

EMMANUEL EPISCOPAL CHURCH

HIGH NOTES



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Deep Into the Season of Lent

Here at Emmanuel we are deep into the beautiful Season of Lent. As you know, Lent is a solemn religious observance in the liturgical calendar of many Christian denominations that begins on Ash Wednesday and covers a period of approximately 40 days before Easter Sunday. The traditional purpose of Lent is the preparation of the believer through prayer, penance, repentance of sins, almsgiving and self-denial.

The customary purpose of Lent is heightened in the annual commemoration of Holy Week, marking the death, burial and resurrection of Jesus, which recalls the tradition and events of the New Testament beginning on Maundy Thursday and culminating in the joyful celebration of Easter Sunday.

During Lent many folks commit to fasting or giving up certain types of luxuries as a form of penitence. Other Christians add a Lenten spiritual discipline, such as reading a daily devotional to draw themselves near to God (page 6). The Way of the Cross is a devotional commemorating Christ's carrying His cross and of His crucifixion (page 7). Please note that Region IV has a Lenten Series (page 6). Join us on Sunday mornings to discuss the Gospel of Mark (page 6). Mark your calendars so as to not miss the Triduum (Maundy Thursday, Good Friday and the Great Easter Vigil on Saturday) (page 7).

Please see inside this newsletter for many events taking place during Lent; and please join us for as many of the activities as your schedule allows.



Chuck

High Notes Submissions

Articles for the February *High Notes* must be submitted to [Kelli](#) by March 20.



Our 10-Year Vision for Emmanuel

Emmanuel Episcopal Church is a thriving, engaged and creative parish working to educate and meet the needs of children, youth and adults; live and demonstrate our Christian values; and create a more humane and just world through community service and outreach.

Diocesan Bishops

The Rt. Rev. Shannon Johnston
The Rt. Rev. Susan Goff
The Rt. Rev. Ted Gulick

Emmanuel Church Staff

Rector

The Rev. Charles C. McCoart, Jr.

Priest Associate

The Rev. Joani Peacock

Seminarian

Alex Allain

Director of Spiritual Formation for Children and Youth

Toni Buranen

Organist/Choir Director

Ryan Fitch

Parish Administrator

Kelli Corts

Administrative Assistant / Receptionist

Heather Starek

Nursery Caregivers

Lilian Urrea
Rosa Alarcón

Sunday Services

8:00 a.m. and 10:30 a.m.

Church Office Hours

Monday—Thursday
10:00 a.m.—2:00 p.m.

Emmanuel Episcopal Church

1608 Russell Road
Alexandria, VA 22301
703-683-0798 (phone)
703-683-6158 (fax)

office@emmanuelonhigh.org
www.emmanuelonhigh.org

Spotlight on our Long-Time Members

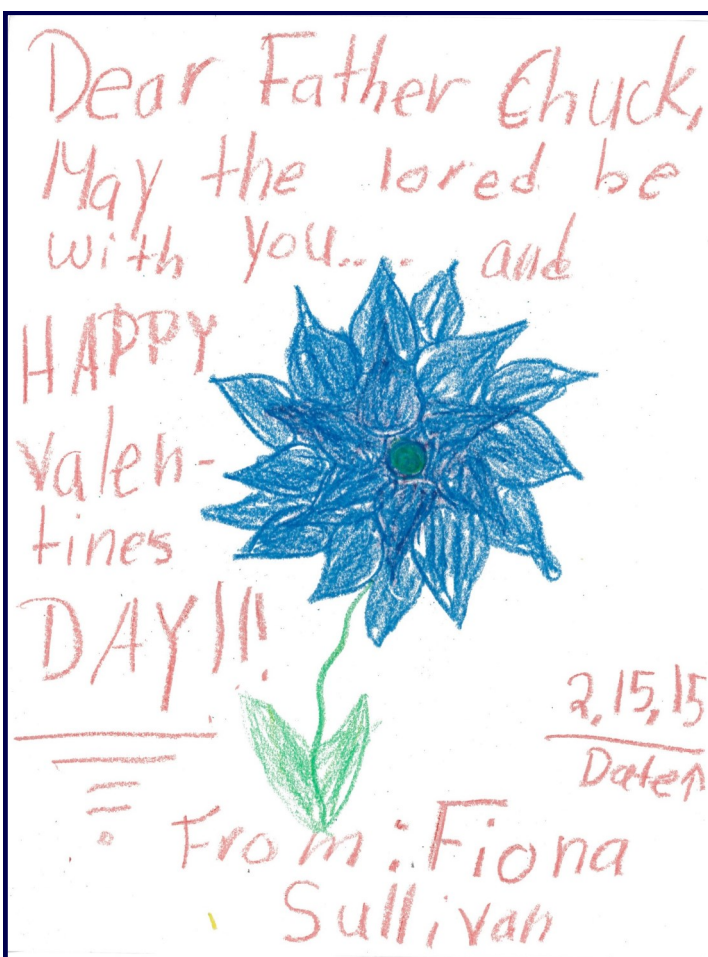
Recently the Diocese of Virginia asked us to help honor older members of our congregation for an upcoming issue of the *Virginia Episcopalian*. We thought it was a great idea and decided to also share those stories with you in the next few newsletters.

