



*SAGE Upstate/ArtRage
Valentines Day Dance
with the Nines!
more on p. 9*

Sage Upstate News

March 2015, Volume 19, #3

Services and Advocacy for GLBT Elders
in Cayuga, Cortland, Jefferson, Madison,
Oneida, Onondaga and Oswego Counties

Potlucks This Month

Syracuse 2nd Sunday: 3-8

BYOYB! Bring your own year book or high school senior photo to the potluck this month. We'll have a panel of SAGERS tell us about life around the time they graduated, and will invite others to speak. Guessing game: will others recognize you in your year book? 2nd Floor Ballroom, 431 E. Fayette St. in Syracuse. Social time: 3 pm, Program: 4 pm, Dinner: 5pm

Cortland Potluck: 3-5

New Location: Grace and Holy Spirit Episcopal Church, 13 Court Street in Cortland 5:00 pm. Fun and socializing

Oswego Potluck: 3-22

To be held at Trinity Methodist Church, 45 E. Utica St. in Oswego. 2:00 pm. Mingling, games, and a potluck.

Utica Potluck: 3-14

To be held at Utica Unitarian Church, 10 Higby Rd. in Utica. 5:00 pm. Potluck and social time with cards and table games.

**Please bring a dish to pass
if you are able.**



Annual Meetings/Board Election Issue

Inside, find information on our four Annual Meetings in April, biographies on the slate of board candidates, current board members, and outgoing board members. **Also enclosed: A ballot to cast your vote.**



SAGE Upstate **Onondaga County
Department of Aging**

Health Fair Thursday, March 19, 11am - 2pm

SAGE Upstate is teaming up with the Onondaga County Department of Aging to bring you a health fair this month. The event, held in the 2nd Floor Ballroom at 431 E. Fayette Street, will feature exhibits and health screenings, a "Bite Into A Health Lifestyle" presentation, a Tai Chi demonstration, a healthy chocolate dessert demonstration, and lunch will be provided. It's all free and gift bags are included.

Please reserve your spot today, by calling Allison Lawson at 315-435-2362. The deadline for reservations is Friday, March 6.

SAGE Upstate News is published monthly by the staff of SAGE Upstate for aging lesbian, gay, bisexual, transgender, and questioning persons and their allies in Central New York.

SAGE Upstate Board:

Willard Doswell, Chair
Christopher Griffith, Vice-Chair
Gretchen Barfoot, Treasurer
Lynne Arnault, Recording Clerk
Arlene Ahl
Forrest Antrum
Ron Baldwin
Dori Colvin
David Dickinson
Frank Forward
Rene Hunter
Mallory Livingston
Judy Papenfus
Steve Simon
Paul Sweet
Akosua Woods

SAGE Upstate Staff:

Executive Director:

Kim Dill

Office/Volunteer Manager:

Barbara Johnson

Program Assistant:

Hannah Radcliff-Hoy

SAGE Upstate is a not-for-profit organization that promotes the health and well being of lesbian, gay, bisexual, transgender and questioning people in Central New York as they age. SAGE Upstate receives funding from members and donors. Additional funding has been received from the New York State Department of Health, the Central New York Community Foundation, the Gifford Foundation, and SAGE USA. SAGE Upstate board meetings are open to the community, and copies of the Annual Report are available upon request.

This April, we invite all SAGE Upstate members to participate in the organization's annual meetings. To keep SAGE more engaged in the entire region we serve, we are holding four annual meetings at our potluck dinners in Cortland, Oswego, Utica and Syracuse. In addition to dinner and socializing at these gatherings, SAGE staff will present the organization's annual report. This is a great opportunity to learn more about SAGE, where we have been, where we are now and where we are going in the future. We hope to see you at one of these dinners.

SAGE Upstate Annual Meeting Dates/Locations

Cortland: 4/9, 5 pm, LGBT Resource Center, 73 Main St.

Oswego: 4/26, 2 pm, Trinity Methodist Church, 45 E. Utica St.

Syracuse: 3 pm, 4/12, 431 E. Fayette St.

Utica: 4/11, 5 pm, Utica Unitarian Church, 10 Higby Rd.

