

*Life Spectrums presents*

## Spring Awakening 2015: *New Cycles: Revving up the Energy*

**March 13-15, 2015**

Ben Franklin TechVentures, Bethlehem PA  
Hotel accommodations at The Historic Hotel Bethlehem

*Presenters Include:*



**Cathy Chapman**

The Heart Source; Encodements; Michael's Sword  
[www.odysseytowholeness.com](http://www.odysseytowholeness.com) | [www.ammathedivinemother.com](http://www.ammathedivinemother.com)

Cathy Chapman, PhD, has a strong background in both psychology and spirituality. Her studies in human behavior provided the framework necessary to facilitate healing in others through energy based healing, spiritual healing through prayer and hypnotherapy. Her degrees are in Psychology (BS, MA, PhD) and Theology (MA). Her grounding in spirituality and healing prayer came from her 20 year sojourn in the convent as a Catholic Dominican Sister.

Cathy will be hosting three workshops throughout the weekend:

**The Heart Source:** Form the energy structure which will increase intuition and provide psychic protection by focusing on certain chakras. You will then learn how to use your Heart Source for emotional stability, self-healing and connecting with others.

**Encodements:** Discover your smallest energy structures. You will learn to connect with your Encodement Technicians to release limiting behavior, patterns, and beliefs.

**Michael's Sword:** Receive The Sword from Michael the Archangel. Then learn to use it to clear congested energies to facilitate healing in yourself, others and the planet.



**Brenda Rhodes**

Train Your Brain & Time Travel  
[www.allentownhypnosis.com](http://www.allentownhypnosis.com)

Brenda Rhodes is a certified advanced hypnotherapist and member of the International Hypnosis Foundation with over 16 years of experience. In addition to seeing clients privately in her Lehigh Valley office, Brenda has taught many workshops and group classes in the area.

Brenda will be introducing easy, successful, and powerful techniques which will train your brain to relax, be in the present moment, take back your power, reduce stress and feel more at peace, in control of your life. Take charge in creating a healthy, balanced life by joining in a lighthearted experiential workshop, **Train Your Brain to be in the Present Moment**, to give yourself the wonderful gift of deep relaxation using guided imagery and hypnosis.

Using shamanic journeying, deep relaxation, and guided imagery, Brenda invites you to explore and access past lives. You can reveal recurrent patterns that are affecting you in this lifetime, discover past life ties with loved ones, or just have some fun! **Time Travel – journeying to explore and reveal past lives** places you in a deep relaxed state while gently guiding you on a journey of your past then progressing back to the present, feeling at peace.

### **Sunday (only) Workshop (limited number of attendees)**

**Jane Noel: Introduction to SoulCollage®** | [www.soulcollage.com](http://www.soulcollage.com)

Using simple materials (provided), begin creating your own deck of SoulCollage® cards reflecting various aspects of your personality. Walk through the process for accessing your intuition and creating an incredible deck of cards with deep personal meaning that will help you with life's questions and transitions. Drawing on your right brain, you will combine and collage images on a 5x8 card to reflect various aspects of your personality. As your deck grows, you can use it for self-analysis and reflection, a very personalized divination tool.

### **Registration & Agenda - details on back...**

**\$179.00** Early bird discount by March 6, 2015

**\$199.00** after March 6, 2015

#### **Scholarships Available!**

Send requests to: Chad Paul

1665 Wildberry Road  
Bethlehem | PA | 18015

OR: [lifespectrumsregistrar@gmail.com](mailto:lifespectrumsregistrar@gmail.com)

#### **Hotel Accommodations:**

Contact The Historic Hotel Bethlehem directly at (610) 625-5000

or [www.hotelbethlehem.com](http://www.hotelbethlehem.com)

# Life Spectrums

ATTN: Chad Paul  
1665 Wildberry Road  
Bethlehem, PA 18015



[www.LifeSpectrums.org](http://www.LifeSpectrums.org)

