

Chrysalis House July 2016

Well, summer is upon us and the shelter is, as per usual, full. Many women living with abuse try to hold on until the end of the school year in order to facilitate their children completing their school year surrounded with friends and familiar faces. The summer months are a busy transition time for many families who have been living with experiences of abuse. While many children enjoy the summer as a time for connecting with friends, it can be a tough and isolating time for children who have had to leave their homes and their communities.

This summer we have been supported through the Human Resources Department of Canada with funds to hire a part time Summer Recreation worker. With school out and a houseful of children (currently 14) - this is a real blessing! Plans for the summer program include such things as: pancake breakfasts, art n'crafts, trips to the beach and sand castle building contests. Many of these activities include Mom's so that everyone from the house can participate if they want to. Obviously, we look for free (or almost free) activities so if you know of anything please let us know!

We would like to thank the owners, staff and patrons of Beyond Yoga for the incredible donation that we received last week. We were overwhelmed with the array of clothing, toys, art n'craft supplies, personal and household items that were donated, as well as the financial donation. These are all items that will be so useful to the shelter and to the individual women and children. Thanks also to the donor of the feminine hygiene products; much appreciated as we go through so many of them. Additionally, we recently received a new batch of complimentary passes from Beyond Yoga for the women at Chrysalis House so that they can benefit from the healing medium of yoga.

We wish to you all, a safe and wonderful summer!

Many thanks from Chrysalis House.