



What is Atrial Fibrillation?

Atrial Fibrillation (AF) is an irregular heart rhythm that can increase your risk of stroke. Persons 65 years or older should be screened regularly for AF because you may not have any symptoms. Screening methods can help ensure that AF is diagnosed before it leads to other health problems.

What is PIAAF?

The Program for the Identification of “Actionable” Atrial Fibrillation in your community is a research study for older adults to have monitoring of heart rhythm, measuring blood pressure and completing a checklist for other cardiovascular disease risk factors. You would be asked to take part in attending a screening session, offered free of charge in Edmonton. A trained volunteer will help you through the tests and record your results.



What is involved at the session?

A trained professional will assist you in monitoring your heart rhythm using a handheld ECG device. Your blood pressure will be measured with an accurate, automated device, and a study team member will help you complete a checklist for diabetes and other risk factors for cardiovascular disease and stroke. The study team member will provide you with education and information regarding the results of the test, and may also review your current medications with you.

The Program for the Identification of “Actionable” Atrial Fibrillation

In addition, we may link you with the Alberta pharmacy program, SMMA and CACP, and potentially provide internet access and support for you to make an action plan to improve your overall health.

How much time do I need to participate?

The screening session may take about 30 minutes and any additional physician visits will take about 30-45 minutes.



What happens next?

You may be requested to go to a diagnostic center to have a 12-lead ECG completed to confirm your heart rhythm. You will receive a copy of your results to take home. You can also talk to your regular pharmacist or the pharmacist at the session if you have questions about your screening results or your current medications. Your results can be sent directly to your doctor, this information can help your doctor determine whether you should be started on a blood thinner or other medications for high blood pressure or diabetes. If you are already being treated for AF, hypertension or diabetes the information helps your doctor to know whether these conditions are under control.

How Do I get Involved?

You do not need to make an appointment to attend a session, just stop in to the pharmacy on the days listed on the front page. If you have questions about the program, please call: Janis at 780-492-1098 or email at jbaarda@ualberta.ca.



Experts in Blood Pressure Management™

PharmaSmart®

Session Locations, Dates and Times:		
1	Outpatient Rx U of Alberta	8440 112 Street, Edmonton
	Time	8:00AM to 4:00PM
	Dates:	March 8 - 13, 18, 20
2	Manning & Miller	14403 Miller Boulevard NW
	Time	9:00AM to 4:00PM
	Dates:	February 9-13 March 23-27
3	163 & 96 Westgate	9540 163 Street NW, Edmonton
	Time	9:00AM to 5:00PM
	Dates:	March 2 - 6
4	Fort Saskatchewan	116 Town Crest Road
	Time	9:00AM to 4:00PM
	Dates:	March 16
5	Pleasantview Edmonton	11080-51Avenue, Edmonton
	Time	8:00AM to 4:00PM
	Dates:	February 17 - 20
6	Spruce Grove	505 Queen Street
	Time	9:00AM to 4:00PM
	Dates:	February 23 - 27
7	Sherwood Park	
	Dates:	February 27
	Time	1:00 - 4:00pm
8	Jasper Ave & 118 Street	
	Dates	February 19 March 5
9	Southgate Mall	5015 111 Street
	Dates	March 19
	Times	9:30AM - 4:00PM
10	Kaye Edmonton Clinic	11400 University Ave
	Dates	Feb 20, 23, 26 March 9-13 / 16-20 / 23, 26, 27, 31
	Times:	8:00AM - 4:00PM

Please contact Janis for more information and site details:
jbaarda@ualberta.ca or 780-492-1098



**FREE
HEART
HEALTH
CHECKUP**
 Research Project
 For those 65 years
 of age and older.

**Ask our Pharmacist for
study details.**

**Identifying Actionable
Atrial Fibrillation**