

**"It's Here - The Ultimate 16 Week  
Strength TRAINING PROGRAM From  
Multiple World Champion Powerlifter  
And World Record Holder  
Andy Bolton"**

If You Want To Build A **Bigger** Squat, Bench Press And Deadlift, Let One Of  
The **STRONGEST MEN** Of All Time 'Take You By The Hand' And Show You How  
It's Done - By Giving You A Proven 'Blueprint For Strength', *Guaranteed To  
Get You Bigger, Stronger And Faster...*

From: Andy Bolton



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