Evelyn Kirk

I always try to live by "Do unto others as you would have them do unto you." Also I try not to judge people too quickly but rather to try to understand the circumstances they find themselves in.



Evelyn has been a member of Emmanuel since 1950. She will be 100 years old this year.



Artwork lovingly
created during the
10:30 a.m. service.

Why We Chose Emmanuel

By Barry and Melissa Bennett

The Bennett family ... Melissa, Barry, Ella and Andrew couldn't be happier at Emmanuel Episcopal Church.

Like many of our Emmanuel friends, Emmanuel on High was not our first church in the area. Our relationship with church started with our daughter Ella attending the preschool. At that time we were attending another church in Northern Virginia.

As we were dressing for Christmas Eve Service our then 5-year-old daughter Ella said "Why aren't we going to Emmanuel to church?" We had no good answer and we soon began worshiping here as well.

What we found was what we had really been looking for but didn't know it was under our nose. Emmanuel is full of young families and we quickly came to understand this was the perfect fit for our family.



Emmanuel is a very welcoming experience. We both love that the church is filled with little ones who enjoy coming each Sunday.

Emmanuel is not a place that much cares what you wear on Sunday. Emmanuel is certainly not for adults only. Emmanuel is for the whole family. Family life is complicated enough on the weekends without adding to the stress on Sunday mornings.

We remember how our parents would stress over getting us all dressed up. Stressing about our shoes, clothes, and behavior. It was not a pleasant experience as a child. We didn't want that for our children. We want our children to grow up in a church that they love to attend each week.

Rev. Chuck and the entire team are friendly and engaging. Our church is growing, vibrant, embracing, and energetic.

Our experience is that the children of a church make all the difference. Our children's love of the church started from their preschool experience and continues to grow.

We came here looking for a community more concerned with being better Christians than what you wear. We came here looking to grow our faith while being with our children. Our family found everything we wanted here at Emmanuel.

We were both raised in small towns in the Midwest. We desperately wanted to find a church where our children could find similar experiences, where they wanted to come, and where they could grow their faith. We found everything we were looking for at Emmanuel and we think you might as well.

2014—2015 Vestry

Bob Carragher (*Senior Warden*)
Michelle Vaughan (*Junior Warden*)
Patrick Adams
Lola Beggs
Leo Cruz
Katie Kelly
Bryan Moore
Adam Schildge
Joe Scott
Meredith Wade
Doug Wheeler

Gene Lange (*Treasurer*)
Vonda Delawie (*Clerk*)

