	\$745.00	\$675.00
4	\$860.00	\$760.00
5	\$970.00	\$840.00



Pre-school Plus

Class time: 9:00am-1:00pm (until 1:30 pm on Thursdays)

This option includes our children's health & wellness enrichment classes (formally known as "Lunch Plus"). Participants will bring their own bag lunch followed by an activity (see page 21 for more details)

Semester rates:

#days	rate	member discount rate
3	\$1,085.00	\$945.00
4	\$1,300.00	\$1,130.00
5	\$1,500.00	\$1,300.00



Children's Wellness & Enrichment Classes (see page 18 for further details)

Semester rate per class: \$135.00

Semester member discount rate per class: \$125.00

Drop-in Rates

Pre-school 9:00am-12:00pm)

\$15.00 per day

Children's Health & Wellness Classes

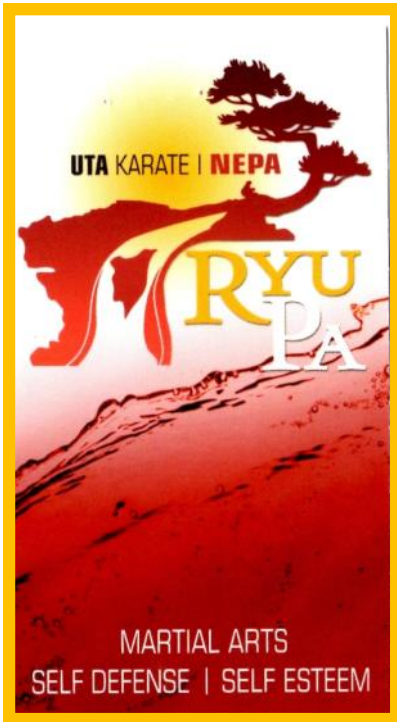
\$12.00 per class

(12:00pm– 1:00pm, until 1:30pm on Thursdays)

Pre-school Plus

\$25.00 per day





UTA KARATE AT THE JCC

Come Join Masters Bob Straub and Lorrie Raemsch as they teach the basics and advanced levels of Tang Soo Do at the JCC.

Mondays & Wednesdays

Children's (age 7-15) classes 6:15pm-7:15 pm

Adult (age 15 to adult & Black Belts) classes 7:15pm-8:15pm

Wednesdays

Lil Dragons (age 4-7) 5:30pm-6:15pm

Where: The Koppelman Auditorium

JCC members \$50 four week session

Non-members \$60 four week session

Contact: Lorrie @ 570-309-8674 or Bob @ 570-357-8313



YOUTH AND ADULT RACQUETBALL LESSONS

SUNDAYS FROM 11:00am-1:00PM

WEDNESDAYS 7:00PM—9:00PM

FREE FOR MEMBERS!



If you are interested in learning the game of racquetball; we offer lessons on Sunday's & Wednesday's during the fall for both Youth and Adults. During these 30 minute lessons you will learn the fundamentals and strategies of the game.

These lessons are ***Free to JCC members*** & only \$20 per lesson for non-members.

Contact Program Director, Vince Kalinoski at 346-6595 ext. 115 for more details or to register.

WINTER GYM SCHEDULE

SUBJECT TO CHANGE



Monday	5:30AM – 5:30PM	Open Gym
	5:30PM – 9:00PM	Rentals
Tuesday	5:30AM – 10:00AM	Open Gym
	10:00AM – 12:00PM	Daycare Bounce House
	12:00PM – 5:30PM	Open Gym
	6:00PM – 9:00PM	Basketball League (Feb. 16-April 5)
Wednesday	5:30AM – 11:30AM	Open Gym
	9:30AM – 10:30AM	Preschool Gym
	11:30AM – 12:00PM	Daycare Gym
	12:00PM – 2:00PM	Adult Pick Up Games
	2:00PM – 6:00PM	Open Gym
	6:00PM – 9:00PM	Basketball League (through March)
Thursday	5:30AM – 10:00AM	Open Gym
	9:30AM – 11:00AM	MoM's Open Gym Bounce House
	12:15PM – 1:00PM	Preschool Basketball
	1:30PM – 5:10PM	Open Gym
	5:30PM – 9:00PM	Volleyball League
Friday	5:30AM – 2:00PM	Open Gym
	2:00PM – 6:00PM	Pick Up Games
Sunday	7:00AM – 9:00AM	Men's Over 30 Pick Up Games
	9:00AM – 11:00AM	Adult Pick Up Games
	11:00AM – 12:00PM	Open Gym
	12:00PM – 3:00PM	Youth Leagues
	3:00PM – 4:00PM	Open Gym
	4:00PM – 5:00PM	TCMC Soccer



JCC CO-ED ADULT BASKETBALL LEAGUE CHAMPIONS!

