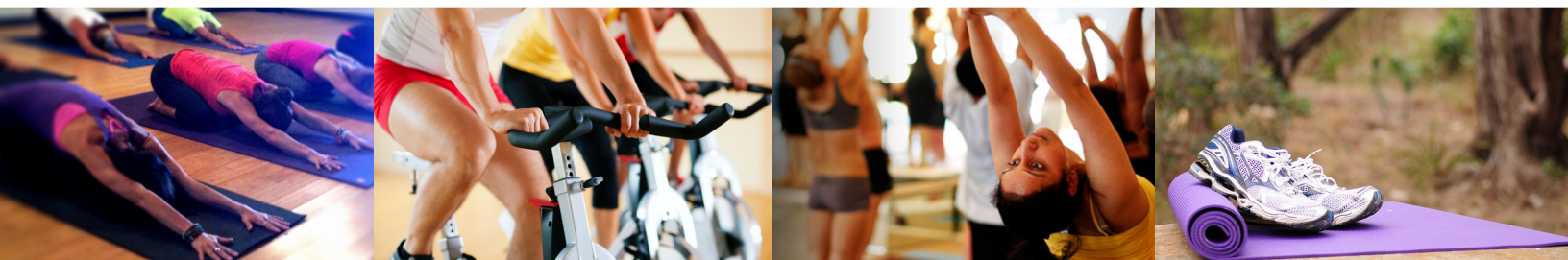


LOTUS YOGA & FITNESS FOR CHARITY: FR. LOPEZ CATHOLIC HIGH SCHOOL

EVERY MONDAY IN FEBRUARY



Lotus Yoga & Fitness will donate 10% of sales from **any class** on **Monday's during the month of February** to benefit Fr. Lopez Catholic High School's Mission Trip to the Dominican Republic.

- Students, Faculty and Family members are all welcome to participate.
- Classes offered are:
 - 8:15AM CARDIO SPIN (space is limited, must register online to reserve a bike)
 - 9:30AM FLOW YOGA
 - 11:00AM VIN YIN YOGA
 - 6:00PM VINYASA FLOW YOGA
- Must present a copy of the flyer in order for the donation to be credited to Lopez.



To get the latest updates on Lotus Yoga & Fitness, be sure to follow us on Facebook: www.facebook.com/lotusyogaormond.

For additional information, please visit www.lotusyogaormond.com or call 386.333.9527.

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www.LOTUSYOGAORMOND.com