

MARCH

DENVER PUBLIC SCHOOLS BREAKFAST / LUNCH ELEMENTARY



All meals served with ½ pint milk.
2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY BREAKFAST MENU: ★ Fruits & Juices ★ Cereal ★ Homemade Toast ★				
WG Pancakes w/ Syrup	Scrambled Eggs WG Cinnamon Roll	Breakfast WG Pizza	Breakfast WG Burrito	Sausage –or– Egg WG Biscuit Sandwich
LUNCH				
2 Hot Ham & Cheese Panini PBJ Sandwich Broccoli Baby Carrots	3 Chicken Quesadilla Cheese Quesadilla PBJ Sandwich Spicy Corn Salad Garden Greens	4 Sloppy Joe on Bun Veggie Joe on Bun Toasted Cheese Sandwich Sweet Potato Strips Coleslaw	5 Chicken Nuggets Yogurt Basket Muffin Southwest Beans Celery Sticks	6 Nachos PBJ Sandwich Baby Carrots Cucumber Coins
9 WG Pancakes w/ Syrup Scrambled Eggs PBJ Sandwich Oven Browned Potatoes Celery Sticks	10 'Pig' in a Blanket Toasted Cheese Sandwich Baby Carrots Garden Greens	11 Tacos Vegetarian Tacos Spanish Rice Yogurt Basket Muffin Black Beans Spicy Cucumbers	12 BBQ Rib Sandwich PBJ Sandwich Broccoli Coleslaw	13 Cheese Pizza Vegetarian Pizza PBJ Sandwich Spinach Salad Celery Sticks
16 Bean & Cheese Burrito Toasted Cheese Sandwich Sweet Corn Baby Carrots	17 Chicken Nuggets Yogurt Basket Muffin Southwest Beans Celery Sticks	18 Meatloaf PBJ Sandwich Dinner Roll Mashed Potatoes Cucumber Coins	19 BBQ Chicken PBJ Sandwich Cowboy Bread Sweet Potato Strips Broccoli	20 Vegetarian Lasagna PBJ Sandwich Garlic Bread Spinach Salad Baby Carrots
23 Beef Hot Dog on Bun PBJ Sandwich Garden Chili w/ WG Crackers Potato Strips Broccoli	24 Chicken Sandwich Yogurt Basket Muffin Baby Carrots Celery Sticks	25 Spaghetti w/ Meat Sauce Spaghetti w/ Marinara Sauce Italian Green Beans Cucumber Coins	26 Chicken alá King PBJ Sandwich Dinner Roll Mashed Potatoes Garden Greens	27 Fish Tacos PBJ Sandwich Spanish Beans Cucumber Coins
30 - SPRING BREAK -	31	NATIONAL SCHOOL BREAKFAST WEEK MAKE THE GRADE WITH SCHOOL BREAKFAST		

SALAD BAR

- Black Beans
- Carrots
- Cauliflower
- Celery
- Cucumbers
- Garden Greens
- Peas
- Spinach

Menus subject to last minute changes – based on availability.

Denver Public Schools

like us on facebook

Food & Nutrition Services

THESE FRUIT CHOICES MAY BE ENJOYED DURING MARCH

- Apples
- Blueberries
- Kiwi
- Mandarin Oranges
- Oranges
- Peaches
- Pears
- Pineapple
- Strawberries

All DPS menus meet the USDA nutritional guidelines for major nutrients, including calories, fat, and saturated fat.

Milk or Water available at each meal. ~ Pork used in our recipes is marked with a pig logo and is in our pepperoni BlackJack pizzas. ~ Vegetarian items. ~ Weekly nutrient values, nutrition & food safety information and links to other informative sites found on our website at: <http://foodservices.dpsk12.org> & Facebook.

