

AMA Youth Run Club and Comprehensive School Health

You operate in a

Social and Physical Environment

- Increase physical activity within schools
- Provides opportunities to interact with peers and school staff

You interact with different

Partnerships and Services

- Community leaders, parents, physicians and Ever Active Schools are integrated into supporting the AMA Youth Run Club and other wellness initiatives



(JCSH, 2008)

You are engaged with

Teaching and Learning

- AMA Youth Run Club Resources provide supports and strategies to implement a running program as well as connecting to other areas of curriculum

You are guided and

supported by School Policy

- Supports the healthy implementation of Daily Physical Activity as well as Alberta Nutritional Guidelines for Children and Youth