



Here are some of the things that were shared when asked "what's one thing you are happy about?"

I will be sharing all of this HAPPINESS and JOY in the next issue of my newsletter "A Happy You is A Happy Life" – you may [subscribe here](#) if you'd like.

- going out of town to visit friends
- warm weather (it was 60° that day)
- being a flight attendant and being off fire the next 10 days
- being #10 of out of 600 agents in her company
- having the flexibility to vacation with my son and homeschooling at the same time
- it's a new year and it's going to be the best ever
- gas prices are down to \$1.89
- started volunteering at the zoo and trained with the elephants
- my daughter is healing and will be getting back on the track team
- fur babies
- my husband received a clean bill of health after a long illness
- it's a gorgeous day out
- in March I'll be married 20 years
- I'm a newlywed
- my son is getting married in August
- I have a new puppy
- waking up 30 minutes earlier each day and feeling good
- got our vacation booked for this year and going to have dinner in the space needle.
- going to visit my granddaughter turning 1yr
- went to the wine festival, got 5 bottles of wine
- my knee is pain free

ISN'T THIS WONDERFUL?!?!

Please join The Happy Lunch Bunch at next month's C'MON GET HAPPY LUNCH & LEARN Feb. 17. Always the 3rd Tuesday 11:30am - 1pm Gus n George's Spaghetti & Steak House.

[Click here to register for February's Happy Lunch Bunch lunch and learn.](#)