April is also the month when terms begin for SAGE Upstate board members. In this issue you can learn more about those who serve on this important team as well as those who are completing their terms on the board. Board members serve up to two consecutive two-year terms.

Please take the time to get to know your board members and slate of candidates. Many are people you may have already met and some are new to the current board. Your input in the development of the board is valuable. On page 11 you will find a ballot which you can mail to SAGE or bring it to one of the potlucks listed above (Ballots will also be available at the potlucks.)

SAGE by-laws require that best efforts are made to achieve a gender balance as well as identify board members who possess the skills necessary to conduct the business of the organization. We believe this year's slate of candidates reflects these priorities. By-laws also require that SAGE members be given the opportunity to vote for write-in candidates. Space is provided on the ballot for this purpose. You may vote for any six candidates, including write-ins.

This April we will also say good-bye to people who are completing their board terms. Their belief in the mission of SAGE Upstate, along with their commitment and hard work have made a major difference in the success of our programs and services. We thank them for their service as board members.

We hope that you will continue to take an active part in keeping SAGE strong and meaningful to the CNY community. You can do this by contributing to board activities and projects, attending a board meeting whenever you would like to, and by participating in this current board election process. Please send any thoughts and ideas you may have, and join us at one of the SAGE Upstate pot-lucks this April. --Willard Doswell, on behalf of the board of SAGE Upstate.



Meet the Slate: 2015 SAGE Upstate Board Candidates

Michael Aman

A retired registered nurse, Michael is a graduate of Corning Community College with advanced study at Elmira College. Specializing in postsurgical, rehabilitation and hospice nursing, he was employed by St. Joseph's Hospital in Elmira for 13 years before moving to Syracuse where he was a nursing supervisor at Loretto from 2001 to 2013. Michael has also been a member of the Syracuse Gay and Lesbian Chorus. Recently he has been involved in the start-up of the Sage Shares programs providing outreach and support to the SAGE community.

Ann Badger

Ann has been a part of SAGE Upstate from the beginning. As a past board member she helped to develop much of the structure SAGE has been built on. Now, returning to the board, she brings her years of mental health experience along with a desire to help in growing and maintaining "safe places" with programs and services for each county we serve. Ann is also committed to strengthening the fiscal base of SAGE. She and her partner Nancy Johnson have been together for 40 years and raised 3 daughters. Now a grandmother of four, Ann says she would find it an honor to serve on the SAGE board again.

Willard Doswell

Willard has served for the past two years as board chair. He has been involved in the Central New York LGBT community for more than 30 years. A past board member for AIDS Community Resources and a current board member for Friends of Dorothy AIDS hospice in Syracuse, Willard also served on the

SAGE board from 2004-2008 when he worked on SAGE'S opening of the drop in center and in increasing diversity in SAGE activities. Recently retired from a career of staging events for corporate and non-profit clients, he also works with Jail Ministry as a screener and advocate in the Justice Center.

Nancy Gwyn

A woman of the Nebraska prairie and of the Finger Lakes, Nancy spent half her life in each region. She taught English and Social Studies in Lincoln, Nebraska and at Corcoran High School in Syracuse. A second career led her into the business world in human resources, job training and project management. Nancy has long been involved in Plymouth Church, U.C.C. in downtown Syracuse. She has also served as an officer and board member of ACTS/ Alliance of Communities Transforming Syracuse. As a regional and national board member of Witness for Peace, Nancy organized and led several delegations to Latin America and the Caribbean. She was a prisoner of conscience for six months as a result of her solidarity work. Nancy is married, a mother and grandmother.

Mallory Livingston

Mallory has been a transgender activist from 1990-1993 and 2010 to the present. She helped form the Transgender Alliance of Central New York. Currently she is a group youth facilitator at the Q Center, group leader for the Transgender Alliance and member of the Citizens Review Board. Being a trial lawyer for 22 years, Mallory is considering joining the board of the NYCLU. She has two teenage children and has called Syracuse home since 1989. Mallory feels SAGE is like a second home and is committed to help carry out its mission.

