



Lunch Menu: October 9 – October 30

October 9 – Breakfast for Lunch (Dairy)

October 13 – Hamburger (Meat)

October 14 – Blintzes (Dairy)

October 15 – Tuna Wrap (Dairy)

October 16 – Pierogies (Dairy)

October 19 – BBQ Chicken (Meat)

October 20 – Baked Fish (Dairy)

October 21 – Soft Tacos (Dairy)

October 22 – Pasta with Ground Turkey (Meat)

October 23 – Pizza (Dairy)

October 26 – Tuna Salad (Dairy)

October 27 – Roasted Chicken (Meat)

October 28 – Macaroni and Cheese (Dairy)

October 29 – Deli (Meat)

October 30 – Scrambled Eggs (Dairy)

- ❖ Every lunch also includes a vegetable, fruit and salad bar
- ❖ On dairy days, the salad bar includes yogurt and cottage cheese
 - ❖ On dairy days, milk is served with lunch