

Elizabeth Seton High School—February 2015

Monday

Tuesday

Wednesday

Thursday

Friday

2 Grilled Eggplant Soup Steakburger ~ Garden Burger Sweet Potato Fries Peas & Carrots Jello	3 Chicken & Steak Fajitas ~Vegetable Fajitas~ Refried Beans, Sour Cream, Guacamole	4 Hungarian Mushroom Soup Chicken Cacciatore ~Ratatouille~ Penne Pasta Italian Blend Vegetables Chocolate Chip Cookie	5 Turkey Nachos with Cheese Sauce, Green Onions, Sour Cream and Salsa Black Beans & Roasted Corn	6 Loaded Potato Soup (GF) Individual Pepperoni Pizza ~Individual Cheese Pizza~ Fresh Vegetables Apple Crisp
9 MEATLESS Minestrone Soup (V) Cheese Tortellini Pasta Bar Marinara~Alfredo~Pesto Sauces Garlic Bread Green Beans Lemon Bars	10 Beef Lo Mein ~Vegetable Lo Mein~ Stir Fry	11 Corn Chowder Chicken Tenders ~Black Beans & White Rice~ Vegetable Medley Chocolate Brownie	12 Meatball Sub ~Roasted Veggie Sub~ Sun Chips Broccoli Spears	13 Beef Barley Vegetable Soup Chicken Quesadilla ~Vegetable Quesadilla~ Guacamole, Sour Cream Lime Cilantro infused Rice Heart Shape Sugar Cookie
16 PRESIDENT'S DAY NO LUNCH SERVICE	17 Pancakes Butter ~ Maple Syrup Fresh Seasonal Fruit Turkey Sausage	18 Pasta Fagioli Jamaican Jerk Chicken ~Spinach Quiche~ Brown Rice Green Peas Yogurt	19 MEATLESS Cheese Ravioli with Marinara Breadsticks Green Beans	20 Roasted Vegetable Soup (GF,V) Vegetarian Spring Roll ~Stir Fry~ Fried Rice Oreo Chunk Cookie
23 Chicken Noodle Soup Meat Lasagna ~Vegetable Lasagna~ Vegetable Medley Chocolate/Vanilla Pudding	24 Turkey Taco Burrito Bowl ~Black Beans & Roasted Corn~ Cilantro Lime infused Rice	25 Black Bean Soup (GF,V) Lemon Garlic Chicken Breast ~Macaroni & Cheese~ Glazed Carrots Blondie	26 Pasta Bar Bolognese~Pomodoro~Pesto Roasted Brussel Sprouts	27 Tomato Garden Vegetable Soup (GF,V) Baked Potato Bar Cheese Sauce, Green Onion, Sour Cream, Salsa Broccoli Spears Chocolate Eclair