

Status	Date of Event	Name of Activity	Address or Location	Type of info provided	Time	# of ptcpts	Volunteer
POSTPONED		Community Health & Wellness Fair		Health Information Booth		250	
Committed	2/11/2015	Highland Senior Center Heart Month Presentation	Highland Senior Center 3102 E Highland Ave, San Bernardino	30-40 minute presentation	9:00 - 10:00 am	40	Ashlee Smith
Committed NOTE: Location To Be Announced	2/12/2015	Mercedes Benz Fashion Week Viewing Party	To Be Announced	table set up, heart healthy trivia facilitator	Setup 3:00 pm event 4:00 - 7:00 pm		Mia Tumewu and Carlee McGuire, Seda + 16 students
Volunteers Needed	2/13/2015	4 <sup>th</sup> Annual Health Corps Health Fair	San Bernardino High School Gym	Health information booth	7:35 – 2:35 pm; setup is 1 hour before	600	
NEW- Volunteers Needed	2/17/2015	Heart Lecture at The Camp Transformation Center	721 Nevada Street, Redlands	Volunteers will help with registration, information, hands only CPR demos	3:00 -4:00 pm	300	2 volunteers
Committed	2/18/2015	Feeding America IE RUSD Nutrition Services  Longfellow Elementary Farmers Market	3610 Eucalyptus Avenue. Riverside, CA 92507	Nutritional education or physical activity coordination as directed by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution.	Set up: 12:30 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
NEW- Volunteers Needed	2/18/2015	Shirlee's Fitness Club for Women	1275 West Foothill Boulevard, Upland, CA	Requesting a female volunteer to hand out information and talk to	10:00 am – 2:00 pm		Wear comfortable

<b>Volunteers Needed</b>	2/19/2015	Hands Only CPR Workshop	25240 Hancock Ave, Ste 120 Murrieta, CA 92562	Hands only CPR demos and workshop	2-4 pm		2 volunteers needed
<b>Volunteers Needed</b>	2/20/2015	Fitness After Dark: Go Red Fundraising event at The Camp	721 Nevada Street, Redlands	Volunteers will help with registration, information, waivers, may attend a February 12 <sup>th</sup>	Event 7:00 – 10:30 pm	300	3-4 volunteers needed
<b>Volunteers Needed</b>	2/20/2015	Go Red Por Tu Corazon Heart Sales and Health Fair	Cardenas Market: San Bernardino	health information booth (Bilingual English/Spanish speaking)	9 am -2 pm		
<b>Committed</b>	2/21/2015	Colton JUSD Resource Fair: Mental & physical Health Awareness Committee	Colton High School	Youth Programs information and screenings			7 West Coast University Students confirmed
<b>Committed</b>	2/24/2015	Senior Center Heart Month Presentation	3936 Chestnut St Riverside, CA 92501	Presentation about heart health	9:00 AM		Professional Health Education Staff, Nutritionist or Physician
<b>Committed</b>	2/24/2015	Yucaipa Senior Center Heart Month Presentation	12202 1 <sup>st</sup> Street, Yucaipa, CA 92399	Presentation about heart health (30-45 minutes)	11:30 AM		1 Volunteer needed
<b>Committed</b>	2/25/2015	Inland Coalition 2015 Health Professions Conference	CSUSB: 5500 University Parkway, San Bernardino, 92407	Youth Programs information (lunch will be provided)	7 am - 2 pm	500	Mia Tumewu and Breland Parker,
<b>Committed</b>	2/25/2015	Health Fair	Temecula City Hall	Photographer Needed	10:30 am– 1:30 pm		1-2 photographers needed
<b>Volunteers Needed</b>	2/26/2015	Twinhill Elementary School Health Fair	11000 Campbell Avenue, Riverside 92505	Health information booth	4:30 – 5:30 pm	500	2 volunteers Needed

<b>Volunteers Needed</b>	2/27/2015	Go Red Por Tu Corazon Heart Sales and Health Fair	Cardenas Market: Perris	health information booth (Bilingual English/Spanish speaking)	9 am -2 pm		
<b>Volunteers Needed</b>	2/27/2015	Hands Only CPR Workshop for Seniors	Caremore: 141 W. Foothill Blvd. Upland, 91786	Hands only CPR demos and workshop	Pick your own time slot		2 volunteers needed
<b>Volunteers Needed</b>	2/28/2015	Life is Why Desert Valley Goes Red Health Fair and Fashion Show	Mall of Victor Valley	Pass out health information, help with mall walking route, hands only CPR compressions	9 am – 12 noon, volunteers check in at 8:00 am		10 volunteers needed
<b>March</b>							
<b>Volunteers Needed</b>	All Month	Nutrition Month and Women's History Month	Your Hometown	Host your own Nutrition Month activity and share your photos with us. Visit <a href="http://www.goredforwomen.org">www.goredforwomen.org</a> and <a href="http://www.heart.org">www.heart.org</a> for resources	Anytime in March		All Volunteers
<b>Volunteers Needed</b>	3/13/2015	Feeding America IE RUSD Nutrition Services Madison Elementary Kids Farmers Market	3635 Madison Street, Riverside, 92504	Nutritional education or physical activity coordination as directed by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution.	Set up: 1:00 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
		Feeding America IE RUSD Nutrition Services		Nutritional education or physical activity coordination as directed			Wear