Team Sparky's defeated the Fireballers 64-52 in the championship game of the JCC Adult Basketball league. John Cummings led Sparky's with 27 points. Thank you to everyone who participated in The JCC's 2016 Co-ed Adult Basketball season!

Youth and Biddy Basketball Leagues at the JCC!!



The Nets defeated the Sixers in the championship game of the JCC Jr. NBA Youth B-ball league!

A big thanks the players and coaches for an awesome season!



PUTT THEM STRAIGHT IN AT THE EUGENE AND DOROTHY ROSENSTEIN MEMORIAL CHILDREN'S BENEFIT GOLF TOURNAMENT

Monday, June 6, 2016

at Glen Oak Country Club in Clarks Summit, PA.

Proceeds are to help fund children's scholarships for Day Camp, Day Care and Pre-School

TOURNAMENT INFORMATION:

Itinerary:

Registration Table opens. . . . 11:00 a.m.
Lunch Begins at 11:15 a.m.
Tee-Off. 12 noon
Cocktail Reception. 5:30 p.m.
Dinner & Awards. 6:30 p.m.

Team & Individual Players:

You may enter as an individual, couple or with a team. For those who register with less than four players, teams will be formed by the tournament committee.

Format:

Play will be in a *Captain & Crew* format with a *Shotgun Start*.

FEES:

Special Sponsors & Patron Fees:

(Those sponsors listed below are tax deductible contributions and do not include tournament players)

Player Gift Sponsor \$2,500

Dinner Sponsor: \$800
Cocktail Reception & Grand prize Sponsors: \$800
Luncheon Sponsor: \$800

Basket of Cheer Sponsor: \$800

Tournament Patron: \$100

Hole Sponsor Fees:

Option #1: \$595 (includes 2-players & a \$325 tax deductible contribution)

Option # 2: \$300 (a tax deductible contribution)

Player Fees:

Individual Player: \$225 (includes a \$90 tax deductible contribution)

Dinner & Reception Fee (only): \$75

Fabulous Prizes: A great prize for each player, prizes for Hole-in-Ones, Longest Drive and Closest to the Pin, plus Free Raffle Drawings.

GOLF TOURNAMENT REGISTRATION FORM

For Sponsors:

Company Name: _____

Address: _____

City/State/Zip: _____

Contact Person: _____

Phone: _____

Sponsor Players: (\$595 Hole Sponsor includes 2-players)

Player # 1: _____

Player # 2: _____

Address (if different then company name listed above): _____

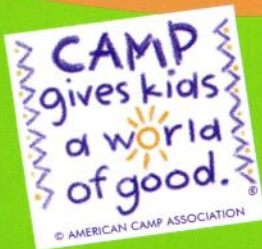
City/State/Zip: _____

Phone: _____



jcc Camp Daleville

JCC Scranton's summer day camp in the Poconos for children 3-13



Session I:
June 20 - July 15

Session II:
July 18 - August 11

Full Summer:
June 20 - August 11

Where Everyone is Welcome!

570.346.6595

www.CampDaleville.org

REGISTER NOW FOR SUMMER 2016!!

CAMP DALEVILLE 2016 SPECIALTY CAMPS

HORSEBACK RIDING CAMP

A 2 hour specialty camp focusing on horseback riding and horsemanship. Campers will be bussed to and from Windy Hill Stables. Riding, horsemanship, and grooming will be taught plus hands on demonstrations.

Sessions:

June 20-24

July 18-22

1-3pm

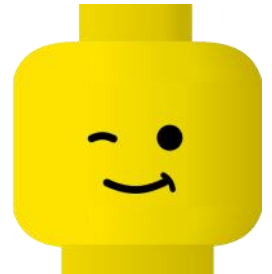
Cost: \$200 per week *limit 10 campers per session



LEGO CAMP

A 2 hour specialty camp that will focus on creative lego engineering skills. We will have daily and weekly age appropriate lego building challenges on individual and group level.

