

# aphasiatoolbox.com

In our October 2014 newsletter, we described the 12 Tenets of Neuroplasticity. Here are the links to the videos of the 12 Tenets, as described by Master Clinician Bill Connors.

---

## **Tenet # 1**

Know it - think it - plan it - do it - feel/hear/process it - REMEMBER IT

Link: <http://youtu.be/hLI1BbZJg5A>

## **Tenet # 2**

Keep the activity simple and the program robust. Tell the person recovering from aphasia what TO DO (not what NOT to do).

Link: <http://youtu.be/tcxvWZ2hcCQ>

## **Tenet # 3**

Address the cognitive underpinnings for speech and language.

Link: <http://youtu.be/pJHuAAaK4Bg>

## **Tenet # 4**

Have the client work from his/her own memory starting propositionally.

Link: <http://youtu.be/EYE3ZGUO420>

**Tenet # 5**

Sometimes you BLINK IT and sometimes you THINK IT. Facilitate rhythm and faith.

Link: <http://youtu.be/ogw0yjjvRa0>

**Tenet #6**

Emphasize InterPersonal Communication (IPC) issues early and consistently.

Link: <http://youtu.be/aiTewp4EGNU>

**Tenet # 7**

Focus on verbs, not nouns.

Link: <http://youtu.be/ZkK28xwFMm4>

**Tenet # 8**

Make every activity truly therapeutic (MEATT) for the PRA.

Link: <http://youtu.be/qB-QYSSKAn4>

**Tenet # 9**

Turn the person with aphasia (PWA) into a person recovering from aphasia (PRA).

Link: <http://youtu.be/NQb2dn4O8dQ>

**Tenet # 10**

Address concomitant problems: asymbolia; initiation difficulties; abulia; adynamic aphasia; maladaptive habits; struggle.

Link: [http://youtu.be/f\\_oq5kq\\_uXw](http://youtu.be/f_oq5kq_uXw)

**Tenet # 11**

Be prepared for the digitally native PWA.

Link: <http://youtu.be/NSLcicphkLM>

**Tenet # 12:**

Take the leap. Commit to and become a neuroplastic SLP.

Link: <http://youtu.be/ZI7PMQb8gsw>