## Spring Awakening 2015 Agenda

### Friday, March 13, 2015

6-7pm: Doors Open | Registration  
7 pm: Opening & Welcome  
Gong Meditation – Bob Bednar  
Drum Circle | Gelato Social

#### QUESTIONS?

Contact: Susan Gorton  
(610) 849-6718 or  
[susanegorton@gmail.com](mailto:susanegorton@gmail.com)

### Saturday, March 14, 2015

8-9am: Doors Open | Registration  
Healing Room available – give or receive  
9am: Opening & Welcome  
Heart Centering Meditation with Cathy Chapman  
10-12:30pm: Morning Workshops:  
Cathy Chapman: *The Heart Source* &  
Brenda Rhodes: *Train Your Brain*  
12:30pm: Lunch (provided)  
1-3pm: Healing Center | Psychic Exchange  
2pm: Qi Gong  
3-5:30pm: Afternoon Workshops:  
Cathy Chapman: *Encodements* &  
Brenda Rhodes: *Time Travel*  
5:30pm: Buffet Dinner (provided)  
7pm: Healing Service coordinated by Jim Skelton | Gelato Social

### Sunday, March 15, 2015

8-9am: Doors Open | Registration  
Healing Center  
9am: Sound Healing/  
Centering with Jim Skelton  
10-12:30pm:  
Morning Workshops:  
Cathy Chapman: *Michael's Sword*  
Jane Noel: *SoulCollage®*  
12:30pm:  
Workshops end | Transition time  
Closing Sing-along & Goodbyes

## Register Today!

## Life Spectrums Spring Awakening Conference March 13-15, 2015 Registration Form

Please complete one form for each registrant (Copies available at [www.LifeSpectrums.org](http://www.LifeSpectrums.org))

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Is this your first Life Spectrums event? \_\_\_\_\_

**WORKSHOP CHOICES** (please circle each applicable workshop you would like to attend;

you do not have to stay with the same presenter)

#### Saturday AM:

Cathy Chapman: *The Heart Source*

Brenda Rhodes: *Train Your Brain*

#### Saturday PM:

Cathy Chapman: *Encodements*

Brenda Rhodes: *Time Travel*

#### Sunday AM:

Cathy Chapman: *Michael's Sword*

Jane Noel: *SoulCollage®*

**Registration:** EarlyBird\* Regular\* Youth(under 21) SatOnly\* SunOnly FriEveOnly

**Fees**(circle one): \$179 \$199 \$100 \$150 \$50 \$20

\*includes Lunch & Dinner Buffet Saturday

**Method of Payment** (circle one):

Check Visa Mastercard Money Order

Credit Card: \_\_\_\_\_ ScCode: \_\_\_\_\_

Payment Amount: \$ \_\_\_\_\_ Exp Date: \_\_\_\_/\_\_\_\_

Signature: \_\_\_\_\_

**Please make checks payable to: Life Spectrums, Inc.**

**Mail to:** Chad Paul, 1665 Wildberry Road, Bethlehem, PA 18015

**Dietary Restrictions:** \_\_\_\_\_

**RELEASE:** I hereby release Life Spectrums, Inc., and Ben Franklin Technology Partners of Northeastern Pennsylvania Inc., and their agents, employees, corporate officers, and directors from any and all claims, injuries, causes of action, and damages of any nature whatsoever arising out of my attendance and participation at the March 2015 event, "Spring Awakening" of Life Spectrums Inc., at Ben Franklin TechVentures. The viewpoints expressed by program presenters or in resource materials are those of the speakers and writers, and are not necessarily the viewpoints or opinions of Life Spectrums, Inc., nor can Life Spectrums assume any responsibility for program changes which occur beyond its control, or for unauthorized events or activities at the 2015 Life Spectrums event "Spring Awakening". Furthermore, I hereby authorize Life Spectrums to use any photographs taken of me at the conference for any purpose which serves Life Spectrums, Inc., within its sole discretion.

**YOUR SIGNATURE REQUIRED:** \_\_\_\_\_