

Southern Chapter NJAMFT Spring Workshop

**Treating Stepfamilies: Systemic  
Treatment in Action**

April 17, 2015

Presented By:  
Dr. Scott Browning, Ph.D.  
Elise Artelt, MEd., MS

April 17, 2015

**The Mansion in Voorhees**

3000 Main Street, Voorhees NJ 08043

**8:00 am – 3:30 pm**

(Registration & Continental Breakfast 8:00–8:30, the workshop begins at 8:30)

6 continuing education hours for MFTs and LPCs



First Time Workshop Attendees Will Receive A Very Special  
Discount! Please See The Registration Form For Details.

**Elise Artelt, LMFT** received her Med. from Penn State University and her MS in counseling psychology from Chestnut Hill College. She has worked in community mental health centers for 20 years; as part of her job, she has been assigned to various schools as a Student Assistance Program counselor doing individual and group counseling. This has given her the opportunity to work with hundreds of stepchildren over the years. Her interest in stepfamily work began with her experience as a step-grandchild, and then as a stepmother with three stepchildren. She also has a daughter, Maya. Now her family includes four step-grandchildren as well. Ms. Artelt has a private practice in Wayne, Pennsylvania, specializing in therapy with stepfamilies, couples and women.

**Dr. Scott W. Browning, Ph.D.** Is a professor in the Department of Professional Psychology at Chestnut Hill College in Philadelphia. He is a noted authority on psychological treatment with stepfamilies. As a scholar, teacher and clinician, Scott has explored the intricacies of treating stepfamilies, and has provided advanced training in the treatment of stepfamilies to clinicians and graduate students both nationally and abroad. He is the author of numerous chapters and articles on the topics of: stepfamilies, empathy, co-dependency, Strategic Family Therapy, autism and family therapy training practices. He is the co-author (with Elise Artelt) of the book from APA Books, Stepfamily Therapy: A Subsystems-Based Approach (2012)

## **Learning Objectives**

1. List why some of their most trusted family therapy interventions work poorly when applied to stepfamilies.
2. Explain the rationale for starting with the most stable sub-system
3. Explain the ten-point stepfamily treatment approach
4. Demonstrate a clearly delineated technique to expand the empathic understanding between members of a remarried couple.
5. Apply clinical interventions appropriately with stepfamilies.
6. Apply research findings to clinical interventions
7. Utilize systemic thinking in determining unique aspects of stepfamilies
8. Create treatment plans that capture the specific issues related to stepfamilies.

## Workshop Schedule

8:00 a.m.	Continental Breakfast, Registration, Networking
8:30 a.m.	Why Not Family Therapy?
9:00 a.m.	Stepfamily Vulnerabilities
10:15 a.m.	Break
10:30 a.m.	Six Critical Concepts
11:30 a.m.	Expectations of stepparents after marriage
Noon	Lunch
1:00 p.m.	Stages 1-7 of Stepfamily Therapy Model
2:15 p.m.	Break
2:30 p.m.	Steps 8-10 of Stepfamily Therapy Model
3:15 p.m.	Wrap Up, Evaluations, CE Certificates



# REGISTRATION

Name:

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Address

(Home/Office): \_\_\_\_\_

Phone (Home/Cell/Work):

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Email:

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Employer:

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	<u>Early Bird (Before Apr. 1)</u>	<u>After April 1</u>
AAMFT Member	\$110.00	\$120.00
Non-Member	\$120.00	\$130.00
<b><u>First Time Workshop Attendee</u></b>	\$85.00	\$85.00
Student /Retired	\$45.00	\$45.00
NJMFT Board Member	\$45.00	\$45.00

**Your registration fee includes your CE certificate**

**Send Payments To:** Rabbi Gary Gans  
Congregation Beth Tikvah  
15 Evesboro-Medford Rd  
Marlton, NJ 08053

Includes Continental Breakfast and Lunch  
( ) Vegetarian      ( ) Non-Vegetarian      ( ) Kosher

*Kindly make checks out to: **NJAMFT Southern Chapter**. The registration fee, less a \$25.00 administrative fee will be refunded if notice of cancellation is received two weeks prior to the workshop. No refund will be issued to a registrant who does not attend the workshop.*

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