Al Oram

Al is a former caseworker with Social Services and was a supervisor for 20 years working in Home Care and Adult Protective Services. He was also did "Diversity in the Workplace" training with the National Coalition Building Institute. He received the YWCA Academy of Diversity Achievers award for that work. A former SAGE board and outreach committee member, Al is a participant in a SAGE men's support group along with other men's support programs and peer to peer counseling. He has said that SAGE keeps us connected at a time in our lives when we could easily isolate ourselves. "SAGE helps us notice our continuing ability to be playful, to learn and to have meaning in our lives".

See Page 10 - 11 for bios on current board members and goodbyes to outgoing board members. You'll also find a ballot on page 11 to cast your vote. Please mail to SAGE Upstate, 431 E. Fayette Street, Syracuse, NY, 13202. Or, bring it to one of our Annual Meetings. Cortland: 4/9, Oswego: 4/26, Syracuse: 4/12, Utica: 4/11

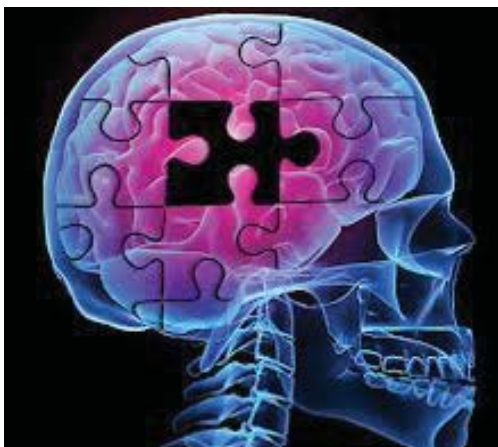
Our Community Responds: Alzheimer's Basics

Notes on the February SAGE presentation with Melinda Sobrado, Alzheimer's Association

In each issue we profile a local professional dealing with issues that affect our community. Melinda Sobrado made a "Dine and Discuss" presentation at SAGE last month, and what follows are the major points she covered about this important issue.

What is dementia?

Dementia is not a specific disease. It's an overall term that describes a wide range of symptoms associated with a decline in memory or other thinking skills severe enough to interfere with daily functioning. Alzheimer's disease accounts for 60 to 80 percent of cases. Vascular dementia, which occurs after a stroke, is the second most common dementia type. But there are many other conditions that can cause symptoms of dementia, including some that are reversible, such as thyroid problems and vitamin deficiencies. Dementia is often incorrectly referred to as "senility" or "senile dementia," which reflects the formerly widespread but incorrect belief that serious mental decline is a normal part of aging.



What is Alzheimer's?

It is a progressive brain disease with no cure, which affects 5 million Americans. There are 100 billion nerve cells, or neurons, in the brain creating a branching network. Signals traveling from neuron to neuron form memories, thoughts, and feelings. Alzheimer's Disease destroys neurons.

Who is at risk?

The primary risk factor for Alzheimer's is age. The incidence is higher among women, as women live longer than men. Family history can increase risk. But Alzheimer's is not just a disease of old age. Up to 5 percent of people with the disease have early onset Alzheimer's (also known as younger-onset), which often appears when someone is in their 40s or 50s.

How can we distinguish typical memory changes from those that warrant more attention?

Typical Age-Related Changes

- ▶ Making a bad decision once in a while
- ▶ Missing an occasional monthly payment
- ▶ Forgetting what day it is and remembering later
- ▶ Sometimes forgetting which word to use
- ▶ Losing things from time to time

Problematic Changes

- ▶ Memory changes that disrupt daily life
- ▶ Challenges in planning or solving problems
- ▶ Difficulty completing familiar tasks
- ▶ Confusion with time or place
- ▶ Trouble with visual images or spatial relationships
- ▶ New problems with words in speaking or writing
- ▶ Misplacing things, losing the ability to retrace steps
- ▶ Decreased or poor judgement
- ▶ Withdrawal from work or social activities
- ▶ Changes in mood and personality

Many people have memory loss issues -- this does not mean they have Alzheimer's

There are many different causes of memory problems. If you or a loved one is experiencing troubling symptoms, visit a doctor to learn the reason. Some causes of dementia-like symptoms can be reversed.

If you have concerns, talk to your doctor.