<b>Volunteers Needed</b>	3/18/2015	Longfellow Elementary Farmers Market	3610 Eucalyptus Avenue. Riverside, CA 92507	by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution.	Set up: 12:30 pm		comfortable clothing and shoes, i.e., AHA shirt or red top
<b>Volunteers Needed</b>	3/21/2015	Inter-tribal Sports Health Fair	48460 Pechanga Road, Temecula, 92592	Health information booth and hands only CPR demos  For Native American Families	9:00 am – 3:00 pm	2000	Wear comfortable clothing and shoes, i.e., AHA shirt or red top
<b>April</b>							
<b>Volunteers Needed</b>	4/1/2015	National Walking Day	Your Hometown	<a href="http://www.startwalkingnow.org">Visit <u>http://www.startwalkingnow.org</u> / and sign up for the toolkit when it comes out for 2015</a>	All Day		All Volunteers
<b>Volunteers Needed</b>	4/10/2015	Feeding America IE RUSD Nutrition Services  Madison Elementary Kids Farmers Market	3635 Madison Street, Riverside, 92504	Nutritional education or physical activity coordination as directed by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution.	Set up: 1:00 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
			Rancho Jurupa Regional Park				

<b>NEW- Volunteers Needed</b>	4/11/2015	Healthy Living Extravaganza Community Expo	4800 Crestmore Rd.  Jurupa Valley, CA 92509	Health information booth			
<b>Volunteers Needed</b>	4/11/2015	3 <sup>rd</sup> Annual Community Resource Fair	Corona Main SDA Church, 114 E. 10 <sup>th</sup> St. Corona, 92879 (corner of 10 <sup>th</sup> and Main)	Health information booth	3:00 – 6:00 pm		2 volunteers needed
<b>Volunteers Needed</b>	4/15/2015	Feeding America IE RUSD Nutrition Services  Longfellow Elementary Farmers Market	3610 Eucalyptus Avenue. Riverside, CA 92507	Nutritional education or physical activity coordination as directed by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution.	Set up: 12:30 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
<b>Volunteers Needed</b>	4/15/2015	2015 Health and Wellness Fair	Moreno Valley High School  23300 Cottonwood Avenue, Multi-Purpose Room, Moreno Valley	Theme: Now is the time to Flourish  Health Education Booth	3:00 – 5:00 pm setup 2:00 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
<b>Survivor Speaker</b>		National Association of	2000 Market Street,	Survivor Story and Presentation	6:00 pm –		1 survivor

	<b>Needed</b>	4/15/2015	Women in	Riverside 92501	with Staff	7:00 pm		Speaker
	<b>Volunteers Needed</b>	4/25/2015	2015 Health and Wellness Fair	City of Perris: 101 North "D" Street, Perris, CA 92570	Health education booth	10:00 – 2:00 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
	<b>Volunteers Needed</b>	4/30/2015	2015 Health and Wellness Fair	Moreno Valley Unified School District: 25634 Alessandro Blvd, Board Room, Moreno Valley	Theme: Now is the time to Flourish	10:00 am – 5:00 pm setup: 9:00 am		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
					Health Education Booth			
	<b>May</b>							
	<b>Volunteers Needed</b>	5/8/2015	Feeding America IE RUSD Nutrition Services	3635 Madison Street, Riverside, 92504	Nutritional education or physical activity coordination as directed by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution.	Set up: 1:00 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top
			Madison Elementary Kids Farmers Market					
			Feeding America IE RUSD Nutrition Services		Nutritional education or physical activity coordination as directed			Wear

	<b>Volunteers Needed</b>	5/20/2015	Longfellow Elementary Farmers Market	3610 Eucalyptus Avenue. Riverside, CA 92507	by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution.	Set up: 12:30 pm	comfortable clothing and shoes, i.e., AHA shirt or red top
	<b>Volunteers Needed</b>	5/23/2015	Red Dress Stroll	Promenade Community Park	Setup, 1 mi. route, distribute goodie bags, registration, staff AHA Booth, help FAST	Setup 7:00 am	Wear comfortable clothing and shoes, i.e., AHA shirt or red top
				615 Richey Street, Corona, CA 92879		Event 8:00 am – 12 noon	