



## **Port Orchard United Methodist Church**

~ Corner of Kitsap and Sidney ~ (725 Kitsap St.)



~~ SPONSORS ~~



~~ Community Sponsors ~~



Port Orchard... Lions

Port Orchard... UMG



**Door Prizes** 

March 7

9 am to 2 pm

## ~~~ Speaker Topics ~~~

9:30 SCAMS... Kitsap County Sheriff's Dept.

10:20 Senior Fitness

11:10 I can't remember

Age & memory loss issues!

12:00 Hospice 101

It's more than you think

12:50 Legal issues

of Long Term Care & Estate planning

## ~~~ Many Service Providers ~~~

Free Senior Orca Cards while supply last

## ~~ Free Health Screenings ~~

Blood Pressure ~ Hearing ~ Vision Glaucoma & Glucose Testing