Bring with you:

- ▶ A list of symptoms, when they began, and how frequently they occur
- ▶ A list of past and current medical problems
- ▶ Information on other family members who may have had illnesses that caused memory problems
- ▶ A list of all medications you are taking -- both over-the-counter and prescriptions

See what the local Alzheimer's Association offices have to offer on the next page.

alzheimer's association

Local Alzheimer's Association offices offer many services for people affected by the disease. See below for a list of numbers for offices in our area.

Information Services: Callers to the 24-hour helpline at 800-272-3900 can get info on dementia, Alzheimer's, support groups, assistance during times of crisis, and other resources.

Care Consultations: These meetings with dementia experts help people and families solve immediate problems and plan for the future. Safety services, such as Medic Alert, are available if wandering is an issue.

Support Groups: These meet regularly for people affected, families, and caregivers.

Web Site: Alz.org offers a wide variety of education and support resources.

Local Offices:

Auburn: 315-294-1691
Cortland: 607-289-4098
Oswego: 315-596-4016
Syracuse: 315-472-4201
Utica/Rome: 315-617-4025
Watertown: 315-782-8755

Advertise in the SAGE Upstate News!

Listings starting at \$20/month
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For more info: 315-478-1923 or
kdill@sageupstate.org



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FRIENDS of DOROTHY

A Catholic worker house



The Friends of Dorothy House supports people with HIV/AIDS by offering home-based care, including recuperative or hospice care, supportive housing, and emergency assistance. None of their guests are charged for services. The effort is supported by individual donations and fund-raising events.

How can you support Friends of Dorothy House?

Attend their monthly pasta dinners, now in a new location: the Harrison Center, next to All Saints Church at 112 Lancaster Avenue in Syracuse. Donations of any amount are accepted at the door. The dinners are held on the 4th Wednesday of each month at 5:00 pm

MARCH 2015

Unless otherwise noted, programs meet at the SAGE Upstate Center, 431 E Fayette St, Syracuse

"Too much sun after a Syracuse winter does strange things to your head, makes you feel strong, even if you aren't." --Laurie Halbe Anderson, Speak

SUN **MON** **TUE** **WED** **THU** **FRI** **SAT**

1

6 pm: Monday Men's Group -support group for men, now full

2

6 pm: Yoga

3

4

Noon: Open Al-Anon Meeting
5:30 pm: Writers group -- all levels
7 pm: Knitters and needlecraft

5

4 pm: Open Women's Support Group
5 pm: SAGE Potluck in Cortland @ Grace and Holy Spirit Episcopal Church, 13 Court Street, Cortland. Bring a dish if able.

6

3 pm: 3 O'Clock Pie, a social with pie!

7

8

3 pm: 2nd Sunday Potluck in Syracuse --BYOYB (see front page). Bring a dish to pass if you are able

9

6 pm: Monday Men's Group -support group for men, now full

10

10:30 am: Open Men's Peer Support Group
4 pm: SAGE Shares Group
6 pm: Yoga

11

Noon: Open Al-Anon meeting
5:30 pm: Writers group -- all skill levels
7 pm: Knitters and needlecraft

12

4 pm: Open Women's Support Group

13

6:30 pm: Uzuri for older GLBT People of Color

14

5 pm: SAGE Potluck in Utica @ Utica Unitarian Church, 10 Higby Rd. Bring a dish, if able.
7 pm: Trans Social,

15	16	17	18	19	20	21
	6 pm: Monday Men's Group -support group for men, now full	4:30 pm: Oil Painting-- all levels of painters welcome 6 pm: Yoga	Noon: Open Al-Anon meeting 5:30 pm: Writers group -- all skill levels 7 pm: Knitters and needlecraft	11 am: Health Fair, co-sponsored by Onondaga office of Aging, and lunch provided by Laci's Lunchbox 4 pm: Open women's support group	6:30 pm: Men's Night Out-- join SAGE Men for a night of games, conversation, and pizza in the SAGE center	7 pm: Trans Social,

22	23	24	25	26	27	28
2 pm: SAGE Potluck in Oswego. Bring a dish, if able.	6 pm: Monday Men's Group -support group for men, now full	10:30 am: Open Men's Peer Support Group 4 pm: SAGE Shares 6 pm: Yoga	Noon: Open Al-Anon meeting 12:30 pm: 60+ Luncheon-- Call for loc. 5:30 pm: Writers group -- all skill levels 7 pm: Knitters and needlecraft	4 pm: Open Women's Support Group	6 pm : Socials meet-up-- let us know what you would like to see for socials. Games and dinner provided	

29	30	31
	6 pm: Monday Men's Group -- Full support group for men	6 pm: Yoga



We need greeters and lunch helpers for the health fair on 3/19

Help us mail out the newsletter at the end of the month

Many people need rides to SAGE -- can you help?

