



The Emily Program

Real help for eating disorders

Family Participation in Eating Disorder Treatment

Join us for a complimentary continuing education event

February 10, 2015

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This workshop will help clinicians understand how eating disorders alter the family system, what road blocks often occur at all stages of treatment, and how to support and encourage the individual with the eating disorder. Clinicians will be presented with a better understanding of eating disorder treatment modalities for both the individual and the family. Lastly and most importantly, clinicians will walk away with things they can implement with their clients/families when they return to their practice, feeling more confident and able to help the families that suffer from eating disorders.

Participants will walk away with the ability to:

- screen and assess an individual for an eating disorder.
- provide psycho-education to families about the impact of an eating disorder on the family system.
- facilitate basic intervention to families with an eating disorder in the system.
- give therapeutic meal education and support to assist in specific symptom interruption for one/all of the primary eating disorders.

Date: February 10

Time: 10:30 AM-1:00 PM

Location:

Benefis South Tower, 2nd floor

Weigand Conference Room

1101 26th St S, Great Falls, MT 59405

Schedule

10:30 AM Registration

11:00-1:00 PM Presentation

RSVP Today (seating is limited)

Contact Tiffany Hammer at

(206) 418-9446 or

Tiffany.Hammer@emilyprogram.com

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About the Presenters



Krista Crotty, CEDS, LMFT, PsyD

Krista is the Washington State Director at The Emily Program. She earned her Master's of Science from Fuller Theological Seminary, School of Psychology and her Doctorate in Clinical Psychology with an emphasis in family and pediatrics from Azusa Pacific University. Krista trained at Harbor UCLA medical center and Loma Linda Children's Hospital.



Jillian Lampert, PhD, MPH, RD, LD, FAED

Dr. Lampert is the Chief Strategy Officer at The Emily Program. Dr. Lampert is President of the Residential Eating Disorders Consortium (REDC), an organization whose main goal is to ensure access to residential care for individuals by working collaboratively to address issues that impact the residential eating disorder treatment community. She is also a member of the Eating Disorder Research Society (EDRS). Jillian holds an adjunct graduate faculty position in the Department of Food Science and Nutrition at the University of Minnesota.