



How to promote healthy relationships and sexual health for teens and adults with disabilities

Discussing sexuality and disability can be difficult for families and professionals, but **sexuality is a natural part of the human condition**. When we ignore the sexual development and sexual health of adults with disabilities serious problems can occur. **Adults with disabilities are at a much higher risk of sexual abuse, poor relationships, or being accused of predatory behavior.**

This session will provide an overview of topics **adults with disabilities and their families** need to know to promote **safety, health, and positive** relationships. Areas covered include:

- **body awareness**
- **preventing abuse**
- **appropriate public and private behavior**
- **healthy sexual choices, and more!**

Resources for parents and educators will be provided.

This event is free and opened to the public.

Families Helping Families of Jefferson • 201 Evans Rd., Bldg. 1, Suite 100 •
Harahan, LA 70123 • Website: www.fhfjefferson.org •
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Changing Lives Every Day

Presenter:

Maria Blanco, M.Ed.
LSU Health Sciences Center
Human Development Center

Tuesday,
April 7, 2015
9:30 am - 12:00 pm

East Bank
Regional Library
Jefferson Room
4747 W. Napoleon Ave.
Metairie, LA 70001

To register, please call:

504-888-9111 or
800-766-7736

