

# 2015 Spring Retreat For NWC SPIRITUAL DIRECTORS

**WHEN:** MONDAY AND TUESDAY, APRIL 6-7  
1 p.m. on Monday through 1 p.m. Tuesday

**WHERE:** ST JOHN'S ABBEY GUESTHOUSE in Collegeville, MN  
Three meals (dinner, breakfast, lunch) and individual rooms with all linens and private baths are included in the fee

**OPTIONS:**

- Join the monks for liturgical prayer in the Abbey sanctuary (4x/day)
- Walk around the lake, through the woods, across the marsh
- Extend your retreat - contact St John's ([guestmaster@osb.org](mailto:guestmaster@osb.org))

**SCHEDULE:** This retreat will include: a session on boundaries for spiritual directors, time for mutual support in triads, worship with communion

**TRAINING SESSION TITLE:** Boundaries for Spiritual Directors

**LEADER:** Millie Lungren, on ECC staff serving with Make and Deepen Disciples

**PURPOSE:** The participant will become aware of the responsibilities and competencies of those called to and serving the spiritual direction ministry within the Evangelical Covenant Church. Topics will include: ethical guidelines for the ministry of spiritual direction, collegiality, personal health and boundaries.

**FEE:** The cost of this retreat is \$40 per person. (Speaker expenses are usually part of the cost, but there is no speaker expense for this retreat.) The NWC Ministerial Association supports the ministry of spiritual direction and supplements the cost of our retreats from its budget. Checks are payable to the NWC Ministerial Association.

**BRING:** Bible and journal or notebook

**REGISTRATION:** RSVP by Monday, March 30 to Judy Peterson ([judyp@excelcov.org](mailto:judyp@excelcov.org))

**QUESTIONS?** Contact Judy Peterson or Judy Swanberg ([judy@northwestconference.org](mailto:judy@northwestconference.org))

