
Keynote Presenters

Devoree Crist and Susan Ulmer are spiritual directors in the St. Louis area. They are grateful to share space with five other spiritual directors on the campus of Eden Theological Seminary for the ministry of companioning others in their walk of faith. Their *Opening to the Sacred* Retreat Ministry has been active for 5 years and includes Rest for Your Soul, Opening to the Sacred Series, Days of Reflection. Calm within Chaos and more. Those who have attended are individual groups, clergy, churches, retirement communities, women's groups and recently Deaconess Faith Community Nurse Ministries. They offer safe space with the Holy and learn ways to be open to the grace of God abundantly and freely given. Both are active members of their congregations, Peace UCC and Webster Groves CC



Devoree is married with adult children. She has a Master's Degree in Theological Studies from Eden Theological Seminary, a Graduate Certificate in Spiritual Direction from Aquinas Institute and Doctorate in Medicine from Washington University School of Medicine, all in St. Louis.



Susan is married with two adult children and four grandsons. She is retired Church Educator trained in spiritual direction through Wellstreams Ecumenical Training in Spiritual Formation and Development in Columbus, OH..

MMS-UCC Women's Retreat
Deaconess Faith Community Nurse Ministries
483 East Lockwood Ave. Suite 106
St. Louis, MO 63119

Missouri Mid-South Conference United Church of Christ

2015 Women's Retreat



*"Let me abide in your tent forever, find
refuge under the shelter of your wings"*
Psalm 61:4 NSRV

May 1-3

**Camp MoVal
Union, Missouri**

Under the Shelter of God's Wings

(\$100.00 payment due with completed registration, payable by check or money order to MMS-UCC)

Program

Nestled in the calm serene beauty of God's creation at Camp MoVal, we will pause in the midst of these chaotic stressful and turbulent times to look at the source of All for Shelter, soul care, comfort and renewal. We will explore scripture, pray and reflect while taking time to relax and play.

Safe space will be created to allow participants to be attentive to the sacred in everyday life, reflect on the movement of the spirit, allow one to be open to the Holy through senses, discovering and affirming one's own spiritual self and sharing the time with others. Contemplative and reflective experiences, some individual, as well as small and large group, create a setting to pause and renew our spirits as we connect and engage with the Holy. **Join your sisters for enlightenment, exploration, rest and renewal, worship, music, fun and food!**

Registration

\$100 includes: two nights' lodging, four meals, all activities and program materials, and a special souvenir tote bag.

- ◆ Space is limited—respond early to
- ◆ ensure your registration.
- ◆ No pets. (Service animals are permitted.)
- ◆ You must be at least 18 years old to attend.
- ◆ Doors open at 5 p.m., Friday, May 1.
- ◆ No early arrivals, please.
- ◆ Retreat concludes at 11:30 a.m., Sunday, May 3.

Registrants will receive a confirmation letter, schedule, directions and packing list. *Please help us be environmentally conscious by providing your email address.*

Deadline

Return completed registration form and full payment no later than April 1, 2015, to:

MMS-UCC Women's Retreat
Deaconess Faith Community Nurse Ministries
483 East Lockwood Ave
Suite 106.

Make checks payable to MMS-UCC. (Full and partial scholarships are available.)

Questions?

Contact: Georgia Schaljo
Email: gschaljo@yahoo.com
Home phone: 314-831-3822
Cell Phone: 314-401-8612

Name

Address

City/State/Zip

Phone

Home Church

Church City & State

Emergency Contact Relation

Emergency Contact Phone

Desired Meals (Please Check):

___ Saturday Breakfast ___ Saturday Dinner

___ Saturday Lunch ___ Sunday Breakfast

Registration Fee \$100.00 _____

Special Needs (dietary, accessibility issues, lower bunk only, cabin close by, etc.—please list:

would like to share a room with:

Please send my confirmation by email (print email address below):
