# survive Coast Guard BootCamp

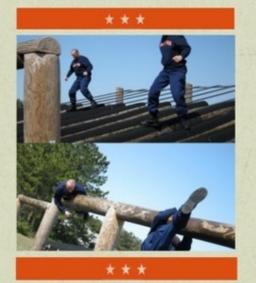
Imagine showing up on DAY ONE knowing what a WEEK EIGHT recruit knows

This is an unofficial site and is not affiliated with the USCG or the US Government in any capacity.

Greetings to all active duty, reserve, auxillary, past, present, and especially FUTURE Coasties!

For those of you who have served or are serving, I want to thank you for your service. This website is primarily designed to assist **Coast Guard recruits** in their quest to prepare for the challenges of **Coast Guard Basic Training**. It is the best, **FREE online Coast Guard Boot Camp Preparation Resource! Here, you can find everything you need to help you get** ready for Coast Guard Boot Camp. You can check out helpful articles on physical preparation, and mental preparation, get the best-selling **Coast Guard Boot Camp Survival Guide** and a Fitness Success Program geared toward your fitness level. You can even find links to other **Coast Guard resources**. I'm dedicated to giving you all the tools you need to help you succeed in USCG Basic Training. Please feel free to scroll down below to learn more about the specific aspects of getting ready for USCG Boot Camp.

If you have any questions about anything, please don't hesitate to contact me and I'll be glad to help you. My e-mail address is: bootcampsuccess@yahoo.com (On a side note, I hate SPAM in my e-mail inbox just as much as I hate it on my plate. Lo and me only.)



That's me on the left, blazing my way through the obstacle course in **Coast Guard Boot** 

## More information >>> HERE <<<

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