

# THANK YOU

FOR YOUR SUPPORT



YOUR DONOR IMPACT REPORT

Thank you for your support of Virginia Hospital Center. In 2014, Virginia Hospital Center continued to be a national leader in patient care excellence, earning several prestigious awards for patient care and health care quality. This *Year in Review* shows how donor support impacts our patients and community as we strive to fulfill our vision to be **THE BEST HOSPITAL**.

## CARING FOR OUR COMMUNITY

Each year, Virginia Hospital Center touches the lives of almost everyone in our community. In 2014, the Hospital provided:

- 22,434 inpatient admissions
- 425,372 outpatient procedures and tests
- 66,619 Emergency Room visits
- 17,872 Urgent Care visits
- 47,528 Physical Therapy and 5,452 Speech Therapy visits
- 44,850 Radiation, Oncology and 8,639 Cyberknife™ procedures
- 15,878 surgeries (inpatient and outpatient)
- Delivered 5,825 babies and provided specialized care in the Marjorie Sand Neonatal Intensive Care Unit for 364 babies born prematurely, infants who were ill at birth, or infants with special healthcare needs
- 7,121 Wound Healing and Hyperbaric Care treatments

## ACCOLADES



- Virginia Hospital Center, for the second year in a row, was selected as **One of America's 100 Top Hospitals** by Truven Health Analytics.
- Also for the second year in a row, the Hospital was named **One of America's**

## FACTS & FIGURES



### 50 Top Cardiovascular Hospitals by Truven Health Analytics.



**American Nurses Credentialing Center (ANCC).** The ANCC's Magnet Recognition Program® is the highest level of acknowledgement of a healthcare organization's quality patient care, nursing excellence and innovations in professional nursing practice.

- Virginia Hospital Center has been designated a **Magnet Hospital by the American Nurses Credentialing Center (ANCC)**. The ANCC's Magnet Recognition Program® is the highest level of acknowledgement of a healthcare organization's quality patient care, nursing excellence and innovations in professional nursing practice.
- Virginia Hospital Center was recognized, by Healthgrades, as a recipient of the **Outstanding Patient Experience Award** for 2014, placing the Hospital in the top 5% nationally in overall Patient Experience.
- As presented at the American Society for Radiation Oncology (ASTRO), Virginia Hospital Center was part of ground-breaking research on Accelerated Partial Breast Irradiation (APBI) for the treatment of early stage breast cancer.
- For the second year in a row, Virginia Hospital Center has been named a **2014 HEALTHSTRONG™ Hospital** representing our recognition as one

of the top performing hospitals in the nation.

- Virginia Hospital Center is a 2014 Press Ganey **Guardian of Excellence Award<sup>SM</sup>** winner. This distinction is a result of the Hospital reaching the 95th percentile for Patient Experience in Inpatient Care.
- The Hospital earned an **"A" Hospital Safety Score** from The Leapfrog Group.
- Virginia Hospital Center's Emergency Department has again received the **Emergency Center of Excellence Award** based on the results of over 100 key performance indicators and is the only hospital in the Mid-Atlantic region to be honored with this award for excellence.
- Virginia Hospital Center's Bariatric Services have been recognized for excellence by both the Clinical Sciences Institute of Optum (United Healthcare) and Carefirst BlueCross BlueShield.

## ACCREDITATIONS

- Virginia Hospital Center's Blood Bank received formal accreditation from the American Association of Blood Banks for Blood Bank and Transfusion Services certification.
- The Hitt Family Center for Radiation Oncology successfully completed their re-accreditation through the American College of Radiology (ACR).

# THE IMPACT OF GIVING

Being the best means investing in the services our community needs.  
These significant programs and improvements were supported by charitable giving in 2014:

- Through a bequest from the estate of Georgiana (Gigi) Gordon, Virginia Hospital Center opened its Aquatic Therapy program. This highly specialized program includes a new aquatic therapy pool which is equipped with an underwater treadmill and camera, powerful therapy jets and a massage system and is conveniently located at our South campus on Carlin Springs Road. Virginia Hospital Center's aquatic therapy program will be the first hospital based program in Northern Virginia and fills an important need in our community.
- The Hitt Family Center for Radiation Oncology was dedicated in 2014. Our newly expanded radiation oncology program provides patients with access to the latest state-of-the-art technology, providing our oncology patients with more precise treatments, improved comfort, fewer side effects, and better outcomes.
- The Marjorie Sands Neonatal Intensive Care Unit (NICU) was expanded to significantly enhance the NICU's capacity to care for an increasing volume of premature and full-term ill babies. In 2014, the NICU expanded its capacity to care for our most delicate patients—micro-premature infants born before 29 weeks gestation and weighing less than 3 lbs.
- Through the support of the Foundation's Women's Health and Empowerment Circle, specialized mammography equipment for the Reinsch Pierce Family Center for Breast Health was purchased.
- New technology and equipment throughout the Hospital, including heart-lung bypass machines for cardiac surgery, portable anesthesia machines for the operating room, diagnostic equipment for radiology, and new hospital beds for inpatient units.
- Funding for the Lifeline Assistance Fund which provides access to the Lifeline early warning system for low-income seniors, so they can remain independent and living at home.
- Scholarships for aspiring nurses and professional development for hundreds of nurses at Virginia Hospital Center. This ensures that the latest medical advances are brought directly to the bedside.



Arlington Pediatric Center (APC) opened its doors in 2001 as a community benefit program of Virginia Hospital Center and provides quality, compassionate, outpatient medical care to the children of low-income families and uninsured children living in Arlington County. **In 2014, APC:**

enrolled <b>648</b> new patients	cared for <b>583</b> newborns	treated <b>3,440</b> children during <b>14,387</b> visits	administered <b>9,727</b> vaccines
filled <b>375</b> free prescriptions	enrolled <b>441</b> children in public health insurance	cared for <b>553</b> children with special health care needs	incorporated Reach Out and Read childhood literacy program into <b>1,300</b> well-child visits

## APC IMPACT – FIGHTING CHILDHOOD OBESITY

In October 2014, the Northern Virginia Health Foundation awarded a grant of \$115,000 to APC to pilot a healthy weight program for overweight and obese patients. The grant will provide new tools and training for staff and patients and fund two new part-time staff positions, a licensed nutritionist and a lactation consultant to work directly with the mothers of APC patients.

"Childhood obesity is a chronic, progressive disease that alters child development and often results in a poor health-related quality of life, depression, and anxiety," said Pat Mathews, President and CEO for NVHF. "We are proud to partner with APC on an initiative that will make a difference in the lives of these pediatric patients, their families, and in our community."