



Upcoming Five-Day Emotional Intelligence (EQ) and Human Relations (HR) Workshops

Learn more at <http://www.eqhrcenter.org/upcoming-events/>



April 14 thru 17, 2015—at the Duncan Conference Center, Delray Beach, FL

- ♦ Full Tuition \$595.00
- ♦ ESCI 360 Survey \$199.00
- ♦ Meals/Lodging available at Duncan: Single \$444.00, Double \$339.00, Commuter \$250.00



June 1 through 5, 2015—Honey Creek Camp and Conference center, Waverly, GA

- * Full Tuition \$595.00
- * ESCI Assessment \$199.00
- * Lodging and meals available at Honey Creek Single \$492.00, Double \$328.00, Commuter \$212.00



July 6 through 10, 2015—Luther Seminary, St. Paul, MN

- * Full Tuition \$595.00 paid to Luther Seminary/Kairos
 - * ESCI Assessment \$195.00 paid to the EQ-HR Center
 - * Lodging and meals available at Luther Seminary.
- Contact Luther Seminary Guest Housing Reservation line at 651-641-3237 or email stubhr@luthersem.edu



Other Upcoming Workshops coming later in 2015

May 4-8, 2015-Lutherdale Bible Camp, Elkhorn, WI

June 22—26, 2015—Bishop Claggett Center,
Buckeystown, MD

August 10—14, 2015—Highlands Presbyterian
Conference Center, Allenspark, CO

August 24-30, 2015-Pilgrim Heights, Montour, IA

June 1-5, 2015-Queen's House, Saskatoon, SK, Canada

July 27 - 30, 2015—University of Tennessee,
Knoxville, TN

October 12—16, 2015—Honey Creek Conference
Center, Waverly, GA

EQ-HR 5 day Schedule and Registration

Most workshops begin at 2 PM on Monday and ends after lunch on Friday. Evening sessions go to 9 p.m. **Register online at www.eqhrcenter.org**

What happens at an EQ-HR Workshop?

This core EQ HR Center workshop is an intensive four or five-day session designed to enable participants to learn about, build and practice emotional intelligence skills in a small group setting. Skilled facilitators provide tools and feedback to enable participants to learn about themselves and to immediately practice emerging skills. As group life unfolds, participants give and receive feedback regarding the impact they have on others in the group. Participants will learn both inter-personal and intra-group communication skills. The content of the workshop revolves around the five areas of emotional intelligence as keys to improving leadership effectiveness for faith-based leaders.

They are:

1. **Self-Perception** — Having a solid understanding of one's self, one's emotions and one's inner life.
2. **Self-Expression**—Being able to openly and honestly express one's true thoughts and feelings.
3. **Interpersonal** -Having a healthy network of relationships.
4. **Decision Making**—Feeling competent, calm and grounded in one's ability to use emotional information to make decisions.
5. **Stress Management**—Feeling resilient in the face of adversity and armed with an arsenal of coping strategies.

What is the ESCI 360 Survey?

As part of this core event, workshop participants complete a comprehensive emotional and social competency inventory (ESCI) self-assessment of their emotional intelligence. They also identify up to 20 people (manager(s), direct reports, peers, clients, family and friends) who know them well and are willing to complete the same assessment in order to provide valuable feedback. What results is a detailed report of one's Emotional Intelligence strengths and development needs. This will be for the participant's eyes only and will provide possible personal items to be explored in one's small group.



About the Center for Emotional Intelligence and Human Relations Skills -

Our mission is to equip leaders within faith-based organizations with skills that enhance their leadership abilities by developing emotional intelligence competence, building human relations skills and providing coaching support. Our trainers and coaches come from diverse faith traditions and professional backgrounds. Many have worked or continue to work as clergy or lay leaders. Others are teachers, coaches, organizational consultants and facilitators. They share a common passion for strengthening the individual leaders and organizations that support us all in the spiritual aspects of our lives.

We recommend this to all of our leaders!