Contacts for Emmanuel Parish and Worship-Related Activities

Acolytes: [Dave Buckman](#)
Altar Guild: [Christina Bartley](#)
Building and Grounds: [Dwayne Piepenburg](#)
Coffee Hour Baristas: [Adam Schildge](#)
Counters: [Jim Bradley](#)
Inreach: [Nancy Dupree](#)
Music (Adult and Youth Choirs): [Ryan Fitch](#)
Music (Guitar Circle): [Stewart Bartley](#)
Newcomers Welcome: [Lola Beggs](#)
Parish Office: [Kelli Corts](#)
Preschool Liaison: [Adam Schildge](#)
PrimeTimers: [Jim Bradley](#)
Readers and Chalice (10:30): [Jerry Boykin](#)
Readers (8:00): [Suji Brown](#)
Craft & Sewing Group: [Gudrun Callahan](#)
Shrine Mont Parish Retreat: [Joe Scott](#)
Twenties and Thirties: [John and Katherine Flower](#)
Ushers: [Bob Callahan](#)
Vestry: [Bob Carragher](#)
Worship: [Nancy Dupree](#)

Christian Education

Adult Spiritual Formation: [Beth Boland](#)
Sunday School: [Toni Buranen](#)
Youth: [Toni Buranen](#)

Outreach

ALIVE!: [John and Katherine Rider](#)
Alexandria Tutoring Consortium: [Kelly Dresen](#)
Bag Lunch Program: [Karen Coda](#)
Carpenter's Shelter: [Marco Dkane](#)
Free School Physical Program: [Bonnie Lilley](#)
Giving Tree: [Kerry Adams](#); [Rachel Kliewer](#)
Haiti (Sister parish of St. Martin de Tours): [Vonda Delawie](#)
Meals on Wheels: Fred De Luca

Fundraising

Annual Giving Campaign: [Bob Carragher](#)
Backpacks for Community Lodgings: [Barbara Harslem](#)
Foundation: [Jane Kolson](#)
Haiti Coffee Sales: [Mary Beth Edgar](#)
United Thank Offering: [Bonnie Fairbank](#)
Yard Sale: [Margaret Wohler](#)

From the Office of Spiritual Formation for Children and Youth

"No one has yet fully realized the wealth of sympathy, kindness and generosity hidden in the soul of a child. The effort of every true education should be to unlock that treasure."

—Emma Goldman

March Greetings to all of our EEC Families!

Spring is coming! I promise! In the meantime, I hope that you are all able to enjoy the last few weeks before King Winter marches out of here. (*Sniff*)

A couple of weeks ago, I had the pleasure of hearing practical theologian and professor, Dr. Joyce Mercer, who teaches at Virginia Theological Seminary, speak on the topic "Raising Children in a Consumer Culture." It was a fabulous talk and highlighted many important things we as parents can do for our children's faith formation and for keeping our families centered on the things that matter. I won't relay the whole talk here, but two big takeaways for me were:

- The way we spend our time, money, and activity are all deeply theological matters because they are about the ways we commit our lives to each other.
- There are five things we can do as families to ground our children (and us!) spiritually as we tend to time, money, and activity: a) eat meals together; b) create device-free zones; c) talk about how — and why — we make decisions about purchases; d) allow simple rituals to provide a pattern and structure to our children's lives, e.g., lighting a candle together, table grace or song, family meetings complete with highs, lows and maybe a family game, and bedtime rituals, and finally; e) sort out the things competing for our time and energy, making a flexible plan to be able to meet everyone's needs and still have time for what is important to our family and for church.

If enough people are interested in unlocking what all of this means, I know that Dr. Mercer would be very happy to come to Emmanuel to share her insights.

Please [contact me](#) if you would like for me to set up a time for her to come. If even five families express an interest, it would be worthwhile to have her come.

On another note, thank you to those who took the time to attend our Town Hall meeting and respond to our survey on faith formation programs for our children and youth. We are gathering the information you submitted and will be sure to take everyone's responses into account as we make decisions for next year. Stay tuned!

In the meantime, I pray that you are able to take time to breathe as a family and take time for the things that matter most to you. If you haven't had those opportunities, Lent is a great time for inward reflection and renewal AND spring is coming and that is always a good time for a fresh start! Read on for more information about upcoming events!

May you have a blessed Lent.

*With gratitude and peace,
Toni*

Coming up:

Sunday, March 1, at 10:30 a.m., will be our last Family Service of the year. We hope that you will be able to join us!

Friday, March 6, from 5:30 – 7:30 p.m. will be a Family Pizza and Game Night!

