

The FDA is advising people who are highly allergic to peanuts to consider avoiding products that contain ground cumin or cumin powder, because some shipments of these products have tested positive for undeclared peanut protein. People who are highly allergic or sensitive to peanuts may be at risk of a serious or life-threatening allergic reaction. Ground cumin may be sold as a spice, in a spice mix or kit, or as a minor ingredient when used in finished food products like soups and chilies. Most finished products are expected to have low amounts of ground cumin, and therefore low amounts of peanut protein. **Products made before 2014 are unlikely to contain the affected ground cumin.**

Consumers with severe peanut allergies and those preparing food for people with peanut allergies should:

- \*Review the list of recalled products and avoid these foods. They include ground cumin, seasoning mixes, and a variety of cooking "kits" which include "Tex-Mex" and Indian dishes.

- \* When choosing a food, review the ingredients panel. Products, such as soups or chilies that contain only small amounts of the affected ground cumin may not contain enough peanut protein to trigger a reaction in most peanut-allergic people. However, People who are highly sensitive to peanuts may consider avoiding products that list "cumin".

- \*Realize that if the ingredients panel lists "spices," it may or may not contain ground cumin. People who are highly sensitive to peanuts may want to call the manufacturer to find out if the product contains cumin powder.

- \* Realize that if symptoms of an allergic reaction, such as shortness of breath, swelling of the lips, tongue or throat, or hives occur, stop eating the product and seek immediate medical care or advice.

- \*Realize that if an allergic reaction occurs, you can contact your local FDA consumer complaint coordinator.

The FDA is continuing to identify companies that received shipments of the ground cumin that contained undeclared peanuts and work with them to remove these products from the market. While this investigation is underway, The FDA wants consumers who are highly allergic or sensitive to peanuts to consider taking precautions with any product- not just those that have been recalled- that contains ground cumin. The FDA will continue to update the list of recalled products.

### **Recalled Products:**

Feb 13.2015

Goya Foods- Kirby Brand Black Beans with Creole Seasoning  
and Goya Brand Black Bean Soup for undeclared Peanut Protein

Feb 2,2015

The Spice Mill -Ground Cumin and Cajun Seasoning Products for undeclared Peanut Protein

Jan 14,2015

NAC Foods -Ground Cumin for undeclared Peanut Protein

Jan 12,2015

Zenobia Company LLC- "My Spice Sage Cumin Ground" for undeclared Peanut Protein

Jan 12,2015

LaFlor Products Co- "La Flor Ground Cumin for undeclared Peanuts

Jan 12,2015

Spice N'More - Cumin Powder "Casablanca", "Salma", "Spice Class", "La Mina", "Leader Meret", " All Island Spice", " Key Food", and "H Harvest"

Jan 9,2015

Con Yeager Spice Company- Ground Cumin and Seasoning Blends-undeclared Peanut Allergens

Dec 26,2014

Adams Flavors, Foods &Ingredients- Cumin Products for undeclared Peanut Protein