

**Who else wants to find out how easy it is to quit smoking  
without willpower, pills, patches or effort?**

With my tried and tested approach, I can teach you the 23  
reasons why you can't quit on your own... and show you  
how to blast smoking into your past forever!

From: Tom Dainty  
Date: Monday, November 24, 2008

Dear Soon-to-be Ex-Smoker,

Have you tried to quit smoking using pills, patches and potions and like everyone else,  
got absolutey nowhere? Well don't worry anymore because I can help you quit smoking  
without any effort or willpower by changing how you think about smoking.

Inside my amazing new book, **The Quit Smoking Bible**, I show you how to **\*\*choose\*\***  
whether or not to be a smoker, without any willpower, suffering or anxiety at all!

**Because you have tried to quit smoking before, you will know  
how difficult it is right?**

The moment you  
right? It seems to m

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out of your head  
s, the desire, the

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