



Seminar: Options in Senior Care

Independent Living Communities? Medical or non-medical assistance at home?

Assisted Living Residences? Skilled Nursing Homes?

What are the differences between these Senior Care options?

How do I pay for it?

How soon should I begin planning?

Caring for our seniors or ourselves as seniors has changed dramatically over the past two generations. There are now many options for senior care, so much so that older adults and their children and others who love them often feel overwhelmed when trying to educate themselves on the range of possibilities and then when deciding upon which options make most sense. The task can seem daunting. But it doesn't need to be.

Dr. Jane Downing-Gariepy, Ph.D., Certified Senior Advisor, owner and Operating Manager of Home Instead of Tolland, CT (an agency in the Senior Homecare field) will explain options for senior care available to you and your family. This will include the advantages and drawbacks of each, as well as the financial consequences of the various choices. Our hope is that this overview will help prepare you to navigate the waters of caring for yourself or a senior in your life.

Sunday, February 8th 11:00 AM

Christ Episcopal Church, 1089 Stafford Street, Rochdale, MA 01542

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