What is Acupuncture Commonly used for?

The World Health Organization (WHO), the U.S. National Institutes of Health (NIH) and the U.S. Department of Defense and Department of Veteran Affairs all recognize acupuncture as a safe, effective treatment for a variety of acute and chronic illnesses, injuries and conditions.

Conditions Frequently Treated:

Pain Management
  - Arthritis
  - Chronic pain conditions
  - Back & neck pain, sciatica
  - Fibromyalgia
  - Migraines & tension headaches
  - Neurological Disorders; phantom limb pain, neuralgia
  - Orthopedic injuries
  - Post-operative pain
  - Sickle Cell crisis support

Respiratory & Gastrointestinal
  - Acute gastroenteritis, IBS, constipation, & diarrhea
  - Allergies
  - Asthma
  - Prostatitis

Stress & Stress-Related Disorders
  - Insomnia
  - Hypertension
  - Post-Traumatic Stress Syndrome
  - Anxiety & depression

Serious Illness
  - Fatigue
  - Nausea & vomiting
  - Cancer treatment support
  - Stroke recovery

If you aren’t sure if treatment will help with your particular needs, please call the NESA Teaching Clinic to speak with a practitioner, our faculty are always willing to answer your questions (617-558-6372 x 0).

For Medical Professionals:
If you have clients you would like to refer to us, please contact Jessica Green at 617-588-1788 ext. 707. You may email referrals to jgreen@nesa.edu or fax them to 617-558-1789.

For Patients:
If you would like to receive acupuncture or bodywork at home through the NESA CAP program, please ask your doctor or nurse to send a referral to jgreen@nesa.edu or fax them to 617-558-1789. For more information please contact Jessica Green at 617-588-1788 ext. 707.
The Community Affiliate Program (CAP) is part of the New England School of Acupuncture (NESA). As the nation’s first college of acupuncture and oriental medicine, NESA is the premier source for medical education rooted in the traditions of acupuncture and Chinese medicine. For over forty years community service and public health have been a core value that we instill in all of our graduates. NESA’s CAP Home Care program is the latest addition to furthering this mission. Our CAP Home Care services can help patients who need medical help at home. Whether they are recovering from an injury or illness - having health care at home means they don’t have to be moved to a facility with a higher level of care. The effects of staying in your own home while receiving care has shown time and again an increase in quality of life, as well as significant decreases in pain and increases in performance of daily activities. The patient can rest and recover in the comfort of their own home. This is especially nice for the senior who is still in relatively good health and has every intention of aging in their own home after they have recovered from an injury. It is also ideal for people who are home-bound due to disabilities which make it challenging to go to appointments.

Each patient receives one-on-one attention that is focused and customized. Once the treatment is over, the patient can prolong the experience for as long as they want; as they rest, sleep, or meditate, without having to get up and rush into the outside world.

The benefits of Home Care

In-home health care services can help patients who need medical help at home. Whether they are recovering from an injury or illness - having health care at home means they don’t have to be moved to a facility with a higher level of care. The effects of staying in your own home while receiving care has shown time and again an increase in quality of life, as well as significant decreases in pain and increases in performance of daily activities. The patient can rest and recover in the comfort of their own home.

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