For campers 6 and older
(Pioneer and up)



Sessions: June 20-24 & July 18-22 10:30am-12:30pm

Cost: \$150 per week

ROCKETRY CAMP

A 2 hour specialty camp that will focus on all aspects of model rockets, from the construction phase to "take-off". For campers 8 and older.
(Trailblazer and up)



Sessions: June 20-24 & July 18-22

10:30am-12:30pm

Cost: \$150 per week



JCC CAMP DALEVILLE

A TASTE OF SUMMER AT OUR CAMP OPEN HOUSE & REUNION

Those that attended the recent Camp Daleville Open House & Reunion had a remarkable time playing capture the flag, swimming and just hanging out with summer friends. 23 more campers registered on the day of the event, 11 of which were brand new to camp! A big thank you is extended to Camp committee chair, Jen Novak and the members of the committee for making the event a big success!



SCRANTON BBYO

JCC SCRANTON BBYO CHAPTER HOSTS REGIONAL HAVDALLAH SERVICE, OVERNIGHT

On Saturday March 19th-20th, Scranton JCC chapter of BBYO hosted a "lock-in" overnight at the JCC, featuring teens from throughout Pennsylvania. BBYO teens from Scranton, Wilkes-Barre, Allentown & Binghamton attended the event.

Over 20 teens participated in activities. The program started with ice breakers, followed by celebrating the end of Shabbat with a Havdallah service. Activities included swimming, a game of messy twister, sports and more!

Special thanks to the Scranton BBYO Advisors Allie Abdullah and Tim Frank for making this event possible!



YOUTH PROGRAMS

UTA Karate- Join Masters Bob and Lorrie as they teach basics to advanced levels of Tang Soo Do on: Monday & Wednesdays. 6:15pm-7:15 age 7-15. & 7:15-8:15 age 15 and older.
Wednesday- Lil Dragons age 4-7 5:30-6:15
JCC members-\$50- 4 weeks & Non-members \$60- 4 weeks
Master Bob Straub : 570-357 -8313 Master Lorrie Raemsch-570-309-8674

Kids Yoga- Learn yoga and the art of inner peace with Mindy. Ages 4-12
Mondays @ 5 Tuesdays @ 5:15 Wednesday's @ 6pm.
Free to members & \$5 non members

Dance Expressions- Learn cool dance moves with Shavy! Participate in the dance recital at the end of May! **Wednesday's 4:15pm-5:15 (4-9) and 5:15-6:15 (10+)**
Free to members and non members

School's out programs- When school is out on National Holiday's the J has all day programming! Swim, Gym, Field trips, arts and crafts, science experiments and more!
Week Days from 8:30am-5:30pm. Ages 5-15.
JCC members \$30 per day \$25 sibling discount JCC non member is \$40 a day

Summer Camp- An 8 week summer camp held at Camp Daleville. It is on a 100 acre land with a 10 acre lake. It is for ages 4 (must be potty trained) to age 15. A camper attend 1 week, 4 week, or all 8 weeks. Camp Starts the 3rd week in June and ends the 2nd week of August. For more information visit Campdaleville.com or ask for Vince, Camp Director, or Tim Camp Program Director.

Healthy Cooking Club: Hungry and not sure what to eat? Try a healthy homemade snack! Kids ages 5-12 and their families. Sunday's from 4-5pm. \$5 per child for members and non-members. **MUST RSVP BY FRIDAY EACH WEEK!**
E-mail timothy@scrantonjcc.org or call 570-346-6595 ext.116

Youth Lounge- Come play table games such as, pool, air hockey, ping pong, and foose ball. You can also play on the Wii, arts and crafts projects and more. The area is meant for ages 7 and older unless the parent is in the building. The youth lounge is open from 3pm-6pm Monday-Thursday and Sunday's 10am -5pm. It is open to JCC members only.



