

Lexington Catholic 2016-2017 Cheerleading Tryouts

When

May 9th-11th, 2016

Skill Requirements

Material

Where

Robert J Bueter Gymnasium

Cheer (taught at clinics)

Fight song (taught at clinics)

Mandatory Clinics

May 9th and 10th

Tumbling

Standing tumbling*

High School 4-5 PM

Running tumbling*

Middle School 5-6 PM

Jumps

Tryouts

May 11th

High School 4-5 PM

Toe Touch

Front Hurdler

Middle School 5-6 PM

Pike

Attire

For both clinics and tryouts, please wear shorts, a t-shirt, and tennis shoes or cheerleading shoes. Make sure you wear something in which you can easily jump, tumble, and dance. Please make sure to also wear your hair pulled back and out of your face. Please no spandex, sports bras, tight fitting clothing, or jewelry.

Announcement of Team

The new team will be announced on Friday, May 13th, on the LCHS Cheerleading website. All athletes must complete the Personal Information Form and the KHSAA physical by Monday, May 9th, 2016, at the first clinic. The Personal Information Form can be found on the LCHS Cheerleading website.

Note:

All clinics and tryouts are mandatory. Clinics and tryouts are closed to family and friends. Selection of this year's squad will be at the discretion of Head Coach Kelsey Boudreaux, Assistant Coach, Rosemary Osbourn and Athletic Director, Brad Carter.

The minimum tumbling requirement for the high school team is a standing backhandspring, as well as a roundoff backhandspring, on the hardwood floor

