

Personal Thoughts – Don't Assume, Just Ask!

I have found that some of my relationships were more open and honest while others were closed off and full of assumptions, since my suitors varied in their previous experience with a person in a wheelchair. The key to the most enjoyable of my experiences has been open and honest communication. I always encouraged them to ask me any questions that may pop up rather than assuming there was anything we couldn't do. This same piece of advice goes beyond relationships and can also be used as a way of integrating individuals with disabilities into all societal activities. This is the first step in eliminating misconceptions and combating stereotypes surrounding disability.