Bring a game to share, or use what we have here at the church! We will order pizza (pepperoni and cheese) and will also have some simple veggies, fruit, drinks, and dessert.

Donations are welcome to offset the cost of pizza, etc. Please [RSVP](#) so that we know how many to expect.



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Sunday School and God & Donuts Teacher Meeting: Date TBD. All current teachers as well as those interested in teaching next year are invited to attend this meeting so that we can begin to plan for next year. This 30 – 40 minute meeting will happen some time in March either before the 10:30 a.m. service or immediately after. Please stay tuned for more information.

For your planning purposes: This year, we will have Confirmation on Sunday, November 15.

There will be a Confirmation preparation program for youth who will be in 9th – 10th grade beginning in September. If we have two or more 11th – 12th graders who are also interested in being confirmed, we will offer a separate program for this age group. Please contact [Toni](#) or [Janie Piemonte](#) for more information.

Upcoming Fabulous Diocesan Youth Events

6th & 7th Grade Weekend — April 17 — 19 @ Shrine Mont

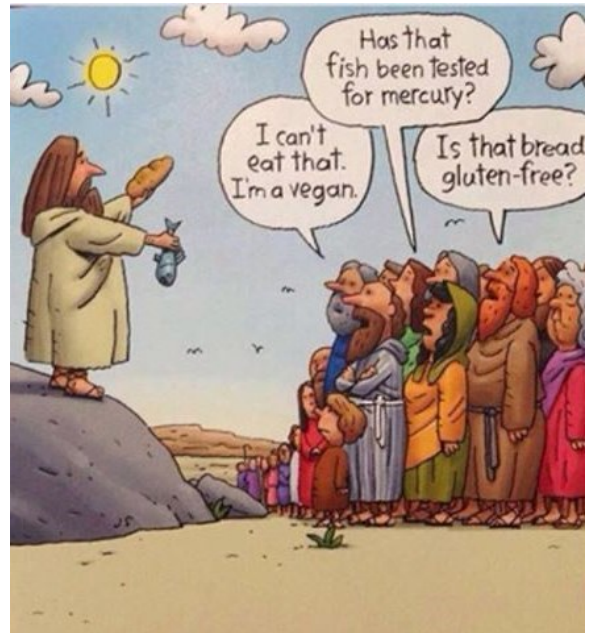
8th Grade Weekend — May 15 — 17 @ Shrine Mont

NEW! Summer Mission Trip — June 20 — 26 @ the Episcopal Mission Center in Philadelphia, PA (*Space available for 50 youth and 10 adults!*)

Registration forms for all three events are in the God & Donuts room off the Parish Hall stage. Detailed information is available at the [Diocesan website](#) under Ministries/PYM or from [Michael Wade](#). Scholarships are available. An adult chaperone/driver is needed for both weekends. Contact [Meredith Wade](#) to volunteer, support our youth, and give yourself a fun and memorable weekend away!

We are Here for You

Emmanuel Church is a community of faith which seeks to nurture and support individuals and families in every stage of life and circumstances. If you or a member of your family need assistance with meals, transportation, prayers, cards, letters of encouragement or any other kind of support, please contact the Inreach Team by e-mailing [Nancy Dupree](#).



Parish Directory

Our 2015 parish directory is in the works. If you have recently moved, changed your e-mail address or phone number, please let [Kelli](#) know. Also, we would like to add a business section to the directory. If you are interested in including your professional business, please send the following information to [Kelli](#): your name, phone number, e-mail address, mailing address, website, and type of business.

Deep into the Season of Lent

Two Ways to Reflect on Lent's Forty Days



The Adult Spiritual Formation Team has chosen not one, but two daily Lenten devotionals.

