

Status	Date of Event	Name of Activity	Address or Location	Type of info provided	Time	# of ppl	Volunteer
Committed	2/24/2015	Senior Center Heart Month Presentation	3936 Chestnut St Riverside, CA 92501	Presentation about heart health	9:00 AM		Professional Health Education Staff, Nutritionist or Physician
Committed	2/24/2015	Yucaipa Senior Center Heart Month Presentation	12202 1 st Street, Yucaipa, CA 92399	Presentation about heart health (30-45 minutes)	11:30 AM		1 Volunteer needed
Committed	2/25/2015	Inland Coalition 2015 Health Professions Conference	CSUSB: 5500 University Parkway, San Bernardino, 92407	Youth Programs information (lunch will be provided)	7 am - 2 pm	500	Mia Tumewu and Breland Parker,
Committed	2/25/2015	Health Fair	Temecula City Hall	Photographer Needed	10:30 am–1:30 pm		1-2 photographers needed
Committed	2/26/2015	Twinhill Elementary School Health Fair	11000 Campbell Avenue, Riverside 92505	Health information booth	4:30 – 5:30 pm	500	2 volunteers Needed
Volunteers Needed URGENT	2/27/2015	Go Red Por Tu Corazon Heart Sales and Health Fair	Cardenas Market: Perris	health information booth (Bilingual English/Spanish speaking)	9 am -2 pm		
Volunteers Needed URGENT	2/27/2015	Hands Only CPR Workshop for Seniors	Caremore: 141 W. Foothill Blvd. Upland, 91786	Hands only CPR demos and workshop	Pick your own time slot		2 volunteers needed
Volunteers Needed URGENT	2/28/2015	Life is Why Desert Valley Goes Red Health Fair and Fashion Show	Mall of Victor Valley	Pass out health information, help with mall walking route, hands only CPR compressions	9 am – 12 noon, volunteers check in at 8:00 am		10 volunteers needed

Volunteers Needed	All Month	Nutrition Month and Women's History Month	Your Hometown	Host your own Nutrition Month activity and share your photos with us. Visit www.goredforwomen.org and www.heart.org for resources	Anytime in March		All Volunteers
NEW – Volunteers Needed	3/11 OR 3/18	New Hope Free Clinic	760 E. Stuart Avenue, Redlands, Ca. 92374	Presentation audience are: Individuals who desire to manage their diabetes, high blood pressure and high cholesterol and individuals who desire to have wellness information to avoid these conditions. Presentation can be on heart health, nutrition, etc.	9:00 AM	1-2 hour lecture up to the presenter	1 volunteer
Committed	3/13/2015	Feeding America IE RUSD Nutrition Services Madison Elementary Kids Farmers Market	3635 Madison Street, Riverside, 92504	Nutritional education or physical activity coordination as directed by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution.	Set up: 1:00 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
Committed	3/18/2015	Feeding America IE RUSD Nutrition Services Longfellow Elementary Farmers Market	3610 Eucalyptus Avenue. Riverside, CA 92507	Nutritional education or physical activity coordination as directed by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution.	Set up: 12:30 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
Volunteers Needed	3/21/2015	Inter-tribal Sports Health Fair	48460 Pechanga Road, Temecula, 92592	Health information booth and hands only CPR demos For Native American Families	9:00 am – 3:00 pm	2000	Wear comfortable clothing and shoes, i.e., AHA shirt or red top
Volunteers Needed	April	Hands Only CPR Workshop	25240 Hancock Ave, Ste 120 Murrieta, CA 92562	Hands only CPR demos and workshop	2-4 pm		2 volunteers needed

Volunteers Needed	4/1/2015	National Walking Day	Your Hometown	Visit http://www.startwalkingnow.org/ and sign up for the toolkit when it comes out for 2015	All Day		All Volunteers
Committed	4/10/2015	Feeding America IE RUSD Nutrition Services Madison Elementary Kids Farmers Market	3635 Madison Street, Riverside, 92504	Nutritional education or physical activity coordination as directed by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution.	Set up: 1:00 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
Volunteers Needed	4/11/2015	Healthy Living Extravaganza Community Expo	Rancho Jurupa Regional Park 4800 Crestmore Rd. Jurupa Valley, CA 92509	Health information booth			
Volunteers Needed	4/11/2015	3 rd Annual Community Resource Fair	Corona Main SDA Church, 114 E. 10 th St. Corona, 92879 (corner of 10 th and Main)	Health information booth	3:00 – 6:00 pm		2 volunteers needed
Committed	4/15/2015	Feeding America IE RUSD Nutrition Services Longfellow Elementary Farmers Market	3610 Eucalyptus Avenue. Riverside, CA 92507	Nutritional education or physical activity coordination as directed by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution.	Set up: 12:30 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
Volunteers Needed	4/15/2015	2015 Health and Wellness Fair	Moreno Valley High School 23300 Cottonwood Avenue, Multi-Purpose Room, Moreno Valley	Theme: Now is the time to Flourish Health Education Booth	3:00 – 5:00 pm setup 2:00 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
Committed	4/15/2015	National Association of Women in Construction	2000 Market Street, Riverside 92501	Survivor Story and Presentation with Staff	6:00 pm – 7:00 pm		1 survivor Speaker

NEW Volunteers Needed	4/17/2015	Taft Elementary School	959 Mission Grove Pkwy North Riverside, CA 92506	staff the AHA table, inviting parents and staff to take heart healthy hand outs. And do jump rope activities with the students and parents. Jump ropes and all other materials will be provided.	Set up 9:30 am event time: 10:00 -1:00 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
Volunteers Needed	4/25/2015	2015 Health and Wellness Fair	City of Perris: 101 North "D" Street, Perris, CA 92570	Health education booth	10:00 – 2:00 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
Volunteers Needed	4/30/2015	2015 Health and Wellness Fair	Moreno Valley Unified School District: 25634 Alessandro Blvd, Board Room, Moreno Valley	Theme: Now is the time to Flourish Health Education Booth	10:00 am – 5:00 pm setup: 9:00 am		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
Committed	5/8/2015	Feeding America IE RUSD Nutrition Services Madison Elementary Kids Farmers Market	3635 Madison Street, Riverside, 92504	Nutritional education or physical activity coordination as directed by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution.	Set up: 1:00 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
Committed	5/20/2015	Feeding America IE RUSD Nutrition Services Longfellow Elementary Farmers Market	3610 Eucalyptus Avenue. Riverside, CA 92507	Nutritional education or physical activity coordination as directed by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution.	Set up: 12:30 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
Volunteers Needed	5/23/2015	Red Dress Stroll	Promenade Community Park 615 Richey Street, Corona, CA 92879	Setup, 1 mi. route, distribute goodie bags, registration, staff AHA Booth, help FAST	Setup 7:00 am Event 8:00 am – 12 noon		Wear comfortable clothing and shoes, i.e., AHA shirt or red top