The JCC of Scranton is a proud partner of the Scranton Area Moms of Munchkins (MOMS). MOMS is our preferred meet up group for stay-at-home moms and their children, and the JCC is delighted to be hosting MOM events 1-2 times per month. As a JCC member, if you've come to this looking to make friends for you and your child, you're at the right place. Meet other moms for friendship, advice, and most of all laughs. This group is geared for moms with kids up to age 5 mostly, with most events during the week, and some on weekends and evenings as well. Whether you work part time or not at all, all moms are welcome. There are lots of activities throughout the month, about 10-15 events on average, and there are playgroups for all ages. Events include Moms Night Outs, movie nights, and fun for the entire family including Dad. Come to a Moms of Munchkins event for friendship, reassurance, and fun. All are welcome so bring the kids! Through our partnership, the JCC of Scranton will serve as a home base for a number of programs and events (about 1-2 times a month). Annual program dues are \$25.00 per year and Scranton MOM families are entitled to receive 25% off a JCC membership (for new JCC members only). To join the Scranton Area Moms of Munchkins Visit <http://www.meetup.com/Scranton-Area-Moms-of-Munchkins-MOM/>



Dance Expressions!

with Shavy Schwartz

Dance your heart out!



*Free for members and non-members

WEDNESDAYS
DANCE EXPRESSIONS
Ages 4-9
4:15PM-5:15PM
Ages 10+
5:15PM-6:15PM



Healthy Cooking Club!

Kids ages 5-12 and their families
\$5 per child for members and
non members

Sundays from 4pm-5pm

Must RSVP by Friday each week!

Call 570-346-6595 or email
timothy@scrantonjcc.org to RSVP



JCC Youth Lounge is
open Monday-Thursday
3:30-6PM and All day
Sundays!

Arts & Crafts, Video gaming, board games,
and a whole lot more!!

Open to JCC members ONLY

JCC Youth Membership—\$140/yr



*Mondays 5:00pm
Tuesday's 5:15pm
Wednesdays 6:00pm*
Location: The Goodman Lounge
Instructor: Mindy Hill

FREE FOR JCC MEMBERS!
Or \$5 Drop In Fee

Birthday Parties at the JCC!

Swim, Sports or Themed Parties!

Book your child's next birthday party at the JCC!

Parties are for 2 hours, first hour is the activity and the second hour is in a party room.

WE DO ALL THE WORK!

The JCC will provide a party coordinator and lifeguards for pool parties. Party includes pizza, beverages, snacks and a birthday cake!

Rates:

Up to 12 children: \$180

Up to 15 children: \$210

Up to 20 children: \$240

More than 20 children: \$260

*Deposit is required; balance due at beginning of party

*Additional hour may be added to the party for \$25

Bounce House Party

Can be combined with a Swim or Sports Party Additional fee: \$40

Swim Party

1 hour of pool time can be scheduled Sundays 11am-1pm or 1pm-3pm

Sports Party

Basketball, Flag Football, Zumba, Amazing Games & more! Sundays 11am-1pm or 1pm-3pm



JCC of Scranton 601 Jefferson Avenue Scranton, PA 18510

Phone (570) 346-6595 ext. 116

SENIOR ADULT—APRIL 2016

Advisory Board
Mon. 4/4@ 10:30



Monday April 11@ 12:00
PASSOVER SEDER
See flyer for
details!!



Monday April 18 at 12:00
Join us for our Annual
Volunteer Appreciation
Luncheon!!
Enjoy Food, Fun And
Entertainment!



Monday April 18—10-12
Free Blood pressure screening



PASSOVER
NO MEALS
APRIL 25, 27, 28

Tuesday, April 12- 12:00-2:00
HOT DOG TUESDAY -All are Wel-
come!
Supervised Kosher-\$2.00-extras addi-

Wednesday, April 13 –12:30
LUNCH BINGO!!!
PRIZES!!!



TODAY IS
NATIONAL
SCRABBLE DAY!!
Join the game @ 1:15 in the
Goodman
Lounge

M₃

Q₁₀

SENIOR ADULT
Subsidized NYC Theatre Trip
Sunday, June 5

SEE FLYER for DETAILS
Tickets on Sale March 28



Wednesday April 20-12:30

APRIL IS
NATIONAL HUMOR MONTH
JOIN US FOR
QUIZ & PRIZES!!
TELL A FAVORITE JOKE!!



