

Bloomfield Public Health Nursing

www.bloomfieldtnj.com/health/public-health-nursing

(973) 680-4058

Vaccines aren't just for children

Remember polio vaccines on a sugar cube? Or measles quarantine signs on neighborhood houses? Unless you're over 50, you wouldn't remember, and that's just the point. We tend to think that diseases like polio, measles, tetanus and mumps have been conquered. But they keep coming back.

That's why adults are never too old to get vaccines.

If you don't have a health care provider, call Bloomfield Public Health Nursing for a vaccine assessment at (973) 680-4058. Or use this vaccine assessment tool to do your own research: www2a.cdc.gov/nip/adultimmsched/

Bloomfield Public Health Nursing offers free adult vaccines for people age 19 and older. To qualify, you must be uninsured or underinsured (meaning no vaccine coverage). A nominal one-time registration fee and \$10 administration will be charged on the first visit. Call the nursing office for details.

Health screenings available in February

■ Hypertension Screening (2 locations)

- *Public Health Nursing Office*, first and third Thursday of every month, 9:30-10:30 a.m. Includes blood pressure and pulse assessment plus health counseling.
- *Bloomfield Civic Center (84 Broad Street)*, third Friday of every month, 11:30 a.m. - 12:30 p.m.

■ Well Child Program – Qualified children age 2 months to 18 years can get vaccinations for common illnesses, health screenings for lead and autism, growth and development assessments, and, for young women, post-partum depression screenings. Appointments are scheduled on most Wednesdays, starting at 9:30 a.m. Call for details and eligibility requirements.