If you can help, contact Barbara at 478-1923 or bjohnson@sageupstate.com.

Syracuse Area

▷ **Welcome back Friends of Dorothy Dinners!** These fabulous pasta dinners which benefit the Friends of Dorothy AIDS Hospice are now back and meeting in a new space. Join them on the 4th Wednesday of every month at the Harrison Center, next to All Saints Church, at 112 Lancaster Avenue. Parking is ample and the building is handicapped accessible. Donations are accepted at the door, suggested range is from \$0 to a million dollars.

▷ **Interested in joining the Syracuse Gay and Lesbian Chorus?** Attend the welcoming pizza dinner and first rehearsal on March 2, 6:30 pm, at Plymouth Church, 232 E. Onondaga St. in Syracuse. The chorus is preparing for their Spring concert, *Wonderful World*, which is set for May 29 & 30. For more info: <http://www.syrqlc.org>.

▷ **CNY Pride** will hold a **Craft Festival** on Saturday, April 18, 10 am - 4 pm, at First English Lutheran Church, 501 James St. in Syracuse. Come early for a Pancake Breakfast 8:30 am -- noon. For more info: www.cnypride.wix.com.

Oswego Area

▷ **SAGE Oswego Potluck:** 3/22 (4th Sunday). Trinity Methodist, 45 E. Utica St in Oswego. Group activities and games. Please bring a dish to pass if you are able.

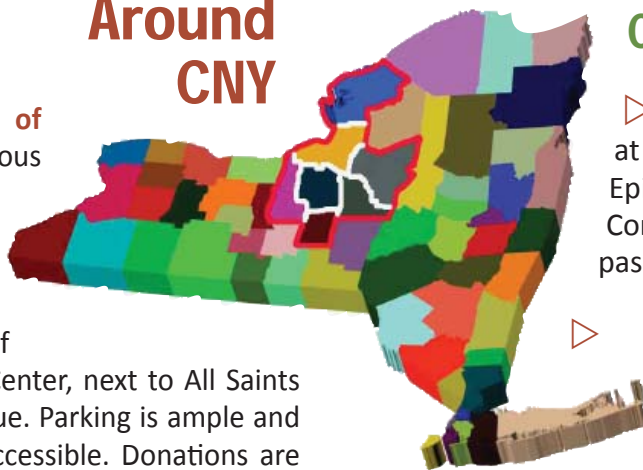
▷ You can find **Oswego Pride** - the group that coordinated the first Oswego Pride March and Festival -- online at www.oswegopride.com.

▷ **PFLAG Oswego** -- support for friends and family of LGBT People -- meets Wednesday, 3/11, 7 - 9 pm, at Midtown Plaza. For more info: 315-342-7532 x 1603 or ddaby@oco.org.

▷ **Oswego Trans Group** meets monthly. For info/location/dates contact 315-342-7532 x 1603 or ddaby@oco.org.

▷ **The Coffee Connection**, 148 Water St. in Oswego, is a great, LGBT-affirming place to meet and hang out. Check them out on Facebook.

Around CNY



Cortland Area

▷ **SAGE Cortland Potluck**, 3/5 at 5 PM at Grace and Holu Spirit Episcopal Church, 13 Court St. in Cortland. Please bring a dish to pass if you are able.

▷ **Groups meeting in the Cortland LGBT Resource Center:** Men's Peer-led Social Group, 3rd Wednesday, 6 pm; LGBT Youth Peer-led Social Group, 2nd Wednesday, 6 pm. 73 Main St., Cortland. For info: 607-756-8970 x1.

Utica Area

▷ **SAGE Oswego Potluck:** 3/14, 5 pm at the Unitarian Church, 10 Higby Road -- and this month, the potluck will be followed by game tables and socializing.