Senior Strength & Flex

What: The JCC has partnered with the University of Scranton's Exercise Science Department to evaluate and strength train seniors aged 60+.

When: Monday-Wednesday-Friday 11:00 am - 1 pm.

Instructors: U of S Students in the Exercise Science major.

Location: The Margolies Fitness Center.

Free to Senior Adults 60+

Please contact Joe Granza, Wellness Coordinator or Louise McNabb, Direct of Adult Services for more information or to schedule a time.





THE SENIOR CAFÉ AT THE 'J' ...
MONDAY, WEDNESDAY & FRIDAY 9:30AM
TO 11:00AM.

**ADULTS AGE 60+ ARE INVITED TO COME RELAX,
SOCIALIZE AND DISCUSS CURRENT EVENTS AT OUR
SENIOR CAFE ...**



**BRING YOUR FRIENDS! MEET NEW FRIENDS!
REFRESHMENTS !!**



**WE HAVE ADDED A COMPUTER
TO OUR SENIOR CAFÉ!!**

Lessons in basics will be scheduled as requested



**FREE BLOOD PRESSURE
SCREENING(S)**

The Visiting Nurse Association (VNA) will be onsite
offering blood pressure checks for anyone who would
like to participate. See schedule below.

Schedule

Monday, April 18

10AM-12PM



SENIOR ADULT WEEKLY ACTIVITIES



Bridge—Tuesdays at 1:00pm
 Mah Jongg—Mondays at 1:00pm –Thursdays at 1:00pm
 Rummikub—Wednesdays at 1:00pm
 Scrabble—Wednesdays at 1:00pm
Game Days! Game Days! Come Join the Fun!



The Senior Café AT THE 'J'...

Monday, Wednesday, Friday

9:30am to 11:00am

Adults age 60+ are Invited

to come relax, socialize,

discuss current events, and use the new
 computer at the Cafe ...

Bring your Friends!

Meet new friends!

REFRESHMENTS !!

Pool Arthritis Classes

Monday & Friday

11-11:45 am

Wednesday

10:30-11:15



OIL PAINTING CLASS



THURSDAYS from 9:00am-12:00pm

In the GOODMAN LOUNGE

COST: \$4.00 \$2.00 JCC Members

Class for age 60+



Exercise Classes

Monday

Movement 10:00am

Wednesday

Senior Yoga
9:30am

Healthy Steps
11:15am

Friday

Senior Yoga
8:45

Silver & Fit
9:30am

Zumba Gold
10:30am

PARSHA
with
RABBI SAKS
Monday
11:00-11:30am

Programs and Meals are funded, in part, under a contract with the PA Department of aging and the Lackawanna County Board of Commissioners through the Lackawanna County Area Agency on Aging.

What does the JCC have to offer Age 60+?

The Jewish Community Center Senior Center **

A variety of Programs available 5 days per week to all Lackawanna County Residents 60+ Hrs.-Monday-Thursday 8:30-6:00, Friday 8:30-2:00

Congregate meals

- Kosher lunches are served weekly on Mondays, Wednesdays, and Thursdays at noon offering a hot meal or Salad/ Sandwich alternate
- A free-will donation of \$2.00 for each meal is suggested.
- Bingo and Dinner - free-will donation of \$2.00 is suggested

Programs and Activities

- Interesting topics presented by knowledgeable speakers
- The Senior Café at the "J" Monday, Wednesday & Friday 9:30 – 11:00
- Healthcare tips –Weekly Parsha
- Arts & Crafts/Trips
- Volunteer Opportunities
- Community Holiday Celebrations and Special Events
- Instruction and friendly games of Mah Jongg, Rummikub & Scrabble

Arthritis Water Exercise Classes

- Work through a wide variety of exercises designed to increase flexibility, range of motion, and strength.
- Must pre-register with the JCC Aquatics Director at 346-6595 ext. 117
Days: Monday & Friday 11:00-11:45am Wednesday-10:30-11:15am
A free will suggested donation of \$2.00 per class

****Funded under a contract with the Pennsylvania Dept. of Aging and the Lackawanna County Board of Commissioners through the Lackawanna County Area Agency on Aging**

The JCC Senior Adult Membership

Membership is only \$100 per year and includes:

