



New Hampshire/
Vermont Chapter

OSHA 10-Hour OUTREACH COURSE

MULTIPLE LOCATIONS - SEE BACK FOR LOCATION DETAILS

\$175 per person / ABC Members

\$260 per person / Non ABC Members

INCLUDES: Both Part A&B and All Course Materials

2014 Dates: Wednesdays 7:30 AM - 1:00 PM

CONCORD, NH

JAN 21 PART A
JAN 28 PART B

JUL 15 PART A
JUL 22 PART B

APR 08 PART A
APR 15 PART B

OCT 14 PART A
OCT 21 PART B

SATELLITE DATES & LOCATIONS

UPPER VALLEY

FEB 11 PART A
FEB 18 PART B

MAY 13 PART A
MAY 20 PART B

AUG 12 PART A
AUG 19 PART B

NOV 11 PART A
NOV 18 PART B

PORTSMOUTH, NH

MAR 11 PART A
MAR 18 PART B

JUN 10 PART A
JUN 17 PART B

SEP 16 PART A
SEP 23 PART B

DEC 09 PART A
DEC 16 PART B

FEATURES:

- Experienced construction industry representatives will provide a dynamic, fast moving program -- included are representatives from OSHA, Worksafe NE and others.
- To receive the 10-Hour OSHA Outreach card, students must complete both parts A and B within six months. Students may start with either Part A or Part B.
- Students can register for Part A at one location and Part B at another, as long as it's with the same instructor.
- Upon completion, students will receive the OSHA 10-Hour Outreach Wallet Card.

Part "A" Topics Include:

- Introduction to OSHA
- Occupational Health
- Stairways / Ladders
- PPE
- Tools - Hand & Power

Part "B" Topics Include:

- Focus Four Hazards
- Fall Prevention
- Scaffolds
- Electrical
- Excavation



**New Hampshire/
Vermont Chapter**

COMPANY _____

CONTACT _____

NAME (S) _____

LIST DATES OF CLASS

DATE _____

DATE _____

DATE _____

DATE _____

REGISTRATION - 10 Hour OSHA Outreach for Construction

Wednesdays, 7:30 AM - 1:00 PM

\$175 pp / ABC Members

\$260 pp / Non ABC Members

Payable to Associated Builders & Contractors NH/VT

TRAINING LOCATIONS

Concord NH

**ABC NH/VT TRAINING CENTER
58 CHENELL DRIVE, CONCORD NH
603-226-4789**

(DO NOT RELY ON GPS NAVIGATION)

From I-93 in Concord take Exit 15 E to I-393 East take Exit 3 to Route 106 and head right onto 106 South; proceed past Steeplegate Mall the ABC NH/VT Chapter Office & Training Center is on the right at the corner of Route 106 and Chenell Drive. Training center parking & entrance is at rear of building.

**Upper Valley NH/VT
TBD**

Portsmouth NH

**Comfort Inn
1190 Lafayette Rd
Portsmouth, NH
603-431-1639**

Latitude: 43.046883 Longitude: -70.772263

1-95 exit 5. At Portsmouth Traffic Circle, take Rt 1 Bypass South. Hotel is 2 miles on right