

STRESS

Research by the American Medical Association has found that stress is a major factor in 75% of all illnesses, including heart disease, cancer, diabetes stroke, emotional disorders, and premature aging. This alarming finding underscores the urgent need to deal with this debilitating problem. And it begs the question:

Q. If all the stress remedies out there are so effective, why is everybody still stressed out?

A. Because they only relieve your stress temporarily!

Stop wasting your time and money treating just the symptoms of stress.

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"Stress tips? Fantastic! More like practical wisdom for living. They have helped to streamline life, refocus on priorities, endorse my humanity, appreciate diversity, accept my limitations, welcome beauty, question status quo, challenge norms, and regain composure when the frenzy of busy-ness escalates!"
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London, UK

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"I work full-time and do a lot of volunteer work afterwards. The stress tips help keep me level in my very busy life! Thanks for supplying these great strategies for living!"
—Del Cleek
Jasper County, IN

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"My life is a nightmare"

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- Real User Experience

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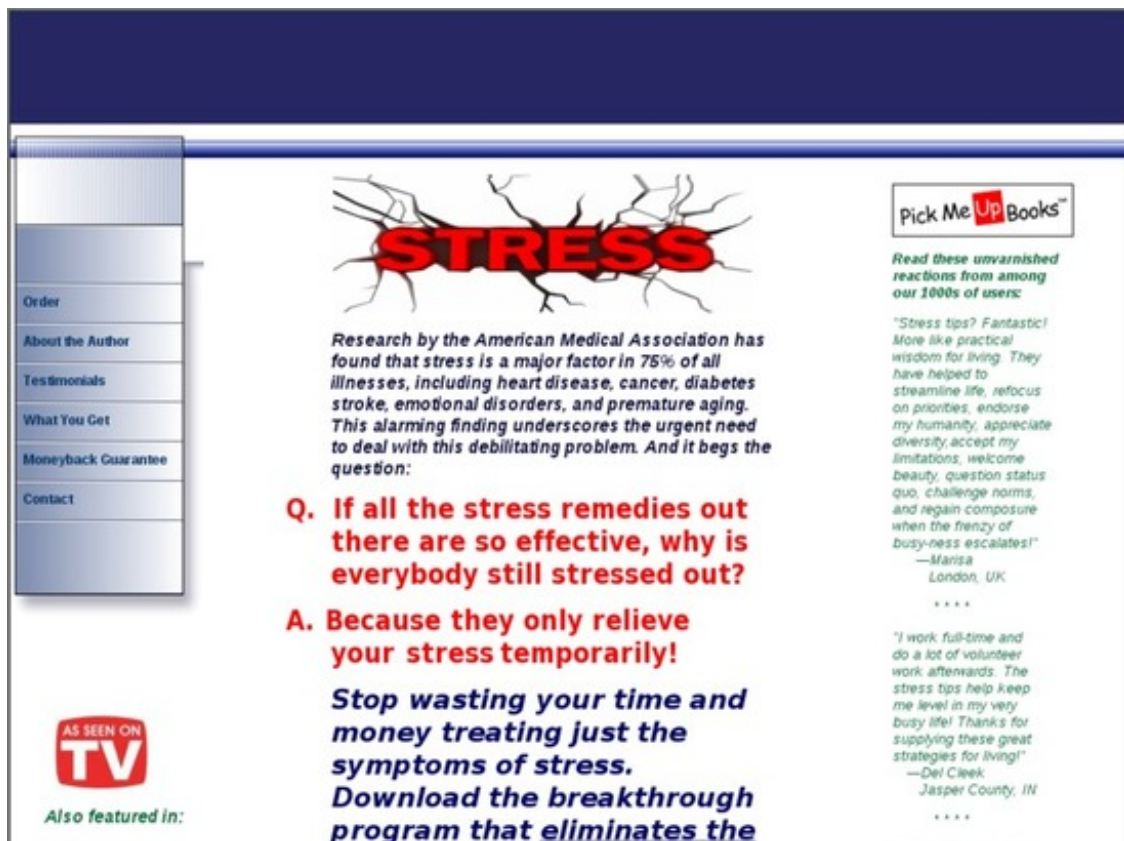
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The advertisement features a central graphic with the word "STRESS" in large, red, 3D block letters, appearing to be cracked and broken apart by a network of black lines. To the left of this graphic is a vertical sidebar with a blue header and several menu items: "Order", "About the Author", "Testimonials", "What You Get", "Moneyback Guarantee", and "Contact". Below the sidebar is a red "AS SEEN ON TV" logo. To the right of the "STRESS" graphic is a block of text in a serif font, followed by a Q&A section with a question and answer in red and black text. Further right is a "Pick Me Up Books" logo and two testimonials in a smaller font, each preceded by a quote icon. The entire advertisement is set against a white background with a dark blue header and footer.

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