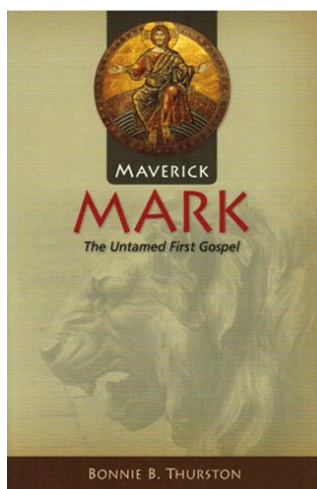
The first is *A Grownup Lent: When Giving Up Chocolate Isn't Enough* by Joanna Liersson, from Church Publishing, an Episcopal resource. Instead of the same old "What will you give up?" the emphasis is on "Who will you be?" and "Whose will you be?" these forty days. Told from a gifted storyteller's point of view.

The second is *Grace and Peace: Devotions for Lent 2015* from Augsburg Fortress, an ELCA publisher (the branch of the Lutherans we are in communion with). This little book is a full color devotional based on Ephesians, each day has a photo, quote, reflection, and prayer. Appealing to the eye as well as the heart.

Help yourselves to whichever one you choose. Voluntary donations of \$3 are welcome to help cover the cost.

Lent According to the Gospel of Mark: Sunday Morning Adult Forum Series

We are currently in Year B of the Lectionary Cycle, Mark's year. Based on *Maverick Mark, the Untamed Gospel* by Bonnie B. Thurston, this five-week Sunday morning series continues to guide us through the Sunday lessons as we delve deep into the radical nature of the first gospel.



- **March 1:** *Mark, Gospel of Suffering and Servanthood*
- **March 8:** *Was Blind but Now I See: Discipleship in Mark*
- **March 15:** *Mark and Economic Justice*
- **March 22:** *Brother Jesus: Implications for the Christian Life*

Led by the Rev. Joani Peacock. Bring a Bible and join us. No reading required. All are welcome. 9:15 a.m. in the Memorial Room.

Region IV Lenten Series Continues

This year's Wednesday-evening Lenten series will be themed *Leaving a Legacy of Faith*. The series is held at a different Episcopal Church in Alexandria during the five weeks in Lent. The remaining evenings follow:

- **Wednesday, March 4:** *Sharing Jesus with Our Grandkids*, Dr. Joyce Mercer, at Immanuel Church-on-the-Hill
- **Wednesday, March 11:** *Sharing Jesus in Our Pluralistic World*, Dr. Kate Sonderegger, at the Church of the Resurrection
- **Wednesday, March 18:** *Investing in Our Future*, Linda Dienno, here at Emmanuel
- **Monday, March 23:** *Sharing Jesus Outside Our Walls*, Dr. David Gortner, Grace Church

Each week will have a worship service from 6:30 — 7:00 p.m., a simple supper provided by the host parish until 7:30 p.m., followed by the hour-long program.



LENTEN WORSHIP

Services During Lent and Holy Week

The Way of the Cross

March 6, 13, 20 & 27—7:30 p.m.



The Way of the Cross has been a part of the Church's Lenten devotions for centuries. This devotion originated from the processions made by pilgrims to Jerusalem.

These processions wound through the city to the traditional sites of Jesus' path as he carried the Cross to Golgotha. Many of these sites, along what is now the Via Dolorosa in Jerusalem, are described in the Passion Narratives of the Four Gospels. Eight of these "stations" or stops along the way are directly from these narratives. The remaining six traditional stations are based on inferences from the Gospel tradition and legend. The form that the Episcopal Church uses is found in our Book of Occasional Services using various Scripture texts.

Maundy Thursday

April 2 — 7:30 p.m.

Maundy Thursday is the traditional English name for Thursday of Holy Week, so named because it is considered the anniversary of the institution of the Eucharist by Jesus at the Last Supper and His washing of the disciples' feet.

Washing feet was a job reserved for the lowest servant in the house. Yet our Lord of Lords humbled himself to wash His disciples' feet. Jesus' washing of the disciples' feet is symbolically reenacted and the altars are stripped bare until The Great Vigil of Easter Service.



Good Friday

April 3 — 12:00 noon and 7:30 p.m.

Good Friday commemorates the crucifixion and death of Jesus. Good Friday along with Ash Wednesday are two designated fast days in the Anglican calendar. The Episcopal Church is a part of the Anglican calendar, culture, church and traditions. Good Friday is more than an historical event, it also stands for the self-offering of Christ for us, the apex of Christ's sacrificial life.



