

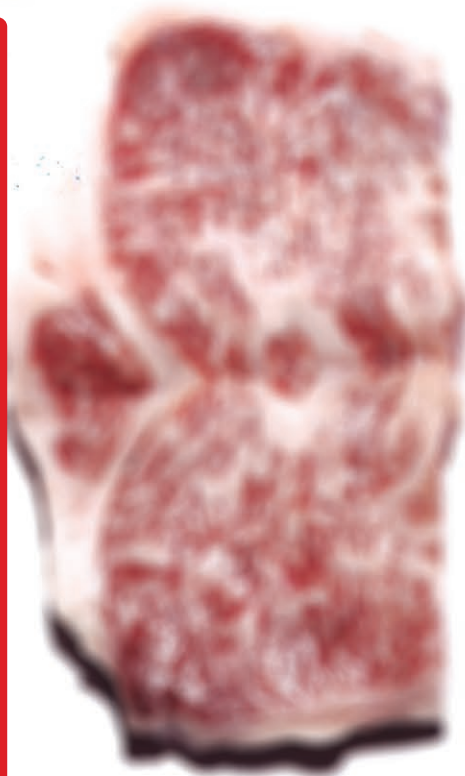
Whip up a homecooked Mother's Day meal with luxurious flair. These ingredients will impress even the most finicky matriarch.

Source: *Author's calculations* based on data from the *Survey of the Health and Retirement Study*, 1992-2004.



This distinguished Prosciutto is aged to perfection by the Devodier family, where the long seasoning process is aided by the perfect balance of elements in the underground cellar. *\$14.80 per 100g, Huber's Butchery.*

SERVE IT UP: Bring out the natural flavour and aroma of this rosy pink ham by pairing with creamy burrata and honeyed figs in a bruschetta or salad.

[illegible]

1. *Chlorophyll a* (green)
 2. *Chlorophyll b* (yellow-green)
 3. *Carotenoids* (yellow-orange)
 4. *Xanthophylls* (yellow)
 5. *Lutein* (yellow)
 6. *Phycocyanin* (blue-green)
 7. *Peridinin* (red-orange)
 8. *Algae* (various colors)
 9. *Plankton* (various colors)
 10. *Phytoplankton* (various colors)