- Limited membership to the JCC which includes--
Use of fitness center & pool-10-12 Wednesdays
- Discounts on trips such as The Sands Casino, Shawnee Playhouse and Dinner, Villa Roma Resort in the Catskill Mts., Broadway, McDade Park and Camp Daleville.
- Instruction and friendly games of Bridge
- Book Group and Discussion

Exercise classes

- Zumba Gold, Healthy Steps, Movement, Silver & Fit and Senior Chair Yoga
- Above Classes Included in Senior Adult membership -\$8.00 drop-in fee per class for non-members

SENIOR LUNCHEONS – APRIL 2016

<u>MONDAY 4/4</u> SALISBURY STEAK GRAVY PARSLIED POTATOES ITALIAN GREEN BEANS ALT: EGG SALAD	<u>WEDNESDAY 4/6</u> SWEET & SOUR CHICKEN SEASONED RICE PEA PODS ALT: CHEF SALAD	<u>THURSDAY 4/7</u> CHICKEN VEGETABLE SOUP ROAST BEEF W/GRAVY HONEY ROASTED POTATOES ASPARAGUS ALT: EGG SALAD
<u>MONDAY 4/11</u> PASSOVER SEDER CHICKEN POTATO KUGEL BROCCOLI CAKE ALT: TUNA SALAD	<u>WEDNESDAY 4/13</u> CANNELI BEAN SOUP MACARONI & CHEESE STEWED TOMATOES TOSSED SALAD/DRESSINGS ALT: CHEF SALAD	<u>THURSDAY 4/14</u> BEEF VEGETABLE SOUP ROAST TURKEY W/GRAVY STUFFING CRANBERRY SAUCE PEAS ALT: EGG SALAD
<u>MONDAY 4/18</u> CREAM OF CAULIFLOWER SOUP BAKED SALMON RED POTATOES LIMA BEANS ALT: EGG SALAD	<u>WEDNESDAY 4/20</u> LENTEL SOUP BAKED ZITI TOSSED SALAD/DRESSINGS ALT: CHEF SALAD	<u>THURSDAY 4/21</u> TURKEY SALAD POTATO SALAD COLESLAW ALT: EGG SALAD
<u>MONDAY 4/25</u> PASSOVER NO MEAL	<u>WEDNESDAY 4/27</u> PASSOVER NO MEAL	<u>THURSDAY 4/28</u> PASSOVER NO MEAL



Scranton JCC
 601 Jefferson Avenue
 Scranton, PA 18510
 (570)346-6595



PASSOVER SEDER

Led By RABBI DOVID SAKS

MONDAY, APRIL 11th 12:00pm

Menu:

Chicken
Potato Kugel
Broccoli
Cake

RSVP by Thurs. April 8th, ext. 100



IN THE COMMUNITY...

Klezmetics to appear at Wyoming Seminary in April

The world-renowned stars of klezmer music, The Klezmatics, will bring their infectious, catchy tunes to Northeastern Pennsylvania in April, when they perform at Wyoming Seminary Upper School.

The band will appear on Tuesday April 12 at 7:30 p.m. in the Sem Kirby Center for Creative Arts, North Sprague Avenue, Kingston. Tickets are \$10 and are available online or at the door.

Visit www.wyomingseminary.org/klezmatics to order tickets online or call 570-270-2192 for information.



Free Skin Cancer Screening



Are you at risk?

If you have freckles; light skin, hair, or eye color; or if you have a family/personal history of skin cancer, you may be at risk. Also, if you have had chronic exposure to sun, a lot of sunburns early in life, or have a large number of moles, you may be at risk.

- One in five Americans will develop skin cancer in his or her lifetime.
- One American dies of melanoma every hour (every 52 minutes).

Don't wait...early detection is the key to treatment!

Don't miss this convenient, FREE, and possibly life-saving skin cancer screening with a dermatologist!

Please call 570-207-3683 TODAY for an appointment

Appointments are limited so call or email to reserve your screening with a dermatologist!

Who: The Dermatology Interest Group at
The Commonwealth Medical College

What: Free Skin Cancer Screening

When: Saturday, April 16th from 9am-12pm

Where: The Commonwealth Medical College
525 Pine Street
Scranton, PA 18509

How: Call (570) 207-3683 OR
Email TCMCderm@gmail.com

The Commonwealth Medical College is committed to non-discrimination in all employment and educational opportunities.

