



# MIND MATTERS

## Concussion Prevention and Traumatic Brain Injury

**Monday, March 9, 7pm**  
**Doors open at 6:30pm.**  
**Held at EvergreenHealth Surgery and Physicians Center**  
**12333 NE 130th Lane, Kirkland, WA 98034.**

From youth sports to the professional level, sports-related brain injuries are a serious issue for athletes and their families. Join us for a panel discussion on the prevalence of sports-related concussions and how to protect your athlete.

Panelists include:

**Stanley Herring, MD**  
Seattle Seahawks Team Physician  
Medical Director, UW Medicine Sports, Spine and Orthopedic Health  
Zackery Lystedt Sports Concussion Endowed Professorship

**Paul Johns**  
Director/Youth Football & Alumni Programs,  
Seattle Seahawks

**Yung Lee, DO**  
Medical Director, EvergreenHealth Sport & Spine Care

**Deborah Crawley, CBIS**  
Executive Director,  
Brain Injury Alliance of Washington

**Special Guest Zackery Lystedt**



Presented in partnership with EvergreenHealth/  
Safe Kids Eastside, UW Medicine, Brain Injury  
Alliance of Washington and the Seattle Seahawks.  
*Space is limited. Register online at [www.kcls.org](http://www.kcls.org)  
or call the Kirkland Library, 425.822.2459.*



Reasonable accommodation for individuals with disabilities is available; please contact the library prior to the event if you require accommodation.

Presented as a part of:



[kcls.org/mindmatters](http://kcls.org/mindmatters)



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