



The 2015 Forum for Healthy Minds Presents:

FROM HOPELESSNESS TO HOPE & HEALING

Saturday, May 9, 2015 • 8:00 am - 3:00 pm
California State University, San Marcos
333 South Twin Oaks Valley Road, San Marcos, CA 92078

Powerful Workshops are geared for parents, family members, teens, young adults and mental health advocates. Presenters will be addressing real life issues as they relate to identifying mental health concerns, promoting individual and family wellness, replacing stigma with empowerment, and offering support, education and hope to those affected.

Resource and Arts Fair featuring over 30 San Diego County health organizations and services, valuable community resources, and local artisan crafts.

And more.... lunch, raffle prizes, and a comfortable venue to make new contacts, gain the latest and most up to date information, and seek support from those who have similar life experiences.

Donations accepted to benefit services and support programs for individuals and families
(CAHM was founded by Rex & Connie Kennemer in memory of their son Todd, 1980 – 2005)