▷ **The Allied Utica Men's Potluck** is held monthly on the 3rd Sunday. For location/information, contact Allied_UP@hushmail.com or call Malcolm at 315-404-7866.

▷ **Gay AA meetings** are held at the Utica Unitarian Church at 10 Higby Rd. on Fridays, 7 - 8 pm.

▷ **The Tramontane Cafe** is a welcoming and affirming place for LGBT people to gather, at 1105 Lincoln Ave. For more info check facebook or phone at (315) 732-8257.

Auburn Area

▷ **Medicare Basics Workshop -- Unbiased information.** 3/19, 1-3 pm at the Cayuga County Office Building. Free workshop for Cayuga County residents approaching Medicare enrollment or already enrolled. Covers original Medicare; Medicare Advantage and Part D prescription coverage; preventive benefits; supplemental insurance and EPIC; costs, co-pays and deductibles; and assistance to help low income beneficiaries. Registration is required. Info/registration: 315-253-1226, or visit www.cayuga-county.us/aging under the News & Activities section.

Watertown Area

▷ **Coming in Spring: SAGE Watertown Monthly Potluck.** Details next month.

Valentine's Dance





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SAGE Upstate Board Members Currently Serving Terms

Arlene Ahl: As a SAGE board member for the past year, Arlene has been instrumental in the developing and leading the Sage Shares program, and has served on the outreach committee. Arlene was on the board from 2008 - 2012 serving as Vice Chair. She brings to SAGE experience in grant writing, workshop creation, facilitation and networking with other like-minded agencies. Arlene resides in Liverpool and maintains a private therapy practice.

Gretchen Barfoot: Gretchen serves as the board treasurer. She is currently working on review and development of SAGE Programs. A Syracuse resident since 1971, she worked several years in retail management and developed programs for youth organizations. As a CPA she worked in public accounting firms for 15 years, retiring in 2011. As a Girl Scout leader for 20 years, she worked with urban junior and senior high school girls in self-esteem building programs. Gretchen enjoys hiking, paddling, cross country skiing, snowshoeing, reading and healthy cooking.

Dori Colvin: During her first year on the board, Dori established the Utica potluck dinners which draw large and enthusiastic crowds each month. This work is a major step forward in making SAGE resources and programs available to the Utica LGBTQ community and beyond. An experienced Sign Language Interpreter, she also works with adults who have developmental disabilities and people with mental health diagnoses.

Frank Forward: Frank has been a familiar and friendly face at Sage and an active and supportive community member for many years. As both a volunteer and participant in many of the groups that this organization offers, Frank is known for making many contributions to SAGE in his own effective and quiet way. Frank is now retired after 36 years at Syracuse University's Bird Library and resides in the Westcott Area of Syracuse.

Christopher Griffith: Christopher serves as Vice Chair and has been on the board for three years. In addition, he has overseen the Events Committee and is an active participant in the Executive Committee of the board. He currently works as a clinical social worker in the mental health clinic at ARISE Child and Family Services. Christopher provides mental health therapy to individuals of diverse ages, genders, races and socioeconomic backgrounds.

Judy Papenfus: Judy has served for three years on the board as a member of the Finance and Board Development committees. She was also the chair of the Second Annual Community Dinner committee in 2014. Born and raised in Syracuse, she was previously employed at Community General Hospital in their Biomedical Engineering Department. Since 2000, Judy has been working for Lockheed Martin Mission Systems and Sensors as a RF Radar Systems Integration and Test Technician.

Stephen Simon:

Stephen has served on the SAGE board for the past year and two previous terms. He is currently leading a development initiative with a focus of community building and fundraising. Much of Stephen's interest at Sage has been in the area of outreach. He has been very active in several SAGE activities and in the work of the SAGE Shares group. He is recently retired after a 42 year career in the field of disability services as Director of the Offices of Disability Services at Syracuse University and Wright State University in Dayton, Ohio.

Current Board Members cont'd next page

Pictured top to bottom: Barb Genton and Will Doswell; Rene Hunter and Christopher Griffith; Dori Colvin; Ron Baldwin; Akosua Woods (standing); Steve Simon and Michael Aman, Lynne Arnault



Paul Sweet: Over the past year on the SAGE board Paul worked with the Community Dinner fundraiser helping to make that evening a success. He is currently involved in a working group formed to review SAGE programs and make recommendations for further development. A creative problem solver, Paul often lends a hand at SAGE events and programs demonstrating a commitment to the work of the organization and its members.