CONTRIBUTIONS

The minimum price for a contribution card is \$10. Contributions may still be made by calling (570)346-6595, ext. 100. May the days ahead bring you and your loved ones occasions of joy, honor, and celebration.

BRUCE SCHOENBERG FUND

IN MEMORY OF YOUR MOTHER
EDITH
(MRS ELIZABETH CACIOPPO)
ELLIOT SCHOENBERG

BEN SPIZER MEMORIAL FUND

IN MEMORY OF MARY STOKES
(JOSEPH STOKES & FAMILY)
RACHELLE & HOWARD SPIZER

LEON KAPLAN PARENTING CENTER FUND

IN HONOR OF YOUR SPECIAL
BIRTHDAY
(ROBERT FEIBUS)
MARGERY & PAUL ROSENBERG

BRUCE LEWIS GELB ENDOWMENT FUND

IN HONOR OF YOUR BIRTHDAY
(DR & MRS JONATHAN SULLUM)
AUNT RUTH & ROB

FOR A SPEEDY RECOVERY
(RUTH GELB)
MILDRED WEINBERG

STEVEN BRUCE ARENBERG JEWISH CULTURAL YOUTH TRAVELS MEMORIAL FUND

IN MEMORY OF YOUR BELOVED
WIFE & MOTHER
(LEWIS SARE)
HARLENE ARENBERG

STEVEN BRUCE ARENBERG JEWISH CULTURAL YOUTH TRAVELS MEMORIAL FUND

IN MEMORY OF STEVEN
(HARLENE ARENBERG)
MARY F RINALDI

BUILDING FUND

IN MEMORY OF DORA
(SHELLEY ROSENBERG & JOHN
VENESKI)
JOANNE & CHET JEZERSKI

IN MEMORY OF DORA
(PAULA GINSBURG LEVIN)
JCC STAFF

IN MEMORY OF YOUR BELOVED
WIFE
(LEWIS SARE)
JCC STAFF & BOARD OF
DIRECTORS

IN MEMORY OF YOUR
SISTER DAWN
(MRS DIANE COFFEE &
FAMILY)
MICHAEL & GAYLE GREENSTEIN

IN MEMORY OF DORA
(SHELLEY ROSENBERG &
FAMILY)
MRS THOMAS SACK

IN MEMORY OF DORA
(SHELLY ROSENBERG &
FAMILY)
SHEELEY'S DRUG STORE, INC

BUILDING FUND

IN MEMORY OF YOUR WIFE
GERRY
(MR LEWIS SARE & FAMILY)
MICHAEL & GAYLE GREENSTEIN

GUS AND LENA WEINBERGER ACADEMIC SCHOLARSHIP FUND

IN MEMORY OF YOUR FATHER
(MRS NANCY WEINBERGER)
REISEL & ELLIS WEINBERGER

SCOTT AND STEVEN TEPER EDUCATIONAL FUND

IN MEMORY OF GERRY
(LEWIS SARE & FAMILY)
TOBY & ALAN TEPER

ROSENSTEIN FUND

IN MEMORY OF GERRY SARE
(LEWIS SARE)
BONNIE & PHILIP[ROSENSTEIN





Non-Profit
Organization
U. S. Postage
PAID
Scranton, PA

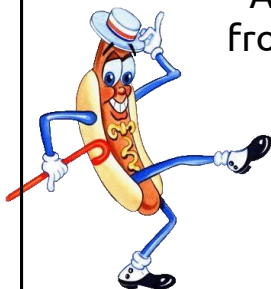
601 Jefferson Avenue
Scranton, PA 18510

ADDRESS SERVICE REQUESTED

Hot Dog Tuesdays at the JCC!

Join us once a month at the JCC
for Hot Dog Tuesday!

Our next Hot Dog Tuesday is
April 12th, 2016
from 12:00-2:00PM



****supervised kosher****
\$2.00

PROUD TO SPONSOR



We are pleased to offer members of the JCC of
Scranton the exclusive opportunity to purchase a
new Toyota or Scion at our manufacturer's invoice
price. Just reference this ad at the time of purchase.



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