

Semmes Senior

February 2015

9635 Moffett Road

Semmes, AL 36575

Telephone 251-649-2010

Email: semlesseniorcenter@gmail.com

Fax 251-649-2322



Events & Classes

W e l c o m e

HOURS

Monday—Friday

8:30 am—4:30 pm

DUES

\$40.00

Paid annually

Min. age – 62

Terry Dixon

Program Director

Membership Update:

As of January 14, we had 261 members!



Semmes Senior Center is now a certified Silver Sneakers Facility. Call the Center for more information at 649-2010.



February 5-Thursday

11:30 Lunch-Hickory Pit-\$5.00 (Sign up)

12:00 Mayor Judy Hale

February 11-Wednesday

10:00 Bingo and Prizes, Darla Torbert, Covenant Hospice

12:00 “Pruning How-To’s”, Master Gardener, James Miles

February 12-Thursday

11:30 Valentine Luncheon (Soup and Salad-\$6.00) Entertainment by our own Semmes Senior Center Pickers

February 19-Thursday

11:30 Lunch-Semmes-House of Pizza-\$5.50 (Sign up)

12:00 “Identity Theft”, Alec Brown, South Alabama Regional Planning Commission
1:00 February Birthday Celebration

February 25-Wednesday

10:30 “Getting Ready for Spring Planting”, Home Depot

February 26-Thursday

11:30 Lunch-Pot Luck (Sign up)

12:00 “Talk With Terry”

CENTER WILL BE CLOSED

February 16-Monday

February 17-Tuesday



FEBRUARY CLASSES/ACTIVITIES

MONDAYS

9:00 Mexican Train Dominoes

12:30 Line Dancing-Beginner

Instructor: Linda Petty

1:30 Line Dancing-Intermediate

Instructor: Linda Petty

TUESDAYS

9:00 Billiards

9:00 Genealogy

Instructor: David Ditto

1:00 Mexican Train Dominoes

2:00 Aerobics-Beginner

Instructor: Ali Botsis

WEDNESDAYS

9:00 Guitar 101

Instructor: Don Jenkins

9:00 Computer 101

Instructor: Karen Brown

1:00 Shanghai Rummy

1:00 Regular Dominoes

THURSDAYS

8:00 Men’s Bible Study (1st and 3rd Thursdays each month)

9:00 Rook

1:00 Mexican Train Dominoes

FRIDAYS

9:00 Walking With Wanda and Friends

9:00 Crochet-Advanced

Instructor: Edna Townsend

10:00 Needle Arts/Crafts

Instructor: Edna Townsend

10:00 Open

Billiards/Horseshoes

11:00 Open Cards

1:00 Advanced Guitar Group

1:00 Painting 101

Instructor: Warren Gatwood

Events / Sponsor Information

Judy Hale

Mayor of Semmes

Mayor Hale will be with us on the 5th. Come find out what is going on in our community.

Darla Tolbert

Covenant Hospice

Covenant Hospice has been providing care for more than 30 years. Their mission is to ensure patients live as fully and comfortably as possible, without regard to their ability to pay. They provide specialized care for those with life-limiting illnesses, offering hospice services wherever the patient considers "home". Ms. Tolbert will be here on the 11th to sponsor Bingo and Prizes.

James Miles

Master Gardener

Mobile County Master Gardeners are volunteers dedicated to improving quality of life by sharing horticultural knowledge and facilitating community projects. Mr. Miles is a Regional Agent specializing in Commercial Horticulture with Mobile County Extension. He will be here on the 11th to share information on "Pruning How-To". He was responsible for setting up the Master Gardeners' organization in Mobile in 1992.

Fitness Instructors Needed

We are looking for volunteer fitness instructors - Individuals who can teach Tai-Chi, Zumba, Yoga, etc. Please contact the Center at 649-2010.

Volunteers Needed

If you would like to help work the reception desk, we **need** you. It is a great way to meet people and share all that the Senior Center has to offer. If interested, contact the Center at 649-2010

Alec Brown

South Alabama Regional Planning Commission

South Alabama Regional Planning Commission (SARPC) is a locally controlled and organized instrument of local government in Southwestern Alabama. SARPC Mobile, Baldwin and Escambia Counties and twenty-nine municipalities through the provision of programs and services in community development; employment and economic development; grant administration; senior and social services and transportation planning.

The Area Agency on Aging at SARPC is the central advocate and resource for information and assistance for older adults in Mobile, Baldwin and Escambia Counties. Mr. Brown from SARPC will be with us on the 19th to speak on "Identity Theft".

Home Depot

Home Depot will be with us on the 25th to conduct a workshop "Getting Ready for Spring Planting".

Wal-Mart, Richard Eubanks, Manager (Birthday Cake)

Walgreens, Semmes, Jeffrey McMillan, Manager (Ice cream)

A special word of thanks goes to our local partners for sponsoring treats for our Birthday Celebrations. Please stop by and show your appreciation and say thank you in person.

CLASS DESCRIPTIONS

Aerobics - Learn basic aerobic and stretching exercises.

Computer 101 - Learn basic knowledge of operating features, storing files, and general overview.

Genealogy - Learn to research your family history.

Crochet - Beginners and advanced crochet class - bring a J-hook and yarn.

Needle Art/Crafts - Various crafts will be taught.

Line Dancing - Learn basic beginning line dancing steps. Intermediate classes are also available.

Men's Bible Study - Participate in Bible classes and discussion.

Painting 101 - Learn beginning painting. Supply list is available at reception desk.

Intro to Water Color - Learn this fun and simple art form.

Rook - Learn to play this fun card game.

Shanghai Rummy - Learn this fun card rummy variation.

Guitar 101 - Learn basic 5-string acoustic guitar.

Walking With Wanda and Friends - Walk trail with group behind the Center to Snow Road and back for 1.5 miles of exercise!



Check us out on Facebook and follow Semmes Senior Center!