Akosua Woods: As a former Board Member Akosua served as Recording Clerk, and is currently the coordinator of both the Uzuri and Writers Group. She is also serving as chair of the Board Development committee and a member of the outreach committee. An experienced investigator with the NYS Division of Human Rights, Akosua also finds time to be a member of the Unity of Syracuse Celebration team.

Saying Goodbye: Outgoing Board Members

Forrest Antrum: A SAGE member and volunteer over 12 years, Forrest is completing his second consecutive term on the board. He is active with both Uzuri and the Knitting group, and can be seen during potluck dinners and special events as a part of the clean up crew, happy with whatever tasks the committee assigns. We thank him for his contributions as a dedicated board member and look forward to his involvement in many SAGE programs in the future.

Lynne Arnault: As Secretary, Lynne has served on the Executive Committee throughout her term. She is a member of the Le Moyne College faculty. As the co-founder and director of the Gender and Women’s Studies Program she has gained insights on working with LGBT students, writing the college’s sexual and gender harassment policy, planning events for Women’s History Month, and serving on the Race Relations Committee. Her background and her belief in SAGE’s mission have made her a valuable addition to the board.

Ron Baldwin: Ron is completing his final year as a board member, where he served as Vice Chair from 2012-2013. A tireless worker, Ron has organized numerous SAGE projects from Movie Nights and Dine Out programs to Dance, Potluck and Picnic events. He can often be seen helping in many ways around the office. Ron also records our newslet-

ter for distribution to the visual impaired and for inclusion on SAGE’s website. A retired educator and longtime member of SAGE as well as the Syracuse Gay and Lesbian Chorus, Ron is as asset to every aspect of this organization and we look forward to his continued involvement, his energy, and his steady and constant good will.

David Dickinson: David joined in 1999 when SAGE was just 4 years old, and served as board treasurer from 2001-2003. For the past two years he has been back on the board where he participated in the expansion of SAGE programs and services throughout the Central New York region through his service on the outreach committee. We thank David, not only for his current participation on the board, but also for his commitment to the mission of SAGE for more than 15 years.

Barb Genton: Barb has served multiple board terms and multiple terms as chair. This past term, Barb was an ex-officio board member and continued her leadership with the orga-

nization in many ways. She secured a “Justice Witness” grant from Plymouth Church to hold the “Healthy Eating” series, she participated in the development of the SAGE Shares program, and most recently she is chairing a workgroup tasked with reviewing and supporting SAGE programs. Her contributions to the organization are too numerous to list and we know that her work has in large part kept SAGE vibrant and relevant and growing. We thank Barb and know we will continue to benefit from her positive vision and energy.

Rene Hunter: A graduate of LeMoyne College and Syracuse University graduate, Rene is a licensed social worker. She brought many skills and talents to the board over the past two years. She was recently involved in the creation and development of a successful new social program – 3 O’Clock Pie, and was instrumental in the 2014 Annual Community Dinner fundraiser which broke records in attendance and fundraising while strengthening ties within the LGBTQ and Allies communities. Her enthusiastic and creative contributions to the board will be missed.

Ballot

Please vote, by placing an “x” in the space, for up to a total of 6 (six) candidates, including write-ins, to serve on the Board of Directors for a two-year term.

- | | |
|--|---|
| <input type="checkbox"/> Michael Aman | <input type="checkbox"/> Nancy Gwyn |
| <input type="checkbox"/> Ann Badger | <input type="checkbox"/> Mallory Livingston |
| <input type="checkbox"/> Willard Doswell | <input type="checkbox"/> Al Oram |

Write-Ins:

.....

.....

Mail to SAGE Upstate, 431 E. Fayette St, Syracuse, NY 13202 or bring to potluck by 4/26/15



431 E. Fayette St. Suite 050
Syracuse, NY 13202

Address service requested

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Clip this ballot to participate in the 2015
election of SAGE Upstate Board Members!
See inside.