For God so loved the world that he gave his one and only Son....

JOHN 3:16, NIV

The Great Vigil of Easter

April 4 — 7:30 p.m.

Holy Saturday is the final day of Holy Week, the final day of the traditional 40 day Lenten fast. Please stay tuned as we work out the details of the beautiful and highly symbolic Great Vigil of Easter, and please do plan to celebrate with us.

Easter Sunday

April 5 — 8:00 a.m. and 10:30 a.m.

Easter is about Jesus rising from the dead when Christians the world over celebrate His resurrection. Jesus' bodily coming to life again stands at the center of the Gospel. All four gospels speak of it and the creeds affirm it. This is a period of much joy emphasizing the teachings of Jesus during His post-resurrection appearances. This is a time of feasting and celebration. The long fast of Lent is over. Christ is Risen! He is Risen Indeed!

Mental Health First Aid Training

More people deal with a mental health issue than heart disease and cancer combined — approximately 20% of us. 50% of us will deal with a mental health issue in our lifetimes. Emphasis on "us": mental illness is no respecter of persons. Because of stigma, 60% of people

living with a mental illness never receive any treatment. Mental illness left untreated can be a deadly disease.

Mental Health First Aid is a valuable skill for all to learn. Like traditional First Aid Training or CPR, MHFAT develops skills to recognize, engage, and assist those developing a mental health problem or experiencing a mental health crisis to get

the professional help they need.

Led by the Alexandria Department of Community and Human Services, the training demonstrates the initial help given to a person showing signs of mental illness or a mental health crisis. The 8-hour course teaches risk factors, warning signs and symptoms of mental health and substance use disorders; the effects of the illnesses and an overview of treatments; and a five-step action plan for helping someone with symptoms.

This training does not prepare someone to diagnose or provide treatment. It is designed to help paraprofessionals and laypersons provide support until an individual is linked to professional resources. MHFA is not recommended for licensed mental health providers.

Attendees of the full 8-hour course will receive a three-year certification in MHFA. [Click here](#) for more information about MHFA. The training is offered throughout the year. [Click here](#) for class schedule and registration.

Sponsored by the Friends of the Alexandria Mental Health Center and the City of Alexandria, the course is offered free of charge.



Unhinged: True Tales of Living with Mental Illness

I am a woman with a storied past. On my blog, UnorthodoxUnhinged.com, I tell stories weekly — stories of a “manic Christian”. Ghost stories, bedtime stories, bible stories, camp fire stories, family stories, horror stories, funny stories, glory stories, and true stories of a bipolar and sometimes balanced life. I tell the truth, the God’s honest truth and nothing but the truth one story at a time.

There is no better way to tell the truth than to tell a story.

Katie Kelly, a member of our parish, a new EEC vestry member, and former board member, introduced me to Amy Saidman, the executive director of SPEAKEASYDC. Amy and I met in September and we agreed — stories like mine need to be told. They need to be told live and on stage with a real audience up close and personal: A stage for people seldom seen. A venue for voices rarely heard.



But not just me, I tell crazy stories so others can too.

According to the National Alliance on

Mental Illness, one in four adults — approximately 61.5 million Americans experience mental illness in a given year. Approximately 20% of youth ages 13 -18 experience severe mental disorders in a given year and approximately 13% for ages 8 -13. Despite the profound impact that mental illness has on so many individuals, families, and communities it remains misunderstood and taboo.

This is about all of us. All of God's children have a story to tell.

So coming to a stage near you, right here at Emmanuel on High, at 8:00 p.m., on Saturday, April 25, I am proud to present:

Unhinged: True Tales of Living with Mental Illness

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Produced by SPEAKEASYDC, called “the gold standard in storytelling” by the Washington Post, *Unhinged* will feature eight masterly crafted true stories on the theme of living with a mental illness, loving someone with a mental illness, or working in the field.

The performance is free to the public and is made possible by the generous sponsorship of the Friends of the Alexandria City Mental Health Center, Virginia Theological Seminary, The Rt. Rev. Shannon Johnston, EEC, and lots of Tiny Givers!

True stories, told live, truly making a difference! Hope to see you there!

