

MULLICA HILL WOMEN'S TRIATHLON CLUB
Volunteer Form

There are a ton of volunteer positions available!
Please list all positions you are interested in, and we will contact you to finalize which would be the best fit.
Please note the most important trait we need in our volunteers is RELIABILITY.

If you have any questions please do not hesitate to contact lydia@mhwtc.com.

Name: _____

Email Address: _____

Phone # _____

Please list the positions you would like to volunteer for:

If you listed multiple positions please list your top 3 in that order:

- 1.
- 2.
- 3.

If the position is looking for both leaders and helpers, which would you prefer?

Please list any additional information if applicable to why you would be a good fit for your specific positions.

Marketing/Social Media/Website

Job	Description	Looking for...	Duration
Flickr-1 person	Update albums and keep organized	Organized and familiar with flickr	Entire Year
Website Updates-1 person	Update website when needed	Attention to detail and formatting. Wordpress knowledge helpful.	Entire Year
Queen of the Hill-2 people	Help make updates on website as well as keep QOH FB page updated	FB knowledge and ability to be online frequently	Entire Year

Sponsorship

Job	Description	Looking for...	Duration
Sponsor Liaisons: 1-2 people Job duties can be shared or divided.	Plan lecture series, post sponsor quarterly FB posts, etc...	Good customer service skills, Ideas to grow our sponsorship program helpful	Majority in the first 1/2 of the year

“Furthering Our Mission” previously known as Charity

Job	Description	Looking for...	Duration
Bike Safety Initiative Committee	Work with local government to keep our roads safe, Ideas to further this	Passion for road safety and any experience dealing with local government a plus	Entire Year
Furthering Our Mission Initiatives-Summer, Fall	We are still finalizing this, but need people to help at various levels (Ideas, Follow through, etc..)	Many different things at different levels. Reliable. (Please note preference of Summer or Fall)	Summer or Fall
Backonmyfeet Race Volunteers	Work the water station for Philly 5 Miler March 28	Available Saturday, March 28	March 28

Job	Description	Looking for...	Duration
Scholarship-1 person	Help out with our scholarship programs. Program in place so just an extra helper would be great!	Willing to help out with a few details. Not very time consuming.	Spring

Grants/Education Opportunities

Job	Description	Looking for...	Duration
Apply for Grants-Leader 1-2 people	Apply for grants	Knowledge of applying for grants as a 501c7 club and as a 501c3 organization.	Entire Year
USAT-specific	Keep track of USAT membership within club, look for grant/educational opportunities through USAT.	Knowledge of grants and/or USAT helpful.	Entire Year

Events:

We need volunteers for all levels and many different job descriptions. We will send an email out to those interested with more details and ways you can help.

Job	Description	Date
Pique-nique en Blanc	"Diner en Blanc " inspired event. An outdoor dinner where everyone dresses in white and the secret location is revealed that night.	Event will be early June

Groups

Job	Description	Looking for...	Duration
Teen Tri Club	Help lead the group, create curriculum, help at the events	Leaders and helpers!	Entire Year

Workouts/Races/Tri-Specific

Job	Description	Looking for...	Duration
Swim (to be shared by different volunteers)	Help with RiverWinds, Lake Gilman, anything water related!	No swimming experience necessary! Just ability to show up for certain workouts	Entire Year
Bike (to be shared by different volunteers)	Help with Weekly or Weekend Rides, Rodes Rides, anything cycling related!	Cycling safety awareness a must! No need to be the fastest, just need to make newbies comfortable and enforce safety rules	April-Sept
Run (to be shared by different volunteers)	Help with weekly or weekend runs, anything running related!	Running on the roads safety awareness! Must make newbies feel comfortable	April-Oct
Race Volunteers 2-4 people	Work with race directors to ensure we can put up our tent, and other extras, help coordinate our volunteer efforts for other races	Must show up at major races (divided among volunteers)	Race Season
Ironman Events	Make sure our club is listed in Ironman events, get credit when members participate	Knowledge of Ironman events helpful, but not required	Entire Year
Mentor Program-Leader Needed	Start up this program for 2015	Leader needed	Now-Fall