



An Introduction to Bach Flower Essences

Friday, March 13th, 11.30 – 12.45

With Bach Foundation Registered Practitioner, Helena Gorka
Company of Angels, Waldorf School of Orange County

*Bach Flower Essences – Relieve stress and bring Harmony
For yourself, your children, your pets and even plants*

Learn the basic principles of this simple healing system – Safe, Gentle, Effective

- Story of Dr Edward Bach's work
- Indications for the 38 essences which are used in 66 countries worldwide.
- How they relate to emotions, moods and personality types
- How the essences are made
- Using them for yourself, friends and family

To register and for information call Helena Gorka, BFRP – (949) 548-4059

Or sign up in Company of Angels

Helena will do mini 15 minute consultations after the talk or at another appointment,
you will receive your own bottle of personally appropriate essences - \$15

