



It's very simple!

MAKE THIS + SEND THIS = GET THIS is as easy as 1-2-3 and everyone that enters is a winner!

The Rules...

- 1. YOU **MAKE THIS** Make the recipe that is in this month's Newsletter.
- 2. YOU **SEND THIS** Take a picture or two of the dish and email it to me.
- 3. YOU GET THIS I'll send you an pretty neat SVF canvas tote!

This giveaway is not offered on every recipe in every month's Newsletter so watch for the recipes that qualify.

Email the picture(s) of the final dish to Gary@SVF.net by the 15th of the following month and your canvas tote will be on its way to you in no time!

Be sure to include your full name, company name, phone number and complete mailing address.

Questions? Email me!