



Reiki, Medicine & Self Care
with Pamela Miles

Hello Bill,

"I want Reiki to be as common as aspirin."

Hawayo Takata, the Reiki master who brought Reiki practice from Japan to Hawaii in the late 1930s with her Reiki master, Chujiro Hayashi, made that statement many decades ago.

I feel the same way, and I'm guessing you do too. Who wouldn't want as many people as possible to experience the benefits that Reiki practice brings?

My experience practicing Reiki professionally since 1986 is that people are very interested in the benefits Reiki practice brings.

They just need the practice communicated in a way that is accurate and speaks to their interests.

Most Reiki practitioners are not as comfortable talking about Reiki as they are practicing Reiki.

That makes sense. Reiki is a spiritual practice. One of its advantages is that we don't have to think about it.

But if we want to communicate effectively and credibly, we need to give it some thought.

For nearly three decades, I've been speaking to people who thought they weren't interested -- doctors and other critical

thinkers -- and I've let them teach me how to reach them, what works, and what doesn't.

I want to share that knowledge with you so that you can benefit from my experience and together, we can reach more people, relieve more suffering, and grow your Reiki business.

Because Reiki will only become as common as aspirin when it is easy to find credible, thoughtful Reiki practitioners such as you.

That's why I created the Mainstreaming Reiki webinars and recordings, so that together we can bring Reiki practice to the mainstream public and into health care. [Click here](#) to learn more.

To your health and well-being,

Pamela Miles
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