



# The Silver Academy

## Lunch Menu: March 1 – April 1

March 1 – Blintzes (Dairy)

March 2 – Tacos (Dairy)

March 3 – Sloppy Joes (Meat)

March 4 – Pizza (Dairy)

March 7 – Perogies (Dairy)

March 8 – Deli (Meat)

March 9 – Baked Ziti (Dairy)

March 10 – Chicken (Meat)

March 11 – Quesidilla (Dairy)

March 14 – Scrambles Eggs (Dairy)

March 15 – Tuna (Dairy)

March 16 – Burgers (Meat)

March 17 – Chicken (Meat)

March 18 – Pizza (Dairy)

March 21 – Grilled Cheese (Dairy)

March 22 – Fish (Dairy)

March 23 – Hot Dogs (Meat)

March 24 – Soft Tacos (Dairy)

March 25 – Mac and Cheese (Dairy)

March 28 – Falafel (Dairy)

March 29 – Sloppy Joes (Meat)

March 30 – Tuna (Dairy)

March 31 – Baked Ziti (Dairy)

April 1 – Pizza (Dairy)

- ❖ Every lunch also includes a vegetable, fruit and salad bar
- ❖ On dairy days, the salad bar includes yogurt and cottage cheese
  - ❖ On dairy days, milk is served with lunch