



**Hospice Caring, Inc.**  
Holding Hands *and* Healing Hearts since 1989

# Volunteer Training

*Become a Hospice Caregiver or Bereavement Volunteer*



## Our thoroughly trained volunteers provide:

- Companionship in difficult times
- Home assistance and transportation
- Adult Bereavement Support Group Facilitation
- School-Based Good Grief Club & Health Class Facilitation
- Support and Advocacy

## Training led by professionals covers topics such as:

- Communication & Active Listening
- Understanding Grief
- Cultural Competency
- Wills & Durable Power of Attorney
- Self-Care & Setting Healthy Boundaries

## Flexible volunteer hours based on your schedule!

To sign up for a volunteer training session, or for more information, contact Penny Gladhill at [pennyg@hospicecaring.org](mailto:pennyg@hospicecaring.org) or 301-990-8904.

**Fee:** No charge (contributions of any size are appreciated)

*Hospice Caring provides caring, compassionate, practical and high-quality, non-medical support services, without charge, to Montgomery Co. adults and children facing a life-threatening illness or grieving the death of a loved one.*

[www.HospiceCaring.org](http://www.HospiceCaring.org) | 301-869-HOPE (4673)

Hospice Caring, Inc., 518 South Frederick Avenue, Gaithersburg, MD 20877



## *Next Three Day Training Session:*

*March 10, 11 & 12, 2015*

*8:30 am - 4 pm*

*(session filling up quickly)*

## *Additional 2015 Trainings:*

*May 12, 13 & 14*

*September 15, 16 & 17*

*November 17, 18 & 19*

Connect with us!