*Pax vobiscum,
Joani*

Piano Dedication Concert



You are invited to attend the Emmanuel Piano Dedication Concert on Sunday,

March 29 at 3:00 p.m. Please come for the concert and a reception to follow. You will hear a variety of music and performers, as we thank our donors for their giving and celebrate our piano's first year at Emmanuel and look forward to the many more to follow.

Easter Flowers

The Altar Guild is looking forward to a fabulous spring and a fun time decorating the church with some stunning flowers. But once again, we need your help, and are seeking some extra funds to use towards decorating the church for Easter.



If you would like to make a donation and have a memorial printed in the Easter Vigil and Easter Day bulletins, please see the sign up sheet on the table in the back of the church, or even better, go to the church website and click on the [E-giving](#) icon, and follow the step-by-step instructions.

Please take a moment to consider how you or your family might celebrate an occasion, remember a loved one who has died, honor a special friend or family member, or express gratitude for any number of things. Be creative!

*Kindest regards,
Your Altar Guild*

Annual Retreat to Shrine Mont

May 1-3

Here's a little teaser to get you interested (or daydreaming) — Tucked away beyond the seemingly forgotten little village of Orkney Springs, Virginia, [Shrine Mont](#) is a place where friends, fellowship, prayer and reflection, rest and recreation are more important than meetings and schedules. It's a place where people may appreciate and enjoy creation — from the beauty of the streams, flowers and wildlife which are at home here, to the people who come to this place to celebrate being part of God's family. Come join us for a weekend of relaxation, golf, hay rides, hiking, quaint cabins, home-style cooking, bonfire, s'mores, bingo, songs, worship and more. Contact [Joe Scott](#) if you have questions or would like to volunteer to help.





Emmanuel Preschool Staff

Director
Jeanna Reidy

Administrative Assistant
Bryn Baisley

Bookkeeper
Kelli Corts

Teachers
Michelle Brayman
Mary Beth Conry
Amy Ernst
Christy Finn
Mary Carol Gavin
Mollee Hansen
Sarah Higgins
Anne Hubbard
Ressa Jones
Kelly Lee
Alyce McLean
Dana Mutscheller
Nancy Palmer
Alithea Price-Pearlstein
Deborah Rumph
Denise Stanley
Cappie Stiers
Susan Stockton
Sara Tiedemann
Mary Anne Troxell

School Hours
Monday—Friday
9:00 a.m.—12:30 p.m.

Emmanuel Episcopal Preschool

1608 Russell Road
Alexandria, VA 22301
703-683-0303 (phone)
703-683-6158 (fax)

preschooladministrator@epsonhigh.org
www.emmanuelonhigh.org

Preschool News

In February, we had a wonderful Enrichment Assembly, where the Arts on the Horizon cast visited to put on their performance of *Sunny and Licorice*. "Sunny, the zoo's sole orangutan, is delighted to get a new roommate, but things don't go smoothly when Licorice first arrives. Sunny likes to be loud, but Licorice prefers to read the newspaper. And Licorice likes to keep things tidy, but Sunny keeps making a mess! When the zookeeper leaves behind a radio, a curious thing happens — toes start tapping and arms start swinging. Could music bring this "odd couple" together? Featuring a special tap finale inspired by movie musicals of the 1930s and 40s!" The children were in awe and enraptured the entire time, and only infectious giggles could be heard throughout. Check out their [website](#) to take your own children to see a performance.



In March, we have our continued collaboration with Kathryn Coneway from Arts at the Center. She will be visiting for three days the week of March 9, working alongside each class and teachers to scaffold a collage experience with the children. Then, the faculty and Kathryn will meet to reflect on the process-oriented experience, and the teaching teams will begin to plan a follow-up extension of the exploration that they will solely facilitate with the children. These two child creations and the experience will culminate in a hands-on Art Exploration Evening and Showcase for families and children.

The Preschool will be on spring break from March 30 through April 6.

Classroom Spotlight: Sky Blue Threes



This month the Sky Blue Threes have a lot of exciting events happening! In February the children explored collage with the rest of the preschool with help from Kathryn Coneway from Art at the Center. This month the Sky Blue Threes students will build upon that experience and create a second

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piece of collage art. Then we will participate in a school-wide art show where the children will display both collage pieces for parents to come and see. On the last day before spring break the Sky Blue Threes will join the other classes in Pajama Day and a special pancake lunch. The children think it's so funny to get to wear pajamas to school! Finally, in March we will also celebrate St. Patrick's Day. The children will experiment with color mixing (yellow and blue) to create varying shades of green paint that they will then use for Shamrocks and other green decorations.

Amy Ernst and Ressa Jones



Two young artists, twins Hallie and Rebecca Schneider, who are also preschool students, drew these beautiful pictures for Pastor Chuck.

On the left is Hallie's picture. Hallie says "It's a rainbow. I made it because Pastor Chuck might love it."

Below, Rebecca says "It's a rainbow."

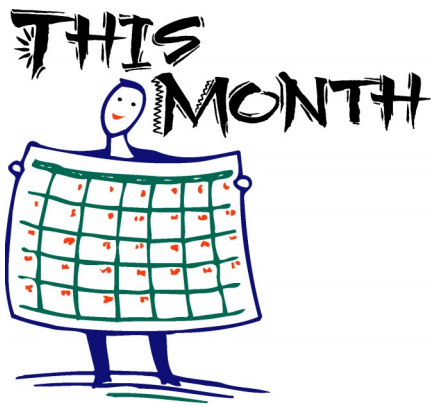
Easter Egg Hunt




We invite all children to participate in the annual Easter Egg Hunt on Easter Sunday, April 5. The hunt will start about 15 minutes after the conclusion of the

10:30 a.m. service. The eggs will be hidden outside of the church, weather permitting. If the weather is not cooperative the eggs will be hidden inside. There will be a designated area for children under 4. Please bring a basket and Happy Hunting.





March

- 1 Family Sunday Sunday
- 4 Carpenter's Shelter Dinner
- 4 Alexandria Lenten Series at Immanuel Church-on-the-Hill (6:30 PM)
- 6 Family Pizza and Game Night (5:30 PM)
- 6 Stations of the Cross (7:30 PM)
- 7 ***Richard and Marion Meeks Celebrate 74 years!*** 
- 8 Daylight Savings Time Begins
- 8 God & Donuts (4:00 PM)
- 11 Alexandria Lenten Series at Church of the Resurrection (6:30 PM)
- 11 Vestry Meeting
- 13 Stations of the Cross (7:30 PM)
- 16 Preschool Board Meeting
- 18 Alexandria Lenten Series at Emmanuel (6:30 PM)
- 20 Stations of the Cross (7:30 PM)
- 22 God & Donuts (4:00 PM)
- 23 Alexandria Lenten Series at Grace (6:30 PM)
- 27 Stations of the Cross (7:30 PM)
- 29 Palm Sunday
- 29 Piano Dedication Concert (3:00 PM)

April

- 1 Carpenter's Shelter Dinner
- 2 Maundy Thursday (7:30 PM)
- 3 Good Friday (7:30 PM)
- 4 Easter Vigil (7:30 PM)
- 5 Easter Sunday
- 5 Easter Egg Hunt
- 8 Vestry Meeting
- 12 Shrine Mont Sunday
- 12 God & Donuts (4:00 PM)
- 17 Preschool Spring Fundraiser
- 17-19 6th & 7th Grade Weekend at Shrine Mont
- 20 Preschool Board Meeting
- 25 Mental Health Part II—Speakeasy (8:00 PM)
- 26 God & Donuts (4:00 PM)

May

- 1-3 Shrine Mont Retreat
- 6 Carpenter's Shelter Dinner
- 10 Mother's Day
- 13 Vestry Meeting
- 15-17 8th Grade Weekend at Shrine Mont
- 18 Preschool Board Meeting
- 25 Memorial Day (Church Office Closed)
- 30 Speakeasy Boot Camp



Spring Ahead

Don't forget to move your clock ahead an hour before you go to bed on Saturday, March 7.



For a look at our continually-updated church calendar, click on the calendar to the left.