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## MEET OUR NEW PHYSICAL EDUCATION TEACHER



We are excited to welcome Nicole Sunderland to our Silver Academy family! Nicole graduated from Messiah College in 2014 with a K-12 Health and Physical Education Degree. While at college, she was an active member of the cross country and track teams. She is currently serving as the cross country coach at her alma mater, Boiling Springs High School. In addition to running sports, Nicole has participated in many physical activities

including soccer, swimming, and basketball, and recently taught Zumba dance/exercise classes.

Off the field, Ms. Sunderland has worked with several local children's programs, including serving as camp counselor at an outdoor adventure camp. Nicole also had the opportunity to work with children well beyond our area, as she participated in Mission trips to Haiti, New Orleans and Mexico.

On a personal note, Ms. Sunderland grew up in Boiling Springs and still calls this town her home. She is very close with her family and values her relationship with her younger sister. When not teaching, coaching or running, Nicole enjoys reading, singing, and spending time with friends and family!