

CRG Launches 'Women's Services' by David R. Parker, Ph.D.

Dr. Dana Lasek, CRG psychologist, has been involved in the leadership team that has developed a new combination of services designed to address the behavioral healthcare needs of women. Dr. Lasek and Dr. Val Long, also a CRG psychologist, have conducted office visits to area providers to learn more from colleagues about how CRG could help address women's needs. According to Dr. Lasek, "The [Women's Services](#) team is partnering with OB-GYN and women's specialty practices in the Indianapolis area to better serve those in need. We are committed to providing the best possible care for our female patients who are struggling with depression, anxiety and reproductive health issues. These including postpartum depression, infertility, and menopause." These services also address relationships and interpersonal issues, marital/couples counseling, parenting, caregiving, sexuality, ADHD, and life/career issues such as divorce or career changes.

Several CRG providers have collaborated to develop a newly integrative approach to assessment and treatment. Their goal is to provide high quality care under one roof. In addition to [Dr. Lasek](#) and [Dr. Long](#), these services are being providing by [Marla Moses](#), Psychiatric Mental Health Nurse Practitioner and [Elise Montoya](#), Psychiatric Nurse Practitioner. The four providers collaborate and consult with each other to help women identify behavioral health issues that may be affecting their lives, moods, health, work, and/or relationships before initiating services targeted to each person.