



Mango Cabbage Slaw

1/2 head of Napa or green cabbage shredded/finely chopped

1/2 head of purple cabbage shredded/finely chopped

1 cup shredded/finely chopped carrots

1/2 purple onion, thinly sliced

1 large mango or 2 small mango diced

1 avocado – chopped

Juice from one lemon

Juice from one lime

2 TBSP Balsamic or apple cider vinegar

1/4 cup pumpkin or sunflower seeds (optional)

Instructions

Combine cabbage, onions, carrots, mangos and seeds. Squeeze lemon and lime juice over mixture.

Add salt and pepper to taste if need be. Top with goat or feta cheese (optional) and avocado and drizzle with balsamic vinegar.