

~ January 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 NO SCHOOL	2 Baked Ziti Garlic Bread Vegetable Fruit Yogurt & Cottage cheese Salad Bar Milk	3 Pizza Vegetable Fruit Salad Bar Yogurt & Cottage Cheese Milk	4
5	6 Pierogies Broccoli Fruit Yogurt & Cottage cheese Salad Bar Milk	7 Corned Beef Potato Knish Vegetable Fruit Salad Bar Juice	8 Soft tacos Rice and beans Corn Fruit Yogurt & Cottage cheese Salad bar Milk	9 Meat ball sub French fries Vegetable Fruit Salad Bar Juice	10 Pizza bagels Noodle soup Carrots and Celery Fruit Salad Bar Yogurt & Cottage Cheese Milk	11
12	13 Fefafel on a pita Israeli Couscous Israeli salad Fruit Salad Bar Yogurt & Cottage Cheese Milk	14 Bagels w/ cream cheese Blintzes Cucumbers and Tomatoes Fruit Salad Bar Yogurt & Cottage Cheese Milk	15 Hamburgers on ww Sweet potato fries Peas Fruit Salad Bar Juice	16 Hot Turkey sandwiches Mashed potatoes Vegetable Fruit Salad Bar Juice	17 Grilled Cheese Tomato Soup Vegetable Fruit Salad Bar Yogurt & Cottage Cheese Milk	18
19	20 MITZVAH DAY Hot Dogs Tater Tots Vegetable Fruit Salad Bar Juice	21 Fish Sticks Rice Vegetable Fruit Yogurt & Cottage cheese Salad Bar Milk	22 Scrambled Eggs Hash browns Fruit Vegetable Salad Bar Yogurt & Cottage Cheese Milk	23 Pasta w/ meat sauce Garlic bread Broccoli Fruit Salad Bar Juice	24 Pizza Carrots and Celery Fruit Salad Bar Yogurt & Cottage Cheese Milk	25
26	27 Pancakes Fruit Vegetable Yogurt & Cottage Cheese Salad Bar Milk	28 Macaroni & Cheese Peas Fruit Salad Bar Yogurt & Cottage Cheese Milk	29 Sloppy Joes French Fries Green Beans Fruit Salad Bar Juice	30 Chicken nuggets French fries Cauliflower Fruit Salad Bar Juice	31 Pizza Vegetable Fruit Salad Bar Yogurt Milk	Notes: